

Preview of 1985

Convention Program

Page 4

Uniform Coding for Osteopathic Procedures

Page 12

Open Letter to Texas D.O.s

Page 17

TCOM Board Names Interim
Executive Vice President

Page 23







#### For Your Information

#### OSTEOPATHIC AGENCIES

312-280-5800 American Osteopathic Association 800-621-1773 American Osteopathic Association 202-783-3434 Washington Office 312-952-8900 American Osteopathic Hospital Association Professional Mutual Insurance Company 800-821-3515 817-735-2000 Texas College of Osteopathic Medicine Dallas Metro 429-9120 429-9121 817-336-0549 Texas Osteopathic Medical Association in Texas 800-772-5993 Dallas Metro 429-9755 in Texas 800-722-5993 TOMA Med-Search TOMA Insurance Program 816-333-4511 (call collect for Ron Gast or Al Cowen)

#### **TEXAS STATE AGENCIES**

512-441-3355 Department of Human Resources Department of Public Safety Controlled Substances Division 512-465-2188 Triplicate Prescription Section 512-465-2189 512-458-7111 State Board of Health State Board of Medical Examiners 512-452-1078 State Board of Pharmacy 512-478-9827 State of Texas Poison Center for Doctors & Hospitals Only 713-765-1420 800-392-8548 Houston Metro 654-1701

#### **FEDERAL AGENCIES**

Drug Enforcement Administration
For state narcotics number 512–465-2000 ext. 3074

214-767-7203

#### CANCER INFORMATION

For DEA number (form 224)

Cancer Information Service 713-792-3245 in Texas 800-392-2040

## Texas Osteopathic Medical Association

January 1985

<u>FEATURES</u>	Page
1985 Scientific Seminar Speakers Lec on Preventive Medicine	cture 4
Convention Registration Form	8
TOMA President Reports	9
D.O.s Launch Electronic Communica Network	itions 15
Open Letter to Texas D.O.s	17
In Memoriam  Andrew C. Viscardi, D.O.	17
ATOMA President Reports	18
TCOM Student Doctor Credited for Heroic Effort	19
Dr. Zachary Assumes New Duties at TCOM	20
TCOM Board Names Dr. Richards Interim Executive Vice President	23
<u>DEPARTMENTS</u>	
For Your Information Letters	16 19

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Tex Roberts, Editor Diana Finley, Associate Editor

Ten Years Ago

**Texas Ticker Tape** 

News from the Auxiliary

**Practice Locations in Texas** 

News from the Districts

20

21

22

22

26

### CALENDAR OF EVENTS

### **JANUARY**

16

16-17

20th Annual Postgraduate Seminar
The Cleveland Academy of
Osteopathic Medicine
Holiday Inn-Coliseum
Bedford Heights, Ohio
15 Hours CME — Category 1-A

Contact:

The Cleveland Academy of Osteopathic Medicine 21821 Libby Road Bedford Heights, Ohio 44146

17 ×

TOMA District XV Meeting
Arlington City Club
6:30 p.m. — Cocktails
7:30 p.m. — Dinner
Guest Speaker — Nathan Jones,
specialist in marketing and
refining practice concepts
Contact: R. Greg May D.O.

Contact: R. Greg Maul, D.O. 265-1306

TOMA District V Meeting Place to be Announced

Contact:

Bill Way, D.O., Secretary 780-0707

19

Contemporary Issues in Law & Medicine: Ethics & Society Texas College of Osteopathic Medicine

Fort Worth

7 CME Credits: Category 1-A Fee: \$65 — Non-TCOM Affiliates \$35 — TCOM Affiliates

Contact:

Susan Larson TCOM, Dept. of CME 817-735-2539 22

TOMA Legislative Reception CANCELLED

### **FEDRUARY**

1

1-3

Arthur Johnson Memorial
Family Practice Symposium
Inn on the Park
Houston

Contact:

Ladd Tucek, D.O. 713-999-5992

8

8-10

Ligamentous Articular Strain
Techniques Workshop
Texas College of Osteopathic
Medicine
Fort Worth
20 CME Credits: Category 1-A

Fee: \$325

Contact: Susan Larson

TCOM, Dept. of CME 817-735-2539

### MARCH

1

1-2

Second Annual Conference Fitness in Sports: Prevention Aspects Texas College of Osteopathic Medicine 8 CME Credits; Category 1-A

Fee: 75 Physicians Contact: Susan Larson

TCOM, Dept. of CME 817-735-2539 MAY

2\*

TOMA House of Delegates The Hershey Hotel Nueces Ballroom Corpus Christi 8:00 a.m.

3\*

3-5
TOMA 86th Annual Convention
and Scientific Seminar

The Hershey Hotel Corpus Christi

Contact: Tex Roberts, CAE Executive Director

1-817-336-0549 or Dallas metro 429-9755 or 1-800-772-5993 in Texas

### june

19

83rd Annual Convention
Georgia Osteopathic Medical
Association
Marriott Resort Hotel
Hilton Head Island

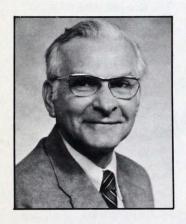
Contact:

Cathy M. Garris, Executive Director GOMA 2157-C Idlewood Road

Tucker, Georgia 30084 404-491-1443

## Dr. Anderson Plans Convention Program

An outstanding group of physicians and health educators have been assembled by Richard W. Anderson, D.O., 1985 TOMA program chairman, to really spark interest at this years lecture sessions during the TOMA Annual Convention and Scientific Seminar in Corpus Christi. Topics range from "Cancer Screening and Prevention" to "Teenage Years, a Stage in Transition", to name a few, and are designed to add variety and interest to the sessions.



A TOMA member since 1969. Dr. Anderson received his D.O. degree from Kirksville College of Osteopathic Medicine in 1946 and interned at Lakeview Hospital in Milwaukee, Wisconsin. He is a fellow of the American College of General Practitioners in Osteopathic Medicine and Surgery and was named a diplomate of the American Osteopathic Board of General Practice in 1973. In 1983 he was named "General Practitioner of the Year" by the Texas State Society of the American College of General Practitioners in Osteopathic Medicine and Surgery.

TOMA's 86th Annual Convention May 3-5, 1985 Corpus Christi

### 1985 Scientific Semina



Gary H. Campbell, D.O.

Lecturing on two topics at this years sessions will be Gary H. Campbell, D.O. His topics are entitled "Proper Diet to Prevent Adult Diabetes, Obesity, and Hyperlipidemia" and "Prevention of Occupational Disease". Dr. Campbell received his D.O. degree from Kirksville College of Osteopathic Medicine in 1971 and interned at Osteopathic Hospital of Maine from 71-72. He took a residency in internal medicine at Detroit Osteopathic Hospital from 72-73.

Currently, Dr. Campbell is associate professor and vice-chairman of the Department of Public Health and Preventive Medicine at Texas College of Osteopathic Medicine. He is board certified in general practice and has had published many medical articles.



Stevan Cordas, D.O.

Stevan Cordas, D.O. will be one of the speakers during the lecture sessions at this year's convention. Dr. Cordas graduated from Philadelphia College of Osteopathic Medicine in 1964 and interned at Grandview Hospital, Dayton, Ohio from 1964-65. From 1965-68 he took an internal medicine residency at the same location.

Dr. Cordas is certified in allergy and immunology, is a diplomate of the American College of Osteopathic Internists and is a fellow and past president of the International Academy of Preventive Medicine.

He is currently in the private practice of allergy/immunology and rheumatology in Bedford. In addition, he serves as clinical associate professor of preventive medicine and public health at TCOM.

### peakers Lecture on Preventive Medicine



Johannes C. Steenkamp, D.O.

"Importance of Osteopathic Therapeutics in Health" and "Who Needs Vitamins, Minerals, Supplements?" will be two topics presented by Johannes C. Steenkamp, D.O. at this years convention and scientific seminar. Dr. Steenkamp received his D.O. degree at Chicago College of Osteopathic Medicine in 1972 and interned at Rocky Mountain Hospital, Denver, Colorado from 1972-73. He then took a residency in aerospace medicine and received his MPH in 1979. He is a fellow of the American College of Preventive Medicine.

Currently he is chairman and associate professor of the Department of Public Health and Preventive Medicine at Texas College of Osteopathic Medicine.

R. Donald Hagan, Ph.D.

Presenting the topic "Aerobics in the Prevention of M.I.'s" will be R. Donald Hagan, Ph.D. Dr. Hagan received his Ph.D. in exercise physiology/physical education from the University of Oregon in Eugene in 1975, and took a fellowship at the Institute of Environmental Stress at the University of California, Santa Barbara from 1975-77. He is a fellow of the American College of Sports Medicine.

Dr. Hagan is currently associate professor, Rehabilitation Sports Medicine at Texas College of Osteopathic Medicine and is also Director of Research and Activity Center, Institute for Human Fitness at TCOM. In addition, he is adjunct associate professor in physical education at Texas Women's University in Denton.

Fred C. Tinning, Ph.D.

