

# TEXAS D.O.



The Journal of the Texas Osteopathic Medical Association

Volume LVII, No. 3

March 2000

## *Organ/Tissue Donation*

While physician skill  
and medical technology  
have made more  
transplants possible,  
a critical shortage of  
available organs and tissues  
still exists nationwide.

pages 6 - 12

*plus*

TOMA's 101st  
Annual Convention  
& Scientific Seminar  
June 15 - 18  
Corpus Christi  
details—page 25



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# CALENDAR OF EVENTS

## APRIL

7 - 8

### **"Texas Osteopathic Medical Association House of Delegates Meeting"**

Location: DoubleTree Hotel North  
6505 IH-35 North, Austin, Texas  
Contact: Paula Yeaman, 512-708-8662 or 800-444-8662

15 - 16

### **"14th Annual Spring Update for Family Physicians"**

*Sponsored by the University of North Texas Health Science Center at Fort Worth*

Location: Dallas Southwest Medical Center  
Dallas, Texas  
CME: 12 hours category 1-A credits  
Contact: UNTHSC Office of Continuing Medical Education  
817-735-2539 or 800-987-2CME  
Web site: <http://CME.cjb.net>

## MAY

3 - 6

### **"92nd Annual Clinical Assembly & Scientific Seminar"**

*Sponsored by the Pennsylvania Osteopathic Medical Association*

Location: Adam's Mark Hotel, Philadelphia, PA  
CME: Over 40 hours category 1-A credits anticipated  
Contact: Mario Lanni, POMA Executive Director  
1330 Eisenhower Blvd., Harrisburg, PA 17111  
717-939-9318; in PA 800-544-7662  
FAX: 717-939-7225, E-mail: [poma@poma.org](mailto:poma@poma.org)

4 - 7

### **"103rd Annual Convention"**

*Sponsored by the Indiana Osteopathic Association*

Location: Sheraton Hotel/Westin Suites, Indianapolis, IN  
CME: 30 hours category 1-A credit anticipated  
Contact: IOA, 800-942-0501 or 317-926-3009

JUNE 8 - 11

### **"OMT With a View: Pain Management by the Sea"**

*Sponsored by the Osteopathic Physicians and Surgeons of California*

Location: Marriott Laguna Cliffs Resort, Dana Point, CA  
CME: 20 hours category 1-A credits  
Contact: 916-561-0224, FAX: 916-561-0728

JUNE 15 - 18

### **"TOMA's 101st Annual Convention & Scientific Seminar - The Century of Tomorrow Touching Our Communities Today"**

*Sponsored by the Texas Osteopathic Medical Association*

Location: Bayfront Plaza Convention Center and Bayfront Omni Hotel, Corpus Christi, Texas  
Contact: Sherry Dalton, TOMA Conventions Coordinator  
800-444-8662 or 512-708-8662  
FAX: 512-708-1415  
E-mail: [sherry@txosteo.org](mailto:sherry@txosteo.org)

JUNE 28 - JULY 2

### **"20th Annual Primary Care Update"**

*Sponsored by the University of North Texas Health Science Center at Fort Worth*

Location: Radisson Resort, South Padre Island, TX  
CME: 24 hours category 1-A credits  
Contact: UNTHSC Office of Continuing Medical Education  
817-735-2539 or 800-987-2CME  
<http://CME.cjb.net>

JULY 27 - 30

### **"TxACFP Annual Clinical Seminar"**

*Sponsored by the Texas Society of the American College of Osteopathic Family Physicians*

Location: Arlington Hilton Hotel, Arlington, Texas  
Contact: Janet Dunkle, TxACFP Executive Director  
888-892-2637

AUGUST 11 - 13

### **"25th Annual Convention"**

*Sponsored by the Pennsylvania Osteopathic Family Physicians Society*

Location: Hotel Hershey, Hershey, PA  
CME: 16 hours category 1-A credits  
Contact: Mario Lanni, POFPS Executive Director  
1330 Eisenhower Blvd., Harrisburg, PA 17111  
717-939-9318; in PA 800-544-7662  
FAX 717-939-7255; E-mail [poma@poma.org](mailto:poma@poma.org)

SEPTEMBER 22 - 24

### **"The Successful Osteopathic Practice: Wine Country Revelations"**

*Sponsored by the Osteopathic Physicians and Surgeons of California*

Location: Embassy Suites, Napa Valley, CA  
CME: 20 hours category 1-A credits  
Contact: 916-561-0224; FAX 916-561-0728



**ON THE WEB** is a monthly feature of the *Texas D.O.* announcing headlines and trailers of timely osteopathic news articles, pertinent information on healthcare and education, legislative updates and much more; all of which can be found on our website <www.txosteo.org>.