Fred C. Tinning, Ph.D., president of Kirksville College of Osteopathic Medicine will speak on "Rx for the Osteopathic Profession". He received his Ph.D. degree from Michigan State University in 1973 and has held many positions within colleges and universities becoming

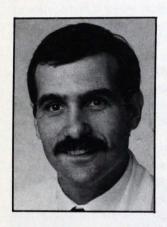
president of Kirksville College of Osteopathic Medicine in March of 1984.

Over the years he has acted as consultant to Texas College of Osteopathic Medicine, University of Medicine and Dentistry of New Jersey — New Jersey College of Osteopathic Medicine, New England College of Osteopathic Medicine, and others.

Joseph Talley, M.D.

Joseph H. Talley, M.D., a family practitioner from Grover, North Carolina will lecture on "Sexual Counseling as Prevention". Dr. Talley received his M.D. degree from the University of Virginia School of Medicine in 1963, interned at Norfolk General Hospital, Norfolk, Virginia and from 1966-67 took a general practice residency at Charlotte Memorial Hospital, Charlotte, North Carolina.

He is board certified in family practice and is a clinical assistant professor in the Department of Family Practice at the University of North Carolina, Chapel Hill. He has authored numerous publications and he also is involved in part time work in public health clinics.



Gilbert E. D'Alonzo, Jr., D.O.

Gilbert E. D'Alonzo, Jr., D.O. who serves as assistant professor of medicine in the Department of Internal Medicine, Pulmonary Division at the University of Texas Health Science Center at Houston, will present "Prevention of Morbidity from Asthma" as his topic.

Dr. D'Alonzo received his D.O. degree from Philadelphia College of Osteopathic Medicine in 1977, interned at Detroit Osteopathic and Bicounty Community Hospitals from 1977-78 and took an internal medicine residency there also from 1978-80. Dr. D'Alonzo took additional training in pulmonary and critical care medicine at the University of Michigan Medical Center from 1980-83.

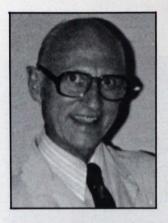
He is certified by the American Osteopathic Board of Internal Medicine and is a Diplomate of the National Board of Examiners for Osteopathic Physicians.



Peter B. Raven, Ph.D.

"Prevention of Heat Stress — Unnecessary Illness" will be the topic for discussion by Peter B. Raven, Ph.D. during the lecture sessions. Dr. Raven received his Ph.D. from the University of Oregon in Eugene in 1969 and has been active in research. He has had numerous papers and articles published.

Dr. Raven is associate professor in the Department of Physiology at Texas College of Osteopathic Medicine. He also serves as associate professor (adjunct) for the Department of Physical Education and Dance at North Texas State University and as associate professor (joint) for the Biological Sciences Department at NTSU.



James G. Matthews, D.O.

"The importance of prenatal care in regard to diet, smoking, alcohol, drugs, exercise, genetics, aminocentesis and sonograms" will be the topic presented by James G. Matthews, D.O. of Grand Prairie.

A graduate of Kirksville College of Osteopathic Medicine, he interned at Detroit Osteopathic Hospital, where he also did a residency in obstetrics and gynecology. A diplomate and fellow of the American Osteopathic Board of Obstetrics and Gynecology, he is chairman of the department of obstetrics and gynecology at Dallas/Fort Worth Medical Center in Grand Prairie and is vice chairman of the American Osteopathic Board of Obstetrics and Gynecology. Dr. Matthews received the Distinguished Services Award by the American College of Obstetrics and Gynecology in 1984.

Warren L. Schildberg, D.O.

Warren L. Schidberg, D.O. will be lecturing on two topics at this years convention entitled "The Practical Approach to Treating Overused Injuries" and "Sports Medicine in General Practice." Dr. Schildberg received his D.O. degree from Kirksville College of Osteopathic Medicine in 1960 and interned at Garden City Osteopathic Hospital from 1960-61.

He is board certified in general practice and is also certified in preventive medicine and occupational medicine. He has been in private general practice and sports medicine since 1961 and currently practices in Garden City, Michigan.



Irwin Schussler, D.O.

Irwin Schussler, D.O. will update lecture attendees on "Teenage Years, a Stage in Transition". He graduated from Chicago College of Osteopathic Medicine in 1968 and interned at Interboro General Hospital, Brooklyn New York from 1968-69. He then took a general psychiatry residency at University of Florida, College of Medicine in Gainesville, Florida and a child and adolescent psychiatry fellowship at the same location.

Dr. Schussler is presently in the private practice of child, adolescent and adult psychiatry in Fort Worth and also serves as clinical associate professor of psychiatry at TCOM.

NOTE: Convention Speakers will be continued in the February 1985 issue of the Texas DO.

#### Contemporary Issues in Law and Medicine: Ethics and Society

Saturday January 19, 1985

CME Credit
7 Hours: Category 1-A, AOA

#### Sponsored by:

Texas College of Osteopathic Medicine

#### **Topics**

Keynote Address: The Importance of Close Cooperation Between Today's Physicians and Lawyers

> The Honorable Patrick W. Ferchill

Introduction to the Law Legal System

Specific Areas of Physician Liability

Child Abuse: The Physician's Problem in Perspective

Legal Issues in Suspected Child Abuse

Care for the Elderly: Emotional Aspects Ethical Aspects Legal Problems

#### Location

Camp Bowie at Montgomery Fort Worth, Texas 76107

#### For Further Information

TCOM, Office of CME Camp Bowie at Montgomery Fort Worth, Texas 76107 817-735-2539

### Convention Registration Form

#### Texas Osteopathic Medical Association

86th Annual Convention Enclosed is \$\_\_\_\_\_check for advance registration for \_\_\_\_\_persons at \$200 for physicians and \$100 for spouses To take advantage of the advance registration fee, payment must accompany this form. PRE-REGISTRATION DEADLINE - APRIL 10 First Name for Badge \_\_\_ (please print) will will not accompany me. My Spouse \_\_\_\_ (first name for badge) will \_\_\_\_\_ will not \_\_\_\_\_ accompany me. (first AND last name for badge) State \_\_\_\_\_\_ AOA Membership No. \_\_\_ Year Graduated \_\_\_\_ D.O. College \_\_\_ **TOMA Annual Golf Tournament** Registration **Fishing Tournament** Name Registration Name Address Address\_\_\_\_ Handicap\_\_ \$15 per person \$35 per person Captain Clark includes May 3 ½ cart, green fees, tranportation (Cash Bar) CHECK ENCLOSED North Shore Country Club (please make payable to TOMA) Date to be Announced CHECK ENCLOSED (please make payable to TOMA)



### TOMA President Reports

This report comes to you directly from American Airlines as I return from the AOA Committee on Colleges meeting in Chicago. It gave me great pleasure to hear from two non-Texans who have been following the escapades of your president, as reported in the Texas DO. The comments and compliments from you Texans, too, indicate that you appreciate knowing what goes on at the state level. Thanks for all the kind words.

The month began with the AOA Annual Convention in Las Vegas, preceeded by the meeting of the ACGP Board of Governors (of which your president is a member). At this same time, meetings were held with your executive director, Tex Roberts, and the TCOM president, regarding the turmoil created by the FLEX testing and scores. We also discussed support mechanisms, by which associates can strengthen our college.

Later in November, after Dr. Willard's unexpected resignation as president of TCOM, much time was devoted to solidifying our position and response to this situation. Certainly, unqualified appreciation be extended to Dr. Willard. He gave of himself through the trying years of development of a new school of osteopathic medicine. His loyalty and support for our profession shall be recognized and remembered by us all.

Now, new direction and leadership is evolving at TCOM. We must show support and encouragement to the individual who will resume this demanding task. Remember, the products of TCOM are your professional progeny!

Your leadership has formulated its policies and courses of action for the current legislative session. It merits your most careful consideration and your thoughtful input, for action in this area will (or will not) secure our future as osteopathic physicians in Texas. Please notify me, or your board representatives, of your concerns, needs and interests, so we can continue to serve you well.

November ended on a very positive note. On November 30, I attended the District VIII meeting in Corpus Christi, the site of our upcoming TOMA Convention. Elva and I were impressed by the interest and support

from both physicians and wives, evidenced in our intense discussions sessions. We had a spirited and informative exchange of information and ideas. As your president, I appreciate the good attitude and active interchanges, for it shows that our profession is strong, vital and active.

A highlight of my Corpus Christi visit was a fourmile run Saturday morning, with Rhonda and Sam Ganz, through all the areas you will enjoy this spring. This city is innovative and dynamic! The new convention center and museums, the restored historical homes, the new restaurants, the stately fishing and party boats, the beautiful shoreline, clear water, the parks and statuary - I could go on and on. Not to mention the magnificient new Four-Star Hershey Hotel. . . You are aware, I am sure, that ours will be one of the very first conventions held there. I am getting carried away with my rambling; just be sure to reserve the first weekend in May on your calendar. Plan to be with your colleagues and friends and to renew old acquaintances. Expect an excellent educational experience, masterminded by Dr. Richard Anderson. You will come away renewed in spirit, strengthened in body and filled with pearls to help you better care for your patients.