## In Brief

## Health Notes

## Washington Update

## TRICARE News and Other Military Issues

## Texas Stars A Listing.

People who have made pledges or have contributed to TOMA's Building Fund Campaign are known to TOMA as "Texas Stars" due to their commitment to the osteopathic profession.

## Thank You A Listing.

Thank you to "Texas Stars" who have contributed above the \$1,000 donation level to TOMA's Building Fund Campaign.

## For Your Information A Listing.

Phone numbers of Federal agencies, osteopathic agencies and state agencies useful to the osteopathic healthcare community.

## Your TOMA Staff and the Services They Provide

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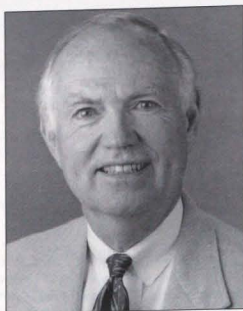
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# Help Us Help Ther

By Phil Berry, M.D.

It seems like forever ago. They told me I had about 3 weeks to live. My were sunken deep into their sockets, my feet were about 2-3 times normal and my abdomen was distended to about '8 months' size. My skin was a color of ashen gray and pale yellow, the color of death. I was dying.

Three years before, while operating on a patient in a trauma environment, I nicked myself through my surgical gloves and contracted Hepatitis B unknowingly gave it to my wife. She got well, but I didn't; and over the course of the next few years, I found myself in the condition described above. I had developed cirrhosis and now liver failure and I was dying, without a chance of survival without a liver transplant.

I called Pittsburgh, the 'liver capital' of the world, and talked to Dr. Tom Starzl who knew more about liver failure and transplantation than anyone else. He told me he had helped develop a liver program at Baylor in Dallas, and he had trained a young Swedish surgeon, Goran Klintmalm, M.D., who could do my surgery. Allowing me to stay in my home town. We made our way to Baylor and Dr. Klintmalm confirmed what we all knew - I would need a transplant for survival. Using typical solutions as orthopaedists do, I said to him, "Well, let's just fix it." How naive, and how little I knew! I began to understand the enormity of the situation when he told me I would now have to go on 'the list.'

There are now more than 67,000 people on the waiting list, over 8,000 lives. A new name is added to the list every 16 minutes. The sad thing is that 4,500 will die this year, not because we don't know what to do, or how to do it, but because we don't have enough organs. Before you go to sleep tonight, an estimated 12 people will have died, needlessly, because no one gave them a chance worth the gift of life. Over 140 million people worldwide now have Hepatitis C, the fastest growing reason to have a liver transplant, and there are over 4 million in the United States. In the next 10 years, the need for liver transplant will go up over 585

I waited, and waited, and got so weak I could not even turn over in bed by myself. A 30-year-old housewife from Brazoria, Texas, collapsed with a bleeding aneurysm, and she had made a very important commitment to her family and her family prior to her death. She had shared with them her desire to have someone else in the event she could ever do so, and she gave me her liver. I am forever grateful...

Three years ago, as I served as president of the Texas Medical Association, we developed an organ donor awareness program called *Live and Then Give*. The program was designed for the physician members of TMA, their spouses, and their patients and we asked them to be leaders, to commit to being organ donors, and to show others the way. Thousands signed donor cards and the program reached several state and national awards. The American Medical Association has adopted the program and it has become a national effort. Several of the states are spreading the word, and we hope we can begin to make a difference for those on the waiting list.