I hope you had a Blessed and Safe Holiday Season. Happy New Year Ya'll!

Fred Ashworth Bussiness Manager

817/322-8604 Wichita Falls, TX

#### COMMUNICATIONS DISORDER CLINIC

Rita A. Baker, M.S.C.C.C. Speech Pathology Associate

Consultant for Fort Worth Area

817/732-0287

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January 1985

Homes

### Don't Be A Heartbreaker!

#### Heart-A-Facts

Fact: Heart disease is the number one cause of death and disability in the United States.

Fact: As many as 1,500,000 Americans may have a heart attack this year and about 550,000 will die.

Fact: 350,000 people a year die of heart attacks before they reach the hospital — the average victim waits three hours before deciding to seek medical help.

Fact: 4,600,000 people alive today have a history of heart attack or chest pain, or both.

Fact: About 25,000 babies are born each year with heart defects.

Fact: Nearly one-fourth of all persons killed by cardiovascular disease are under age 65.

Fact: Coronary artery disease ranks first in terms of Social Security disability and is second only to arthritis in terms of limiting activity.

Fact: In direct health care costs, lost wages and productivity, coronary artery disease will cost the United States an estimated \$64.4 billion in 1984.

#### **Heart Attack Symptoms**

If you feel an uncomfortable pressure, fullness, squeezing or pain in the center of your chest—that may spread to your shoulders, neck or arms—that lasts for two minutes or more, you could be having a heart attack. Sweating, dizziness, fainting, nausea, or

shortness of breath may also occur. Fleeting twinges of pain are usually not warnings of heart attacks. If the pain persists for more than a few minutes, call your local emergency medical service immediately or have someone drive you to the hospital. The natural reaction is to deny what's happening, but don't. Remember, each year an estimated 350,000 heart attack victims die before reaching the hospital—many because they refused to believe it could be happening to them.

#### **Making Changes**

There are several ways to improve your chances of avoiding a heart attack. Stop and take a long look at the way you live—your life may depend on it!

Have your blood pressure checked regularly. High blood pressure is a major risk in heart attacks and is the major factor in stroke.

Don't smoke cigarettes. Smoking increases the risk of heart attack. The nicotine makes your heart beat faster and as a result, your heart is forced to work harder and needs more oxygen.

Eat well but wisely. Choose a well balanced diet low in cholesterol and saturated fats. Eat plenty of fresh vegetables and fruit, and lean meats such as chicken and fish. Avoid fried foods, foods high in salt and foods high in cholesterol—things like egg yolks, fatty meats and whole milk dairy products.

Exercise regularly and sensibly. Avoid a sedentary lifestyle; if overweight, lose weight by eating a low-calorie, well-balanced diet and exercise. The extra weight puts extra strain on your heart.

Have medical checkups. The

presence of risk factors such as high blood pressure, elevated cholesterol, obesity, lack of exercise and cigarette smoking indicates a need for a physician's guidance and supervision in preventing heart attack and stroke.

#### Controllable Risk Factors

Serum Cholesterol. Cholesterol is a fatty substance found in everyone's living tissue. The body needs it and gets it through dieting and by manufacturing it. But too much cholesterol in the blood can build up in the walls of the arteries, narrowing their passageways, decreasing the blood supply to the heart, and setting the stage for heart attack and stroke. Your doctor can prescribe diet regimens and drugs to keep your cholesterol level within normal range.

High blood pressure. Modern medicine has not yet identified the basic cause of most high blood pressure, but a variety of low-fat, low-salt diets and medications are available that a doctor can prescribe to keep it under control.

Diabetes. Diabetes, or a familial tendency toward it, is associated with an increased risk of heart attack and stroke. Your doctor can detect diabetes and prescribe diet and weight control programs with supportive exercise therapy and drugs if necessary to keep it in check.

#### Uncontrollable Risk Factors

Heredity. Although there is no evidence that heart attack and stroke are hereditary, some families have a higher incidence of these diseases, increasing the importance of reducing other risk factors that can be controlled.

Sex. One out of every five adult men has a heart attack by age 60. The risk for women is not so great in early middle age, but because of hormonal changes, it increases significantly after menopause—though it never reaches that of men.

Race. Black Americans are almost 45 percent more likely to have high blood pressure than whites and Hispanics, and suffer strokes at an earlier age with more severe results.

Age. Nearly one-fourth of all heart attack deaths occur before the age of 65. And stroke, generally thought to be a disease of older persons, strikes younger persons at an alarming rate. One in every seven of all stroke deaths occurs under age 65.

(Put out by the American Heart Association of Texas)

### History Buffs

When was the first osteopathic hospital established in Texas?

Who was the first D.O. to establish practice in Texas?

TOMA Journals from 1924 forward needed.

TOMA Needs what's on your book shelves, in scrapbooks or in your attic that relate to the History of Osteopathy in Texas.

Call or write

TOMA Archives Committee 226 Bailey Avenue Fort Worth, Texas 76107 1–800–772-5993

Charles Ogilvie, D.O., Chairman; T. Eugene Zachary, D.O., Ray Stokes, Tex Roberts, members.

### Cowtown Marathon Scheduled for February

The Cowtown Marathon and 10K Run, which attracted almost 5,000 runners last year, will be held for the seventh year on Febuary 23 in Fort Worth's historic Stock Yards district.

The 26.2-mile marathon begins at 9 a.m. near the corner of Exchange Avenue and North Main Street. The 6.2-mile run follows at 9:30. The marathon route winds through the city's downtown, city parks, residential areas and museum district.

Prizes are awarded to male and female finishers who place first, second and third in several age categories in both races. First, second and third trophies also go to winners of military and corporate team competitions and the big man (200 pounds or more) competition. All finishers of the marathon receive a trophy.

Registration fee is \$10 if done early and \$15 after Febuary 18. Runners may register between 7 and 8 a.m. on race day. Team competition registration closes Febuary 4.

A symposium on "Marathon Running and the Jim Fixx Story" will be held from 6 to 9 the evening before the marathon in the auditorium of Medical Education Building 1. Harvey Ebel, Ph.D. of the City College of New York, executive director of the Association for Fitness in Business and a personal friend of Fixx, will lead the seminar.

The race is presented by TCOM's Institute for Human Fitness, the Fort Worth Star-Telegram, Texas American Banks and Miller Brewing Company, Fort Worth. For information, call the Marathon Office, 817–870-5248, or write Cowtown Marathon, P.O. Box 567, Fort Worth, 76101.

## Ligamentous Articular Strain Techiques Workshop

Friday evening, Saturday & Sunday

February 8-10, 1985

#### **CME** Credit

20 Hours; Category 1-A (AOA)

#### Sponsored by:

Texas College of Osteopathic Medicine

Center of Osteopathic Research and Education (CORE)

Dallas/Fort Worth Osteopathic Study Group

#### **Topics**

Theory and Principles of Ligamentous Articular Strain Techniques and Hands-on Experience in:

Cervical Spine Thoracic Spine Lumbar Spine Rib Cage Sacrum and Pelvis Upper & Lower Extremities General Fascial

#### Location

Camp Bowie at Montgomery Fort Worth, Texas 76107

#### For Further Information

TCOM, Office of CME Camp Bowie at Montgomery Fort Worth, Texas 76107 817-735-2539

## Medicare Providers Begin Uniform Coding for Osteopathic Procedures

Beginning in 1985, all Medicare providers throughout the U.S. will begin using uniform coding for distinctive osteopathic procedures. This coding is part of the HCFA Common Procedure Coding System (HCPCS) negotiated by the American Osteopathic Association.

Using the ICD-9-CM (739-Series) diagnostic codes to identify the body regions to be treated and the new procedure codes MO700 to MO730 — osteopathic physicians will, for the first time, be able to bill separately for osteopathic manipulative therapy. Because of the diverse way in which osteopathic procedures have been reimbursed, uniform fee levels were not established, however, the Health Care Finance Administration and the AOA did agree on a relative value scale which relates to the D.O.s basic office visit

charge.

For instance, if the basic office visit charge is \$20 and the areas to be treated are ICD 739.1, 739.2, 739.3 and 739.4 (four body regions,) the physician would use MO704 which would be equal to the office visit charge or \$20 plus the office visit charge. Of course, separate charges would also be billed for any other modalities employed.

An office visit fee cannot be charged for subsequent visits unless there is a new diagnosis, including somation dysfunction in another body region. However, an office visit charge and a separate charge for osteopathic manipulative therapy should be anticipated where substantial time has elapsed between patient visits and for all discharge visits.