Would you, the osteopathic physicians in our state, join us in our continuing effort to increase organ donation in Texas? I would like to encourage you to do just that. We can supply you with the necessary information to produce materials specific for your membership along with a 'how to do it' manual just like the one we used so successfully with our spouses (TMA Alliance). We can provide you with enough encouragement to make the program as successful as it was for us.

Don't you think all the patients on that waiting list should have the chance I received? Won't you please help us help them?

*"Were it not for the love  
of a young housewife,  
I would never have had  
the opportunity for  
my second chance."*

*Imagine what I  
would have missed:*

*My 33rd anniversary  
with my wife, Karen,*

*Walking all three of my  
daughters down the aisle  
in marriage,*

*Finally, getting the sons I've  
always wanted after having  
three terrific daughters,*

*Holding my three beautiful  
grandchildren close to me,*

*Seeing sunrises and sunsets each  
and every day,*

*and...*

*having no more bad days, ever!"*

# Transplant Milestones in the United States and Canada

Researchers began experimenting with organ transplantation on animals and humans in the 18th century. Over the years, scientists experienced many failures, but by the mid-20th century, successful organ transplants had been performed. Transplants of kidney, heart, pancreas, lungs, and heart-lungs are now considered an accepted part of medical treatment.

In the last 20 years, important medical breakthroughs such as tissue typing and immunosuppressant drugs have allowed for a larger number of organ transplants and a higher survival rate for transplant recipients. The most notable development in this area was Jean Borel's discovery of an immunosuppressant drug called cyclosporine in the 1970s. This drug was approved for commercial use in November 1983.

Unfortunately, the need for organ transplants continues to exceed the supply of organs. As medical technology improves and more donors become available, thousands of people each year will live longer and better lives because of organ transplantation.

## Milestones

### First successful kidney transplant\*

Dr. Joseph E. Murray

Brigham & Women's Hospital, Boston, Massachusetts

### First successful pancreas transplant

Drs. William Kelly and Richard Lillehei

University of Minnesota, Minneapolis, Minnesota

### First successful liver transplant\*

Dr. Thomas Starzl

University of Colorado Health Sciences, Center, Denver, Colorado

### First successful heart transplant

Dr. Norman Shumway

Stanford University Hospital, Stanford, California

### First successful heart-lung transplant

Dr. Bruce Reitz

Stanford University Hospital, Stanford, California

### First successful single lung transplant

Dr. Joel Cooper

Toronto Lung Transplant Group, Toronto General Hospital, Canada

### First success double lung transplant\*

Dr. Joel Cooper

Toronto Lung Transplant Group, Toronto General Hospital, Canada

### First successful living-related liver transplant

Dr. Christoph Broelsch

University of Chicago Medical Center, Chicago, Illinois

### First successful living-related lung transplant

Dr. Vaughn A. Starnes

Stanford University Medical Center, Stanford, California

\*transplant was the first of its kind in the world

\*United Network for Organ Sharing

## Donor Cards Available from TOMA

*Live & Then Give*, an organ donor awareness campaign, was begun in 1997 as a joint project of the Texas Medical Association, Texas Medical Foundation, TMA Alliance, and the Texas Transplantation Society. The impetus for the program was Dr. Phil Berry, then president of TMA. Dr. Berry received a life-saving liver transplant in 1986, and has since become a nationally-known proponent of organ donation.

Since its inception, *Live & Then Give* has focused on encouraging both the physician audience and the general public to sign a donor card and talk to their family about their wishes to be a donor. TMA produced a 10-minute video featuring Dr. Berry that was distributed to county medical societies, and a manual outlining how to conduct a *Live & Then Give* campaign at the local level was also created. Public service announcements have been aired on radio and TV, and TMA continues to receive calls from the public and from physician offices requesting materials and information.

During the past two years, more than three million donor cards have been printed, and cards are now available free of charge for distribution in physician offices and other public places. The cards are available in both English and Spanish, and may be obtained by calling Mary Waggoner at 512-708-8662 or 800-444-8662; or by e-mail at <MaryW@txosteo.org>.



# Do You Have What it Takes to be an Organ Donor?

*"Even if you have signed a donor card or have a driver's license indicating your wish to donate, your family's consent is still necessary..."*

It's such a simple question, yet such a personal decision that most people never do the one thing that ensures their wishes about donation will be honored. The most important step in becoming a donor is making sure your family members know that's what you want. This is the most important step because the donation system in this country is based on altruistic motives and on public trust.

So, at the time of your death, if you are medically suitable to be a donor, your family will be approached and asked for its consent. If you have told your family this is what you want, family members will be able to peacefully consent to donation, knowing they are carrying out your wish. If, however, you've never talked with your family members about donation, they may believe this decision is too difficult to make in the midst of such a difficult situation. Even if you have signed a donor card or have a driver's license indicating your wish to donate, your family's consent is necessary because of the desire to keep public support of the donation system. Can you imagine, for example, how a family might react if their loved one's organs are recovered for transplant without their consent?

Although you may be concerned that your family members do not support donation and, therefore, would not consent to the donation of your organs, experience shows that family members carry out the wishes of their deceased loved ones in most cases, even if those wishes are contrary to their own.

A simple conversation with your family could save someone's life. Dallas' Jennifer Cox underwent a kidney transplant at Methodist Hospital and has since met Beverly Jones, the wife of her donor. They often speak publicly about how donation has impacted their lives. Beverly recalls that after her husband of 29

years died, she donated his organs, because he remembered him telling her that was his wish, back when they were dating.

Every day people get transplants. Dallas' Holland is alive today because someone like decided to donate, and shared that decision with family members. Ms. Holland had a heart transplant at Medical City Dallas Hospital and is back to her active life, raising two children, volunteering at her church, and much more. She plays her church's flag football team that beat a team of media personalities at softball!

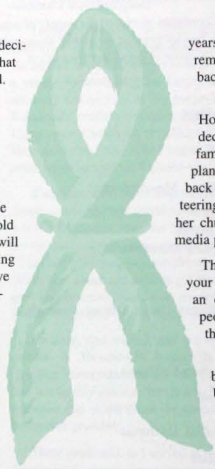
These are just a few reasons to think about telling your family you want to be a donor. And if you want an organ transplant, you'd hope a lot of people had shared this important information with their family members.

If you need a transplant, some of the world's best transplant hospitals are in Dallas. Baylor University Medical Center, Children's Medical Center, Medical City Dallas, Methodist Hospital of Dallas, Parkland Health System, and St. Paul Medical Center all have outstanding transplant survival rates. And Southwest Transplant Alliance, Dallas' organ donation agency,

consistently ranks among the nation's best in organ procurement. But that medical expertise helps only if families take time to talk about their wishes regarding donation.

If you have the heart to be an organ donor, make sure your family knows you're a lifesaver. If you haven't told your family you want to be an organ donor...you won't be.

For more information call Southwest Transplant Alliance at 214-522-0255 or visit its Web site at [www.organ.org](http://www.organ.org).





## Waiting for an Organ - National Figures -

As of January 30, 2000, the United Network for Organ Sharing (UNOS) national Patient Waiting List for organ transplant included the following:

kidney transplant	44,117
liver transplant	14,554
pancreas transplant	829
pancreas islet cell transplant	182
heart-pancreas transplant	2,148
heart transplant	124
lung transplant	4,076
heart-lung transplant	221
cornea transplant	3,600

**\*67,491**

Overall value is less than the sum of the organs. This is due to the fact that patients list for multiple organs. These patients are counted under each organ they are waiting for, but only once in the overall. This is updated weekly.

## Texas and Oklahoma Figures

UNOS has divided the U.S. into 11 geographic regions for allocation purposes. Texas and Oklahoma make up Region 4. As of December 31, 1999, the number of Texas/Oklahoma patient registrations on the national transplant waiting list is as follows:

kidney transplant	3,006
liver transplant	803
pancreas transplant	40
heart-pancreas transplant	98
heart transplant	3
lung transplant	404
heart-lung transplant	7
cornea transplant	175

**4,536**

List is updated monthly.

## Number of Transplants Performed in 1998\*

pancreas	973
liver	(4,153 were living donors)
kidney	248
heart	4,487
lung	47
heart-lung	2,345
cornea	862
total	69

**21,197**

UNOS Scientific Registry data as of September 14, 1999. Double and triple lung and heart-lung transplants are counted as one transplant. Subject to change due to future data submission or correction.