#### ICD-9-CM DIAGNOSTIC CODES

739 Osteopathic Structural Diagnosis Includes: Somatic Dysfunction (by region)

739.0 Head Region		
	Cranio Cervical Reg.	
739.1	Cervical Region	

Pubic Region llio Sacral Region

739.1 Cervical Region Cervicothoracic Reg. 739.6 Lower Extremities

739.2 Thoracic Region
Thoracolumbar Reg.

739.7 Upper Extremities
Acromioclavicular Reg.
Sternoclavicular Reg.

739.3 Lumbar Region Lumbosacral Region

739.8 Rib Cage
Costochondral Region
Sternochondral Region
Costovertebral Region

739.4 Sacral Region Sacrococcygeal Reg. Sacroiliac Region

739.9 Abdomen and other

739.5 Pelvic Region Hip Region

#### HCFA COMMON PROCEDURE CODING SYSTEM MO700 — MO730

MO700 Osteopathic Manipulative Therapy OMT

#### OUTPATIENT

MO702	Brief, Osteopathic Manipulative Therapy performe
	in office, or location other than inpatient hospita
	(includes 1 to 2 body regions)

MO704 Limited, Osteopathic Manipulative Therapy per formed in office or location other than inpatient hospital (3 to 4 body regions)

MO706 Intermediate Osteopathic Manipulative Therapy performed in office or location other than inpatient hospital (5 to 6 body regions)

MO708 Extended Osteopathic Manipulative Therapy performed in office or location other than inpatient hospital (7 to 8 body regions)

MO710 Comprehensive Osteopathic Manipulative Therapy performed in office or location other than inpatient

hospital (9 to 10 body regions)

#### REIMBURSEMENT

Codes	Osteopathic Manipulative Therapy	(Based on Office visit charge) Relative Value
MO702	Brief -1 to 2 Regions	.5
MO704	Limited - 3 to 4 Regions	1.0
MO706	Intermediate - 5 to 6 Regions	1.5
MO708	Extended- 7 to 8 Regions	2.0
MO710	Comprehensive - 9 to 10 Reg.	4.0

#### INPATIENT HOSPITAL

MO722 Brief inpatient hospital OMT (1 to 2 body regions MO724 Limited inpatient hospital OMT (3 to 4 body regions MO726 Intermediate inpatient hosp. OMT (5 to 6 body regions MO728 Extended inpatient hosp. OMT (7 to 8 body regions MO730 Comprehensive inpatient hosp. OMT (9 to 10 body regions MO730 Comprehensive inpatient hosp. OMT (9 to 10 body regions MO730 Comprehensive inpatient hosp. OMT (9 to 10 body regions MO730 Comprehensive inpatient hosp. OMT (9 to 10 body regions MO730 Comprehensive inpatient hosp.)

### Medical Perspectives Fellowships Available Through SmithKline Beckman Corporation

The medical Perspectives Fellowship Program sponsored by the SmithKline Beckman Corporation provides opportunities for allopathic and osteopathic medical students to initiate and carry through creative projects that will provide them with learning experiences not ordinarily encountered in the usual course of their education. The program is administered by the National Fund for Medical Education (NFME), a public foundation charted by Congress that has supported innovations in medical education since 1950. The program is endorsed by the American Medical Student Association, the Student Osteopathic Medical Association, the LaRaza Medical Association and the Student National Medical Association.

The fellowships are available to students enrolled in any allopathic or osteopathic medical school in the United States and Puerto Rico. Students must apply before they receive their M.D. or D.O. degree and must complete their projects before graduating. Fellowships are awarded for a wide variety of projects involving creativity in concept and/or orginality in execution. The project must be designed so as to lead to an improved understanding of clinical medicine and/or the delivery of health care. Each fellowship recipient is expected to spend ten weeks to a maximum of six months on the project. All projects must be performed under the supervision of a person or persons having extensive knowledge and experience in the field of study and who have a formal tie with the organization or institution where the project is undertaken.

Descriptive brochures and application forms can be obtained from the dean's office in the medical school The deadline for applications is March 1. Additional information on the program can be obtained by writing to: SmithKline Beckman Medical Perspectives Fellowships, National Fund for Medical Education, 999 Asylum, Hartford, Connecticut 06105.



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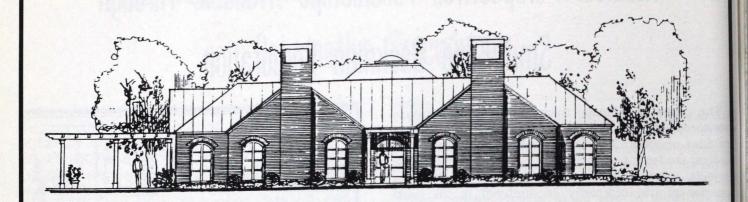
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Architect: Hendricks-Walls Financing: Bank of Dallas

### D.O.s Launch

### Electronic Communications Network

With two fore-fingered strokes on a keyboard, Stanley N. Wilson, D.O., President of the American Osteopathic Association, has opened a computerized information service now available to osteopathic physicians from coast to coast.

TOMA State Headquarters is already online in the network.

Designed to offer instant access to a wide variety of information of value to the practicing osteopathic physician, the official designation of the electronic information system is the American Osteopathic Network (AONET).

Introduced at the 89th Annual Convention and Scientific Seminar of the AOA, the system combines all of the latest electronic transmission and computer retrieval technology developed by the GTE Medical Information Network.

John P. Perrin, Executive Director of the AOA, said the system is the answer to the growing need to provide quick, accurate and indepth sources of information to the busy osteopathic practitioner.

"The medical information explosion we have experienced in recent years has placed increasing demands on the conscientious practicing physician," Perrin said. "With the inauguration of AONET, osteopathic physicians may now keep up to date via state-of-the-art medical telecommunications. This new service will become an indispensable educational and practice resource for D.O.s; its use will help keep osteopathic medicine in the forefront of American health care."

Perrin added that any osteopathic physician with a data terminal will be able to access the AONET services, including;

- 1. Special information, medical newsbriefs, calendar of events, and the AOA physician placement service.
- 2. Drug Information Base, with the latest information on individual drugs.
- 3. Disease Information Base, containing data on more than 3500 diseases.
- 4. EMPIRES (Excerpta Medica Physicians Information Retrieval and Education Service), with abstracts of current articles from a broad array of medical journals.
- 5. Socio-economic Bibliographic Information, a guide to current articles pertaining to economic

issues in medicine.

- 6. PHYCOM (Physicans Communications), a daily medical news report.
- 7. The Center for Disease Control weekly morbidity and mortality reports.
- 8. Med/Mail, a computerized information exchange between D.O.s on the network.

Small enough to fit into a briefcase, and attachable to any telephone, the basic terminal includes a printer that will give the subscriber a copy of the information he requested. For special applications, a unit with a TV-type screen is available for quick scanning.

AONET is one of the Information Companies of America (IOCA) a leader and innovator in the medical information industry. The Philadelphia-based company specializes in computerized information systems, database design, telecommunications and medical publishing, and has been involved in the design of large-scale information services such as the MED-LARS System of the National Library of Medicine.





## Research Goals Statement Adopted by TCOM's Governing Board

A research goals statement that its authors say will put Texas College of Osteopathic Medicine at the forefront of osteopathic medical research has been adopted by the school's governing board.

The North Texas State University/TCOM Board of Regents has approved the statement that stresses the importance of not only traditional research, but also research in the fields of health, prevention and other areas that are espoused by the osteopathic philosophy.

"Traditionally, osteopathic medical schools have been more involved in teaching and clinical service and have not had a strong state-support base for research," said Ben Harris, Ph.D., acting assistant dean for research. "This statement shows TCOM's determination to make substantial contributions to the health care of the state and nation through basic and clinical research.

"To have true credibility in the scientific and medical communities, we must not only communicate new knowledge but also create it. That's the function of any academic institution. We have a unique opportunity here to incorporate osteopathic philosophy and principles into our research programs."

The statement outlines the college's plans for increased research publications, scientific

presentations, extramural funding and interaction between basic and clinical scientists. It also states goals for expanded graduate programs and interactive programs with NTSU.

### Drug Relieves Debilitating Side Effects

A study at the Johns Hopkins School of Medicine has indicated that dexamethasone, a drug which is quite frequently prescribed for asthma and arthritis sufferers, can relieve the nausea and vomiting side effects of anti-cancer drugs.

In addition, research reported in the New England Journal of Medicine shows that the drug dexamethasone has been found more effective than prochlorperazine, which is another drug used to alleviate side effects of chemotherapy.

And, as an added benefit for patients who wish to resume work duties or daily activities after treatment, dexamethasone does not produce drowsiness associated with other anti-nausea drugs.

### Active Duty Members Not Eligible for Champus

Civilian hospital officials should be aware, if they aren't already, that active-duty members of the uniformed services are not eligible for Champus benefits. Champus claims should not be submitted for persons who are on active duty. Civilian health care providers who treat active-duty service members should send the bills directly to the members, or to the Health Benefits Advisor at the nearest military installation.

The families of these activeduty service members are eligible to use Champus. Others eligible for Champus are: military retirees and their families; and surviving family members of deceased active or retired military. Those who live within the nearest military hospital's "zip code zone" must get a nonavailability statement from that hospital before seeking nonemergency inpatient care from civilian sources, if they want Champus to help with costs. The nonavailability statement isn't needed when getting outpatient care in the civilian community.

#### Civil Monetary Penalty Law

A 1984 Federal law imposes administratively civil money penalties and assessments for making false or certain other improper claims or requests for payment in the Medicare, Medicaid Maternal and Child Health Services Block Grant programs.

Under section 1128A, violators may be fined up to \$2,000 as a penalty for each false or improper item or service claimed and an additional assessment of up to twice the amounts falsely claimed. The statute also permits an individual upon whom the Department imposes a civil money penalty or assessment to be suspended from participation in the Medicare and Medicaid programs.

Questions regarding these amended regulations should be directed to the professional relations representative of the Medicare intermediary, Blue Cross-Blue Shield of Texas.

### Open Letter to Texas D.O.s

Dear Physician:

I am very pleased to announce that my affiliation with the Irving Campus of Care and their subsequent affiliation with the Texas College of Osteopathic Medicine has proven beneficial to both parties. Under this arrangement osteopathic medical students of the college are assigned to Irving Campus of Care on a rotating basis for clinical experience in the field of Gerontology.

We feel that this development of a complete Teaching Nursing Home supporting programs of both a medical school and graduate programs of North Texas State University Center for Studies in Aging and the University of Texas Gerontology Nursing program will result in major innovations and improvements in the quality and quantity of care and attention to the residents of Irving Campus of Care over the next years.

We feel confident that this affiliation will benefit all concerned: the individual resident, aspiring physicians and the attending family doctors.

With your referrals to Irving Campus of Care, we together can improve the quality of life for those entrusted to our care.

If you would like further information about the benefits to your patients, I would be glad to meet with you or discuss this by phone at your convenience.

Sincerely,
Cheri S. Quincy, D.O.
Assistant Professor, Geriatrics
TCOM, Department of Public
Health and Preventive Medicine

#### IN MEMORIAM

#### Andrew C. Viscardi, D.O.

In late November word was received here of the untimely death of Andrew C. Viscardi, D.O. who passed away on August 16 in Salt Lake City, Utah. He had been hospitalized since June 10 with a diagnosis of herpes simplex of the brain. Dr. Viscardi was entombed with full military honors in the mausoleum in Assumption Cemetary in Austin.

Dr. Viscardi received his D.O. degree from Kansas City College of Osteopathic Medicine in 1964 and took both his internship and pediatric residency at Grandview Hospital, Dayton, Ohio. He was certified by the American College of Osteopathic Pediatricians in 1975. From 1967 until 1976 Dr. Viscardi was in private practice in Dallas and in Denver, Colorado.

In 1976 he was commissioned a Lt. Colonel in the Air Force Medical Service and served in Japan, Italy and Hill AFB, Utah. In August of 1982, he was promoted to Colonel.

Survivors include his wife, Kay; three daughters, Nicole, Whitney and Gia, all of Layton, Utah; mother, Josephine Viscardi and two sisters, Catherine R. Lee and Charlene Viscardi, all of Austin; also two sisters, Sylvia Milosh of Starkville, Mississippi; and Mary Ann Davis of New York City, New York; and one brother, Reverend Christopher J. Viscardi, S.J. of Mobile, Alabama.

## Second Annual Conference Fitness in Sports: Prevention Aspects

Friday Evening - Saturday March 1-2, 1985

#### Sponsored By:

Fort Worth Osteopathic Medical Center Texas College of Osteopathic Medicine

#### Topics:

Keynote Presentation: Maintaining Fitness in Professional Athletes The San Diego Chargers' Fitness Program Pre and Post Season

Lee Rice, D.O., FAAFP Team Physician San Diego Chargers President, American Osteopathic Academy of Sports Medicine

Safe Return to Play Through Early Rehabilitation and Therapeutic Techniques

John Bergfeld, M.D., FACSM Head, Section Sports Medicine Cleveland Clinic Foundation President, American College of Sports Medicine

New Interest In Sports Medicine: Professional Rodeos and Car Races

Prevention of Heat Stress Injuries

Field Examination and Acute Treatment - A Workshop

#### Location:

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#### For Further Information:

TCOM, Office of Continuing Medical Education Camp Bowie at Mongtgomery Fort Worth, Texas 76107 817-735-2539



## ATOMA President Reports

## TCOM Professor Receives Award

In my travels to the various districts enthusiasm is what your president is seeing. How rewarding to the entire State Auxiliary, to TOMA and, hopefully, to our D.O. Spouses.

District V in the Dallas area is busy working on their Las Vegas Night which is their major fund raiser for the year. That should be a "fun raiser" from all that I hear. They are also checking the Dewey Decimal classification of Osteopathic Medicine in their libraries.

District VI in Houston is active and working well. All were saddened by the death of Dr. Art Johnson. He will be missed.

District VIII in Corpus Christi — Wow! Wecome back to the active status. You were missed! These people are going to make our upcoming State Convention in May one that no one will want to miss. You feel inspired and enthusiastic for our profession just being around these people. They saw that I took my first ever hard hat tour of the Hershey Hotel. Now to see it finished will be a real treat.

Our State and the city of Fort Worth were privileged to have the NOGA Convention this fall. This groups enthusiastic support of our profession is tremendous. I felt very honored to give the Invocation at one of their luncheons and to pay a much deserved tribute to one of their workers and our own Lee Ranelle.

New Orleans was the city for the Specialists convention this year. It

was too warm and rainy but we did manage to have a good time. Carolyn Bilyea of Fort Worth was elected President of the Surgery Wives and LeAnn Speece of Duncanville is the President for the Anesthesia Wives. Congratulations to both of you! Some of us went to a cooking school in the French Quarter. What fun! Watch those calories!

Following New Orleans, we repacked out suitcases and headed for Las Vegas for the National AOA and AAOA Convention. Our nine delegates were kept very busy, learned a lot and definitely made an excellent contribution to the proceedings of the House of Delegates of the AAOA. Your President was asked to give the Inspirational Message at the State Presidents' Council on Sunday, November 4. This was a very special honor to me as it was one year ago that date that I had my auto accident. Of course we did not work all the time. There was time for gambling, shopping, watching a movie being made with Ryan O'Neal and Chad Everett, dining at Liberace's Tivoli Gardens and visiting with friends.

In January I have been asked to visit Districts II and VX. I am looking forward to being with both of these groups.

As you can see, it has been an enjoyable, busy year to date. I see that each D.O. Spouse is working in his or her own way for the Osteopathic Profession and the Enthusiasm is a Joy to behold.

Albert F. Kelso, Ph.D., a research professor in osteopathic medicine at the Chicago College of Osteopathic Medicine (CCOM), has been awarded the American Osteopathic Association's Gutensohn/Denslow Award. The award was presented at the AOA's 89th Annual Convention and Scientific Seminar which was recently held in Las Vegas.

Funded by the Burroughs Wellcome Company and administered by the AOA Bureau of Research, the \$5,000 award recognizes an osteopathic researcher who has made an outstanding contribution to the osteopathic profession in the areas of research and education.

The Gutensohn/Denslow Award is named in honor of Max T. Gutensohn, D.O., a noted educator and past chairman of the AOA Bureau of Research, and John S. Denslow, D.O., a noted researcher in viscero-somatic reflexes and biomechanics.

A native of Fort Wayne, Indiana, Dr. Kelso received B.S. and M.S. degrees from George Williams College, Chicago, and a Ph.D. in physiology from Loyola University of Chicago.

Dr. Kelso joined the CCOM faculty in 1946 as an instructor in physiology. Over the years, he has held professorships in physiology and has served as chairman of CCOM's physiology and pharmacology departments as well as director of research administrations.

## TCOM Student Doctor Credited for Heroic Effort

Letters

Student/Doctor Jeremy Smola of Sweetwater, a first-year student at Texas College of Osteopathic Medicine, is credited by the American Red Cross with a heroic effort at saving the life of a man at the November 3 Senior Citizens Fair in Fort Worth.

Smola was volunteering at the fair when the victim apparently suffering a heart attack, was found in a restroom. The man later died, but Smola led the team effort in doing everything possible to save his life.

According to one witness, Smola and other aid station staff at the fair responded quickly in a "calm and efficient manner in a stressful situation" by performing cardiopulmonary resuscitation.

"I know many grieved over this man's death," said Dorsey Pressley, community projects administrator for the Red Cross, "but for the team who did their best, only to ultimately fail, the death was a particularly stunning blow.

"Although the story does not have a happy ending, Jeremy performed in a manner which I am sure would make the college proud."

Smola, 23, is the son of Dr. and Mrs. Jerry Smola of Sweetwater. A 1979 graduate of Sweetwater High School, he earned his B.A. degree in chemistry at Texas Tech University earlier this year.

Mr. Roberts and Staff:

We in the Class of 1986 wish to thank you for your participation in the October 26th dinner held in our honor.

All of us enjoyed the opportunity to meet with other members of TOMA and have a good meal at the same time.