# FACTS

## ABOUT

# TRANSPLANTATION

## IN THE

# UNITED STATES

# A New Chance at Life

## Provided by the Gift of Organ, Tissue Donors

By Emily Palmer  
Communications Division  
Texas Department of Health

*One patient suffers from end-stage renal disease, undergoing dialysis, life on hold. Another struggles to survive daily with a severely damaged heart. A child faces early death from leukemia. Each of these people waits, often with diminishing hope, for a potentially life-saving transplant; kidney, heart, bone marrow. Up to 25 different organs and tissues can be donated, some allowing for multiple transplants.*

*The heart, kidney, pancreas, lungs, liver and intestines can provide new life for the ill.*

*Donation of tissue can include cornea, skin, heart valves, connective tissue, bone and bone marrow.*

### A Growing Need

The first corneal transplant took place in 1905; the first successful kidney transplant nearly half a century ago; and the first heart transplant in 1967. Yet while physician skill and medical technology increasingly have made more transplants possible, a continuing shortage of available organs and tissues exists despite efforts to increase donation. The numbers themselves tell the story. According to the United Network for Organ Sharing (UNOS), which maintains the U.S. organ transplant waiting list, more than 66,000 people currently are registered. In 1998, a total of 21,197 lifesaving transplants were performed - 5,799 from cadaveric donors and 4,274 from living donors. However, another 4,855 people died while waiting for a transplant. Every 16 minutes, a new name is added to the UNOS waiting list; and every 24 hours, 13 people die because suitable organs are not available." We need to continue to communicate the importance of organ donation," said Dr. William R. Archer III, Texas Commissioner of Health. "We need to educate ourselves and our patients universally about all aspects of organ and tissue donation and transplantation. How much better to talk about the issues during calm situations rather than in a time of crisis. We at the Texas Department of Health want to help facilitate discussion in communities".

### Becoming an Organ Donor

Any person potentially can be an organ donor. The medical condition of a donor at time of death determines the organs and tissues that can be given. Once a person decides to become a donor, he or she should share that choice with family members. A person 18 or older may sign a Uniform Donor Card. For people under 18, a parent or guardian must consent. A family member should witness the decision on the donor card.

### Legislative Action

The 76th Texas Legislature in 1999 worked on several transplant-related issues. Two bills became laws. Senate Bill 673 by Senator Mike Moncrief created an Anatomical Gift Education Program to be funded by a \$1 voluntary check-off fee on Texas driver's license renewals. These

funds will be used to educate residents about laws governing anatomical gift procedures for becoming an organ, eye, tissue donor or recipient; and benefiting such gifts. The Texas Department of Public Safety will collect funds, and Texas Department of Health will develop educational programs, with broad-based input from interested groups. Senate Bill 862 by Senator Mario Gallegos created a 13-member Task Force to examine current organ allocation policy in Texas, to develop and implement an optimal policy for the state. This Task Force includes leaders of Texas' three organ procurement organizations, six physicians (transplant surgeons), three patient representatives, and one non-voting member representing UNOS.

The group is examining federal guidelines established by UNOS and is looking at such issues as types of organs recovered, patient survival rates, retransplantation rates, transportation issues, medical urgency; the efficiency of each organ procurement region; waiting times at transplant centers, standardized listing criteria for transplant candidates and the need to encourage organ sharing within each region of the state. This bill also calls for a "Texas-first" policy, intending for organs donated in Texas to stay in the state, except for organs that fall under certain priority sharing arrangements." I am quite excited about the challenge our Task Force has been presented to implement a model allocation policy for organs for the State of Texas," said Dr. Phil Berry, Chair of the Senate Bill 862 Task Force. "We are working diligently to make recommendations this summer that will refine the current system. Our Task Force understands that the charge before us is to completely consider all factors that will produce an allocation system fair to all our citizens, one that will equalize waiting times, and to give patients the information they need to make good decisions concerning their surgical needs. We also will make recommendations that we hope will increase the consent rate for organ donation in our state."