Judy Werner Class of 1986, Secretary

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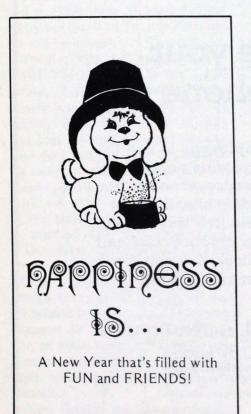
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### Ten Years Ago in the "Texas DO"

Texas College of Osteopathic Medicine and North Texas State University, unanimously endorsed by the Texas College Coordinating Board, made plans to submit a proposal to the Texas Legislature to place both institutions under a single Board of Regents.

In it's first special called session in history, the TOMA House of Delegates voted unanimously in support of the Board of Trustees' TOMA recommendation that participate in the Texas Medical Foundation. The late H. Eugene Brown, D.O., then president of TOMA, called the special session.

Another first in TOMA history was a two and a half day seminar on governmental relations scheduled at the Lakeway Inn near Austin. Chairman of the TOMA Governmental Relations Committee was Bobby G. Smith, D.O.



### Dr. Zachary Assumes New Duties

T. Eugene Zachary, D.O., a member of the Texas College of Osteopathic Medicine general and family practice faculty since 1980, has been appointed acting vice president and dean for academic affairs at TCOM effective December 1. The post was vacated when David M. Richards, D.O., was named interim executive vice president November 16.

Dr. Zachary, director of TCOM's Riverside Family Practice Clinic until his new appointment, currently holds the speakership post for three major organizations: the Texas Osteopathic Medical Association, the American Osteopathic Association and the American College of General Practitioners in Osteopathic Medicine and Surgery (ACGPOMS). He also is immediate past president of Sigma Sigma Phi national osteopathic fraternity.

A fellow in ACGPOMS, Dr. Zachary was a general practice physician in Richardson for 20 years before joining the TCOM faculty. A native of Lubbock, he attended North Texas State University before graduating from the College of Osteopathic Medicine at the University of Health Sciences in Kansas City, formerly Kansas College of Osteopathic City Medicine.A

### Dr. Hall Appointed to Rural Med Ed Board



Richard M. Hall, D.O., of Eden, was appointed in September by Governor Mark White as a member of the State Rural Medical Education Board for a term to expire February 27, 1990. He replaced John H. Boyd, D.O. of Eden, whose term had expired.

Dr. Hall has been a TOMA member since 1963. He graduated from Kirksville College of Osteopathic Medicine in 1962 and interned at Kirksville Osteopathic Hospital from 1962-63. He has been extremely active in TOMA activities having served as TOMA president from 1971-72, Chairman of the Credentials Committee, as a sustaining member of TOMA, a TOPAC contributor and in the TOMA House of Delegates for ten vears.

He is a member of the American Osteopathic Association, American Osteopathic Academy of Public Health and Preventive Medicine, the American College of General Practitioners in Osteopathic Medicine and Surgery, the American Osteopathic College of Anesthesiologists, and the American Academy of Osteopathy. He is certified in general practice and is a diplomate of the American Osteopathic Board of General Practitioners. A

### TEXAS TICKER TAPE

#### FLU VACCINE DEVELOPED IN NOSE-DROP FORM

A new flu vaccine should be available for general use in nose-drop form within five years as a means of preventing flu epidemics, says the National Institutes of Health.

The nose-drop vaccine is made from modified live flu virus, and is thus more powerful than the currentlyused flu shots which are made from killed virus.

In tests conducted by NIH scientists, the new vaccine was a thousand times more effective in reducing person-to-person spread of flu viruses than was the old type vaccine.

It may be possible for an entire population to use the new vaccine to prevent an epidemic from becoming widespread, the scientists say.

The nose-drop flu vaccine is being further developed to include more strains of flu virus, after which it will undergo safety testing and extensive field trials before it is licensed for manufacture, according to NIH.

#### GENERIC DRUG COMPANIES GET GREEN LIGHT

The Drug Price Competition and Patent Term Restoration Act has been signed into law. Supporters say it will stimulate research and development by U.S. pharmaceutical companies, as well as lower the price of prescription drugs for consumers by an estimated one billion dollars in the next decade. The most benefit will be gained by elderly Americans, who make up the largest pharmaceutical consumer group.

The purpose of the bill is to give generic drug companies the okay to begin producing less expensive copies of brand-name drugs, however, any patent on a brand-name drug must first expire before generic drug companies can start production. A provision of the bill allows original drug manufacturers added patent protection to compensate for any time lost during safety and effectiveness trials of experimental drugs.

#### MEDICARE DEDUCTIBLE GOES TO \$400

Medicare beneficiaries will be forced to carry more of their own health costs beginning in 1985. The deductible for inpatient hospital care, which was \$356 this year, will rise to \$400 in 1985. Beneficiaries are also expected to pay a larger amount of coinsurance costs. Premiums covering supplementary medical insurance will rise from \$14.60 a month in 1984 to \$15.50 a month in 1985.

#### DR. LESTER ASSUMES COMMAND

R. Anton Lester, III, D.O., currently a general practitioner in Tyler, has been named commander of the Army's 409th Medical Reserves Company. Executive officer Captain William Halbrook made the announcement.

Dr. Lester received his D.O. degree from Kirksville College of Osteopathic Medicine in 1977 and interned at Dallas Osteopathic Hospital from 1977-78. He has been an active member in both TOMA and TOMA District III since that time.

#### SIGNS OF THE 'GOOD' LIFE

Preliminary results of a fitness study conducted by the U.S. Office of Disease Prevention and Health Promotion find that the nation's children are fatter, flabbier and have less cardiovascular strength than did children 10 years ago.

The preliminary findings also indicate that most children do not participate in daily physical education classes, most do not receive the minimum of physical education to maintain adequate cardiovascular fitness and are getting fatter.

#### CODES & FEES FOR CLINICAL DIAGNOSTIC LABORATORY TESTS AVAILABLE

The Deficit Reduction Act of 1984, Section 2303, requires that under Part B of Medicare, for services rendered on or after July 1, 1984, clinical diagnostic laboratory tests performed in a physician's office, by an independent laboratory, or by a hospital laboratory for its outpatients are reimbursed on the basis of fee schedules.

If you would like a copy of Physician Newsletter 185 (Medicare) which deals with clinical laboratory services with an attached clinical laboratory fee schedule for your reference, call or write the State Headquarters.

#### DO IS CO-EDITOR OF TEXTBOOK

Harbans Lal, Ph.D., chairman of the pharmacology department at Texas College of Osteopathic Medicine, is co-editor of a major new textbook, Central Cholinergic Mechanisms and Adaptive Dysfunctions published by Plenum Press of New York and London.

January 1985

### ATOMA NEWS

By Alleen Bailes
Public Relations
District II

On December 5 Peggy Fisher was the hostess for the Fort Worth Osteopathic Medical Center Guild's covered dish luncheon in her lovely home. Entertaining was singer Jean Dudaly who formerly was one of the entertainers for Charlie's Place. She gave a very nice program.

\*\*\*\*

Miss Doreen Schussler, daughter of the Irwin Schusslers, celebrated her Bar Mitzvah on December 8, 1984. The ceremony was followed by a dinner dance.

\* \* \* \* \*

Don't forget that January 15, 1985, the president of TOMA and the president of ATOMA will be present at the District II meeting for their annual visit. This meeting will be held at Bill Martin's Restaurant on University Drive and will begin at 6:30 p.m.

\* \* \* \* \*

The Bob Beyers plan to attend the Bluebonnet Bowl and cheer for the TCU Horned Frogs.

\* \* \* \* \*

Since the custom is to begin a New Year with some Resolutions or thoughts of what we can do to make this a better world, I submit a quote from Lutheran pastor Austin: "A promising world is built on small acts of kindness and compassion. Every day we have the chance to make someone's life brighter with a helping hand, an encouraging word or a smile. We can be a source of strength to those around us. In the long run these small acts of love may be of more significance than any earth-shaking deed." May I wish each of you a very Happy New Year.

### Campus Policeman Recognized

Ed Bodiford, a sergeant with the Texas College of Osteopathic Medicine police department since 1980, was named the Outstanding Campus Policeman by the Texas-New Mexico Association of College and University Police Departments at the association's meeting in Arlington December 5.

According to TCOM Police Chief Don Beeson, this is the 11th time the association has given the award and the first time it has gone to a police officer at a small college. TCOM is the smallest college in the association.

Sgt. Bodiford is credited with saving the life of a woman who was drowning in the Trinity River last spring. A state-certified paramedic, he pulled the unconscious victim to shore, began respiratory support and administered a saline solution intravenously before transferring her to a local hospital.

Sgt. Bodiford, a 1973 graduate of the North Central Texas Regional Police Academy in Arling-

### District Communiques

By H. George Grainger, D.O. District III

Tyler's Scott Connor, D.O., a long with wife, Judy, had a baby their first. Meredith Elise is their cognomen. Birth weight — 7 5/16 pounds. Scott reports the three-some had their first night's sleep November 15.

By Bill Way, D.O.