### Approaching a Discussion on Organ Donation

Talking with patients and family members about organ donation may

em difficult, especially under stressful  
ations. There are some steps physi-  
ins can take to improve the experience  
families contemplating decisions about  
nation.

Speak with patients about the critical  
shortages in organ donation and ask  
them to discuss organ donation with  
family.

Tell patients that one person can help  
more than 50 others, improving or even  
saving the lives of those suffering from  
organ failure, bone defects, burns or  
blindness.

Explain that people of all ages, races  
and economic backgrounds are waiting  
for organ transplants.

Make organ donation brochures avail-  
able in your office. If requested, provide  
patients with additional information or  
resources. Designate a staff member to  
be the source for information.

Know your patient and be sensitive to  
his or her health conditions.

Assure patients and family that the  
quality of medical care does not  
change for organ donors. Let them  
know that organ donation is not even  
considered until all possible efforts to  
save a patient's life have failed. And  
assure them that the determination of  
death must be made by doctors who are  
not involved in organ transplantation.

Don't pressure patients to sign a card.  
If they do sign a card, however, remind  
them how important it is to share their  
decision with their family.

Information in this article is provided by the Texas  
Department of Health. Other sources for informa-  
tion include the Texas Medical Association, Texas  
Transplantation Society and the Coalition on  
Organ Donation. For more information, contact Susan  
Horne, MDH Bureau of Kidney Health Care, at 512-  
312-3126; or Emily Palmer, TDH Communications  
Division, at 512-458-7400.)

# Why Should You "Share Your Life"?

By Ronald N. Ehrle, RN, BSN, CPTC

It is hard to believe that it has been 45 years since the first successful kidney trans-  
plant was performed in Boston, Massachusetts. Much has gone on in the world of trans-  
plants since this monumental event. Transplants of kidneys, hearts, livers, lungs, pan-  
creases, intestines, corneas, bone, and skin are now considered an accepted part of med-  
ical treatment. Unfortunately, the need for organ and tissue transplants continues to  
exceed the supply.

The lack of organ and tissue donors is a national health crisis with a simple cure. The  
solution has nothing to do with money or legislation - it has everything to do with peo-  
ple. Today, more than 67,000 people in the United States are waiting for a life-saving  
organ transplant. More than 3,000 live in Texas. Every 16 minutes, another name is  
added to the transplant waiting list. Every 24 hours, eight people die because suitable  
organs are not available. Thousands will die this year due to the lack of donors.  
Transplantation is the only hope for these people suffering from organ failure.

Of the 2.3 million deaths that occur each year in this country, only 10,000 - 15,000  
are eligible to donate organs (kidneys, heart, liver, etc.). Unfortunately, only about half  
of the patients who are eligible to donate organs actually do so. The primary reason more  
people do not donate is that their family says no when asked to donate. Surveys have  
shown that if family members know that their loved ones wanted to be a donor, they  
would follow their wishes. However, many have never thought about or talked about  
donation with their family.

There are many myths surrounding donation that also influence how one feels about  
being a donor. Some of the more common myths and the facts are outlined below.

## Myth

If I am in an accident and the hospital  
knows that I want to be a donor, the  
doctors will not try to save my life.

My religion does not support donation.

My family will be charged for  
donating my organs.

Donation will mutilate my body.

I don't need to tell my family that  
I want to be a donor because I  
carry a donor card.

## Fact

Donation takes place only after all efforts  
to save your life have been exhausted and  
death has been declared. The medical team  
treating you is completely separate from  
the transplant team. The transplant team is  
not notified until your family has consented  
to donation.

All mainstream organized religions  
approve of organ and tissue donation  
and consider it an act of charity.

Donation costs nothing to the donor's  
family or estate.

Donated organs and tissues are removed  
surgically, in an operation similar to  
gallbladder or appendix removal. The  
donation operation does not prevent an  
open casket funeral.

The best way to ensure that your wishes  
are carried out is to tell your family.

*continued on next page*



It is sad to think that someone might have said no to donation because of a myth. In fact, one study showed that approximately 30% of the families who said no to donation would say yes today if given another chance.

The hospital and medical community have also become more aware of their responsibility in working to help alleviate the shortage of organs for transplant. A program called Live & Then Give was created by the Texas Medical Association. It was designed to first encourage Texas physicians to become donors and tell their family. Second, it challenged Texas physicians to talk about and encourage their patients to become organ and tissue donors. National and other state medical associations have adopted this creative program. Take the opportunity to discuss donation with your patients.

The nation as a whole has also realized its responsibility in working to alleviate the shortage of organs for transplant through the National Organ and Tissue Donation Initiative. This program is designed with input from all areas of society with the hope that donation will increase 20% in a two-year period. What this means is an additional 7,500 - 9,000 people and their families will be given a second chance at life.

This initiative further strengthens the relationship between hospitals and the nation's not-for-profit Organ Procurement Organizations (OPOs). First, a hospital is now required to notify the OPO in their area any time a death occurs. This will allow the OPO to evaluate each and every death for the potential to donate. Historically, thousands of potential organ and tissue donors were missed each year

because hospitals did not realize that a patient was a potential donor. Second, the patient is a suitable donor, this initiative requires that only individuals who have received extensive training in loss, grief and end-of-life decisions offer the option of donation to family members. It has been demonstrated that when families are offered the option of donation by individuals who are well informed about the what, where and why of donation, families feel more comfortable and are more inclined to say yes to donation.

Share your life by deciding to become an organ donor - and, don't forget share your wishes with your family.

*Ronald Ehrle is the managing director of the North Texas office of the LifeGift Organ Donation Center, 1701 River Run, Suite 300, Fort Worth, Texas, and can be reached at 817-870-0060.*

## Forest Park Institute

is pleased  
to announce the  
appointment of

James M. Beckley, M.D.  
*President and Medical Director*



Dr. James M. Beckley has been named to the position of President and Medical Director of Forest Park Institute for Pain Recovery, Research and Rehabilitation. Dr. Beckley was formerly in private practice on the campus of Forest Park Institute, where he maintained his practice of orthopedic medicine and surgery for the past two years. Prior to his relocation to Forest Park Institute, he practiced orthopedics for 21 years at the Fort Worth Bone and Joint Clinic.

Dr. Beckley's role as President and Medical Director at Forest Park Institute will include the development of new directional strategies for this unique pain center. His goal is to position the Institute as the provider of choice in the metroplex for the treatment of pain.



**Forest Park Institute**

Pain Recovery • Research • Rehabilitation

[www.forestparkinstitute.com](http://www.forestparkinstitute.com)

*Forest Park Institute is a leading provider of pain management services using mind/body approaches in the treatment of chronic pain.*





# Why Do Families Refuse to Donate Organs?

## A STUDY

Every 40 minutes, in a hospital somewhere in the U.S., a grieving family whose loved one has died unexpectedly from a brain injury faces a decision about organ donation. Half of the time, this family will say no, even though most Americans say they are in favor of organ donation. Massive public education campaigns have been launched to convince more families to consent to donation, but new research reveals that families' experiences in the hospital strongly influences their decision about donation.

A unique study published in 1998 in the "American Journal of Critical Care" revealed major differences in the hospital experiences of families who consent to donation and those who refuse. The Partnership for Organ Donation and the Harvard School of Public Health asked the immediate next of kin of 164 potential organ donors, including 62 who had refused to donate, about their experiences with this decision. The first to reach significant numbers of families who declined donation, this study showed a direct correlation between the families' satisfaction with the care their loved one received and their willingness to consent to donation.

"If we're serious about increasing donation, we have to be serious about responding to the needs of these families. Many families are having unsatisfactory experiences in hospitals when being asked to make a choice about donation," said principal author William DeJong, Ph.D., Harvard School of Public Health, and Billy G. Franz, BSN, The Partnership for Organ Donation. The study revealed major differences in the hospital experiences of donor and non-donor families, including their levels of satisfaction with the overall hospital experience, understanding of brain death and the way the donation request was handled.

For the study, next of kin of both donor and non-donor families were questioned in 30 to 60 minute structured telephone interviews four to six months after the death of their relative. Questions addressed family characteristics, beliefs and attitudes, understanding of brain death, key events during the hospitalization, and contacts with staff from the hospital and the regional organ procurement organization (OPO).