District V

The fall dinner meeting of TOMA District V met October 18 1984. Guest lawyers discussed malpractice and how it effects the practice of medicine.

Plans were finalized for the new patient referral system for District V members.

District V members voted unanimously to support the Texa Osteopathic Political Action Committee (TOPAC) and the Osteopathic Political Action Committee (OPAC).

The executive committee me in December. The winter dinner meeting is planned for Thursday. January 17, 1985.



ton, was chief of the Granbury Police Department for four years before coming to TCOM. He now lives in Benbrook and is still president of the volunteer fire department in Granbury.

## TCOM Board Names Dr. Richards Interim Executive Vice President

The Texas College of Osteopathic Medicine Board of Regents accepted the resignation of Ralph L. Willard, D.O., at its meeting November 16. Dr. Willard will continue as president until June 1, 1985 and then will return to full-time teaching and research as a member of the faculty of the department of surgery.

The board named David M. Richards, D.O., as interim executive vice president to assist during the transition period.

Dr. Richards was named vice president and dean for academic affairs at TCOM in August 1983 after serving as dean for academic affairs since July 1981. He came to TCOM in August 1981 as associate dean for academic affairs from the Ohio University College of Osteopathic Medicine, where he was founding chairman of the department of family medicine and associate dean for academic and clinical affairs. Dr. Richards. a fellow of the American College of General Practitioners in Osteopathic Medicine and Surgery, was in private practice in Ohio from 1961 to 1976. In 1977, he was named General Practitioner of the Year by the Ohio State Society of the ACGPOMS and was honored as outstanding physician and educator by the Ohio State Senate.

#### Dr. Love Honored

Tommy L. Love, D.O., currently stationed in the military in Korea, has recently been selected for inclusion in the 1984 Esquire Register of Outstanding Americans Under Age 40.

The 1984 Register is the first of an annual *Esquire* series honoring the best of a generation.

Dr. Love is a 1977 graduate of Texas College of Osteopathic Medicine and has been a member of the Texas Osteopathic Medical Association since 1977.

Our congratulations to Dr. Love for this secular honor.

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1400 West Southwest Loop 323

January 1985

### In 1900 . . .

By Ellen O'Toole

A recent acquisition of the April, 1900 edition of the Journal of Osteopathy revealed many interesting aspects of Osteopathy at the turn of the century. This particular journal was published by the American School of Osteopathy, Kirksville, Missouri. "Dr. A. T. Still's Department" was the main feature of the magazine complete with his portrait in a three piece with watch chain present. Other features were an article on fever, one on rheumatism and a paper read before the senior class entitled, "Osteopathic Broad-Minded".

Following are excerpts from "Osteopathic Briefs", written by senior class member, J. F. Spaunhurst.

oNature's remedy — Osteopathy.

O"The king is the man who can."

OThe sixth sense is common sense.

OEverything in the universe is at man's disposal.

OAs time advances and science progresses, the merits of Osteopathy become more and more evident.

#### SKI and CME February 10-16, 1985



Keystone, Colorado 42 + 1-A CME

Updates for Family Practice:

- Sexuality, fertility
- Female athletic problems
- Emergency techniques
- Disability
- Diabetes
- Body building

Contact: CSOM 215 Saint Paul St. #290 Denver, CO 80206 (303) 322-1752 oSuch Osteopathic treatments as are necessary to meet the requirements of the case are never such as to cause the patient serious pain or discomfort.

oThe "regulars" may as well give up the struggle to "down" the Osteopaths; for whatever may be said about them to the contrary, to use the language of the punster; it is quite evident they are bone(y) fide physicians.

oIt is not what a thing is called but what it is and does that determines its value; not the word Osteopathy will cure but the means applied to aid nature—she does the rest.

o"On the great clock of time there is but one word"Now"—Osteopathic treatment applied Now will prevent much misery, years of suffering, and at times an
early grave.

oWhat a melancholy mind needs is cheerfulness; weak and broken-down constitution, a thorough course of Osteopathic treatment.

OIn Osteopathy a long step forward has been taken toward reducing the sum of human suffering and it is fitting that new and better methods of relief should be offered at this time when disease and death stalks stalwartly through our land in spite of the experience and skill of medical men.

Advertisements were a delightful treat. The A. T Still Infirmary in Kirksville, Missouri stated that fees for treatment were \$25 per month. A \$1 or \$2 charge was added for those unable to come to the Infirmary for treatment. A representative would meet all trains day or night, to help patients who might need assistance.

Professional cards were represented from many part of the USA, although Texas was represented with only one ad. It was for T. L. Ray, D.O. of Fort Worth. He was located on the third floor of the Board of Trade Building, a structure that no longer graces Fort Worth. The term Osteopathist was found quite often in the advertisements. Some physicians kept their listing simple, while others featured statements such as "Skillful Treatment Under The Most Favorable Surroundings". But most all of these professionals proudly displayed their graduate status of the ASO.

Finally, a copy of *Philosophy of Osteopathy*, by A. T. Still, could be ordered from Miss Blanche Still of Kirksville, Missouri for \$5 postpaid. It was promoted to be an invaluable book to all students and graduates of Osteopathy.

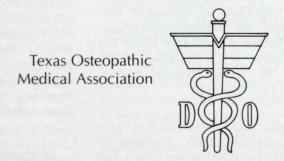
In the 84 years since this publication was released. Osteopathy has grown by leaps and bounds. Tremendous change and great knowledge combined with new attitudes and approaches make the Osteopath of todal completely different that that of his predecessors. Well, almost. The caring aspect has not changed and neither has the quest for perfection of treatment. Thank goodness these things have remained constant.

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### Opportunities Unlimited

#### PHYSICIANS WANTED

ASSOCIATE NEEDED — in a well established clinic in small town, one hour from Austin. D.O. currently there, has excellent practice and additional help in needed. Town is a county seat and is located in a high growth area. If interested in practicing in a small, clean, growing community, please contact: TOMA, Box 104, 226 Bailey Avenue, Fort Worth, 76107.

CHAIRMAN, Department of Manipulative Medicine (formerly Department of Osteopathic Philosophy, Principles and Practice), Texas College of Osteopathic Medicine. Applicant must have a D.O. degree and have been awarded the F.A.A.O. degree or have achieved candidate status. Minimum of 3-5 years of classroom teaching experience in a Department of Osteopathic Philosophy, Principles and Practice. Must have acknowledged leadership and administrative skills, as well as proven commitment to academic excellence. Interested individuals should submit curriculum vitae and three references to: Clyde A. Gallehugh, D.O., Chairman, Search Committee, T.C.O.M., Camp Bowie at Montgomery, Fort Worth, Texas 76107-2690. Deadline for applications: January 15, 1985. Texas College of Osteopathic Medicine is a state-supported medical school under the Board of Regents of North Texas State University and is dedicated to academic and research excellence. Applications will be held in confidence.

CORPUS CHRISTI Osteopathic Hospital is looking for an aggressive osteopathic physician interested in practicing general medicine in Corpus Christi, the "Texas Riviera." Corpus Christi has a population of approximately 250,000 with an SMSA of 350,000 with over 200 days of sunshine, beautiful beaches and bays and the Gulf of Mexico in our back yard. Corpus Christi offers great financial and recreational opportunities. Corpus Christi

Osteopathic Hospital is a 140-bed general, short term acute care hospital providing medical/surgical, ICU/CCU, alcohol rehabilitation and obstetrical services. Along with basic radiological facilities, Corpus Christi Osteopathic Hospital provides DSA and will soon have CT scanning capabilities. Following are some of the incentives that CCOH would consider offering to general practitioners considering relocation to Corpus Christi or surounding communties: Guaranteed income: relocation expenses; reimbursed travel expenses for visits to Corpus Christi if relocation to Corpus Christi occurs; life insurance; rent free office space for six months; option to earn additional income by covering outpatient clinic (paid by the hour); subsidize salary for joining existing practice; assistance in setting up office and billing service; office equipment loans. Contact: Mr. Robert Tamez, administrator, at 512-886-2430.

DALLAS — Physician retiring from practice after 35 years. Averages 50 patients a day. 1,500 active files. 1,800 square-foot office facility can accomodate two physicians. Five examination rooms, lab, reception and waiting room. You can receive a list of the medical equipment by calling the TOMA at 1—800—772-5993. Clinic can be bought or leased. If interested call Mr. Charles L. Perry, 214—742-5191.

DALLAS/FORT WORTH AREA -Ready Care Medical Clinics of Texas is seeking full-time, personable, family physicians to staff several primary care/ minor emergency clinics in the metroplex. Income guarantee vs percentage of gross charges. Clinic medical directorships are available to qualified, caring physicians and the opportunity for partownership. Flexible schedule, malpractice paid, independent contractor status, an excellent future for growth and success. Contact Dr. Steve Anders, medical director, or Mr. Vernon Hester, administrator, 4101 Airport Freeway, Suite 101, Bedford, 76021, or call 817-540-4333.

FAMILY PRACTICE FOR SALE 30,000 population, two hospitals, university town, East Texas, excellent for raising families, fully equipped office established practice, hunting and fishing minutes away. Established D.0 going for specialty training. Contact B. H. Holland, D.O., 409—560-4404

FORT WORTH — Position open for general internist to join busy established group practice. For information write TOMA, Box "103", 226 Bailey Avenue Fort Worth, 76107.

FORT WORTH — All or part of approximately 4,000 square feet of prime office space located at the corner of Montgomery and West 7th Street Offices, eight exam rooms, lab, physical therapy, kitchen, large waiting room conference and storage areas. Call the Corporate Office, Fort Worth Osteo pathic Medical Center, 817—735-3367

GENERAL/FAMILY PRACTICE Town of 2,000 in the farming and rand ing area of the Hill Country of Texas Mason County is a major tourist area Texas with deer and turkey hunting river fishing, camping, bluebonnet trail and historic homes. The ONLY DOCTO IN COUNTY needs associate/partner. N OB/Surgery; 18-bed hospital in town Excellent facility 65 miles away will services up to and including CT scanning Two hours from Austin and San Antonio If you would be interested in settling into a Relaxed Country Living Atmosphere write Jim Pettit, D.O., P. O. Box 1108 Mason, 76856, or call 915-347-5920 (office) or 915-347-6886 (home).

PHYSICIANS NEEDED — Family practice physicians, OB/GYN's ENT's orthopedic surgeons and ophthalmologists are needed for practice situation in Texas. Financial assistance is available For additional information send curriculum vitae to: Corporate Director, Professional Relations, 16633 Ventura Blvd. 13th Floor, Encinco, California, 91436

### Opportunities Unlimited

MEDICAL OFFICE SPACE — for rent in Medical-Dental Complex. Ready for occupancy — near Northeast and HEB Harris Hospitals in Euless, Texas. Approximately 1,500 sq. ft. (bills paid except telephone and cleaning) \$1,100.00 per month. Fixtures and equipment in place may be purchased at reasonable price. Laboratory and pharmacy on premises. Call Bill Wyatt, Metro 817—268-6143 or Metro 817—481-5158.

PHYSICIANS WANTED — General Practitioners, ENTs, orthopedic surgeons and pediatricians needed for private practice situations in West Texas. Excellent financial package and relocation assistance. For immediate consideration, please call collect: Patty Fitzsimmons, Director of Physician Recruitment, Summit Health Ltd., 818—985-8386.

QUANAH — Northwest Texas town of 4,000 population has young busy D.O. who needs partner. In practice two years; OB, pediatrics, geriatrics, surgery. Hospital has 48 beds and fully equipped. Guarantee and extras negotiable. Send resume to TOMA, Box "203", 226 Bailey, Fort Worth, 76107.

SOUTHEAST TEXAS — For sale. Well established family practice in Southeast Texas town of 8,000, one and a half hours from Houston. Financially secure practice; established 31 years ago. Six blocks from excellent community hospital. Latest in automated lab; x-ray with automatic processor; physical therapy, EKG, etc. High quality, honest employees. OB optional. Area provides excellent hunting, water sports, camping. Will introduce. Owner continuing education. If interested write TOMA Box 105, 226 Bailey Avenue, Fort Worth, 76107.

TEXAS ORTHOPEDIC SURGEON -Arlington Medical Center, between Dallas and Fort Worth in the fastest growing area of the Metroplex, wants to add an orthopedic surgeon to its association of individual practitioners (5 GPs, 2 dentists, 1 opthalmologist, 1 general surgeon.) Very young, employed and insured population, only 7% Medicare, that injures themselves on motorcycles and at soccer. Present building is full, but opportunity to sublease until new building is complete. Opportunity to own part of new building or lease custom space. New hospital with young staff three miles away. Call Dean Peyton, D.O., at 817-277-6444.

TEXAS OB/GYN — Arlington Medical center, between Dallas and Fort Worth in the fastest growing area of the Metroplex, wants to add an OB-GYN to its association of individual practitioners (5 GPs, 2 dentists, 1 opthalmologist, 1 general surgeon.) Very young, employed and insured population now growing at a rate that will double this decade. New birthing room three miles away. Present building is full, but opportunities to sublease until new building is complete. Opportunity to own part of new building or lease custom space. Call Dean Peyton, D.O., at 817—277-6444.

YORKTOWN — Town of 2,500 with a large rural area served needs family or general practitioner. The town is located 65 miles southeast of San Antonio, 38 miles northwest of Victoria — 21-bed hospital there. Temporary free office space provided up to one year. Guaranteed income negotiable. One other physician in town. Contact: Yorktown Memorial Hospital at 512—564-2233 or Dr. Gordon Barth, D.O., office 512—564-3383 or home 512—564-2300.

#### **POSITIONS DESIRED**

ANESTHIOLOGIST — with a current Texas license is looking for a practice position in Texas. Please contact Tom Falasca, D.O., 1915 Wm. Penn Way, Lancaster, Pennsylvania, 17601, or call 717—394-2321.

ARMY TRAINED — American Board of Family Practice — seeking associate for July 1985 in north central or east Texas area. Write James Wright, D.O., No. 2 Night Wind Court, Columbus, Georgia, 31909.

CERTIFIED GENERAL SURGEON—with a sub-specialty in vascular surgery, is interested in moving to Texas. Will consider all areas of Texas. Contact: TOMA, Box "202", 226 Bailey Avenue, Fort Worth, 76107.

GENERAL INTERNIST — completing residency June 1985 with additional training in nutrition, geriatrics and rheumatology. Seeking group or solo practice opportunity. Will perform endoscopy and non-invasive cardiology. Contact Karen J. Nichols, D.O., 2605 S. 98th East Ct., Tulsa, Oklahoma, 74129 or call 918—827-3058.

INTERNIST — active in hospital ICU practice is considering a change. Will consider all areas of Texas, Oklahoma, Arkansas and Colorado. Please mail inquiries to: Robert Sedar, D.O., P.A., 2828 S.W. 27th, Amarillo, Texas, 79109.

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### Opportunities Unlimited

MOBILE RELIEF PHYSICIAN—Have Motor Home/Will Travel. General practice physician is semi-retired. Wife is qualified nurse. Can have both or just physician. Current state license and malpractice insurance in effect. No legal action past or present against. For more information contact: TOMA Box "201", 226 Bailey Avenue, Fort Worth, 76107.

OB/GYN — Board eligible. Texas licensed. Individual or group practice. CV upon request. For more information contact: TOMA, Box "200", 226 Bailey, Fort Worth, 76107.

PATHOLOGIST — Board certified osteopathic pathologist seeking a position as chief or associate. Solo or group practice desired. Experienced, well trained in clinical, anatomic pathology and laboratory management including knowledge of TEFRA & DRG's. Please reply to C.I. Gordon, D.O., 1233 Crane Drive, Cherry Hill, New Jersey, 08003.

PEDIATRICIAN — Board certified with varied experience. Texas license. Quite flexible. G.L. Dickman, D.O. Call 405—734-8287 or write 12701 Steve Drive, Moore, Oklahoma, 73165.

PHYSICIAN ASSISTANT — 1980 graduate of U.T. School of Allied Health Sciences' Physician Assistant Program — Board Certified — seeks position in Dallas area. Interested in surgery, internal medicine and family practice. Contact: John G. Henevadl, 1111 N. O'Connor Road, Suite 121, Irving, 75061, 214—254-6523.

#### OFFICE SPACE AVAILABLE

BEDFORD — Deluxe office space in new two story building, busy intersection in affluent, rapidly growing Bedford. Excellent location for a physician. Call 817—498-3883.

GARLAND — Office space available. General practitioner and pediatrician especially welcomed; however, any specialty would be received with open arms. Area is in great need of physicians and physician would benefit greatly by relocating there. Help is available in setting up. 1-2,000 sq. ft. available; however, office space can be expanded to fit your needs. Contact Dr. Stendig, 214—494-2020.

FORT WORTH — Office space for sale or lease. All or part of 10,000 sq. ft. Share waiting room with pharmacy. Lab, x-ray, physiotherapy plus plenty of room to sub-lease. Includes dental suite. Would make excellent minor emergency clinic. Contact J. G. Dowling, D.O., 817—866-3308.

HEB AREA — Brown Trail Professional Building located in recognized medical area. Immediate occupancy for 744 sq. ft. — 1240 sq. ft. Excellent location, parking and building amenities. Call 214—869-1880 or Dr. Jennings — metro 268-3955.

#### MISCELLANEOUS

FOR SALE — McManis Tal good condition: \$750. If interes call Dr. Jennings, 817—268-3955.

FOR RENT — Ready for a winholiday? Try Red River, New Mexico; TAOS, Red River and Angel Fire. The bedroom townhouse; 2 1/2 baths. Slee (8) on beds. For information contasts. R. Briney, 14 Lake View Contagled, 76008. Phone: 817—441-93

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RENT — BUY — LEASE: New an used medical equipment. Call or write La-Der, P. O. Box 9620, Suite 118, For Worth, 76107; 817—294-6092.



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