The study revealed that certain modifiable factors in the way the hospital handles donation are associated with family consent: the family's satisfaction with the overall hospital care that their

relative received, specific aspects of the donation-request process, and the family's understanding of brain death. Non-donor respondents more often stated that hospital staff provided inadequate or insensitive care and that the organ donation request had been handled poorly.

Compared to the respondents who had consented to donation, non-donor respondents were significantly less likely to say that the subject of organ donation was brought up at the right time, that they were given enough time to talk about donation and make sure they were making the right decision, or that they were asked in a private setting. While 94 percent of the donor respondents said they would make the same decision today as they did when their relative died, one-third of the non-donors said they would not make the same decision or they were unsure.

"Non-donor families often had problems with the quality of care that was provided and with how the donation request was made. These are things that can be improved by healthcare providers," said DeJong.

The study also found differences between donor and non-donor families in their beliefs and attitudes about organ donation and transplantation, their knowledge of the deceased's wishes about donation, and demographic characteristics of the patient and family. There were donors in all demographic categories, though non-donor respondents were more likely to be members of racial or ethnic minorities, to be born outside the U. S. and to report an annual household income of less than \$35,000.

"Although families with certain demographic characteristics more often deny consent to donation, that finding cannot become an excuse to exclude families from the donation option," said Franz. "Ideally, no matter what a family's characteristics are, healthcare providers should approach the family with the belief that a donation is possible. In our study, even families who declined donation felt it was right to ask them and valued being able to make the decision. The key is treating every family with respect and care."

The Partnership for Organ donation is an independent, non-profit organization dedicated to solving the organ donor shortage through research and in-hospital projects.

Source: News release - The Partnership for Organ Donation

# *Elmer Baum, D.O.*

## Recipient of AOA's Distinguished Service Certificate



*AOA President Dr. Eugene Oliver (R) presents the Distinguished Service Certificate to Dr. Baum.*

***Elmer C. Baum, D.O.***, of Austin, was awarded the American Osteopathic Association's highest honor during the AOA Annual Convention and Scientific Seminar, held in late October, 1999 in San Francisco. The AOA's Distinguished Service Certificate was presented to Dr. Baum in recognition of his outstanding contributions to the osteopathic profession.

Dr. Baum's accomplishments are lengthy and impressive. On the national level, he has served the AOA as a member of the Bureau of Insurance, chairman of the Council on Federal Health Programs, member of the Board of Trustees, vice president, and chairman of the AOA Osteopathic Political Action Committee. Additionally, Dr. Baum has served as a member of the White House Conference on Health, and as chairman of the Bureau of Public Education on Health.

On the state level, Dr. Baum was a member of the Texas State Board of Health for over 18 years. He also served the state as a member of the Regional Advisory Committee for the Regional Programs of Heart, Cancer and Stroke and as a member of the Medical Care Advisory Committee to the State Department of Public Welfare.

An active member of the Texas Osteopathic Medical Association since 1944, he served as TOMA president from 1952-53 and is currently a Life Member. He has combined his medical practice with serving as an active political voice in Austin for almost 50 years. He served as chairman of the state's Democratic Party from 1968-1971 and has osteopathically treated five Texas Governors. In addition, Dr. Baum treated all five Texas Lt. Governors from 1950 until 1994, and all Speakers of the Texas House of Representatives from 1949 to 1973.

Dr. Baum's influence in Austin led to obtaining private scholarships for osteopathic medical students in Texas, and he was instrumental in securing general appropriations for the Texas College of Osteopathic Medicine. These steps culminated with TCOM becoming a Texas state college for funding purposes.

In the 1950's, during Dwight D. Eisenhower's tenure as U.S. president, Dr. Baum's influence spread nationally when he, along with several other individuals including a senator from the State of Missouri, were able to obtain recognition of osteopathic physicians as officers in the draft. His presence and influence was such that he was twice a guest at the White House, per request of President Lyndon B. Johnson.

Dr. Baum has been honored with numerous awards, including the General Practitioner of the Year in 1958 from TOMA; Honorary Membership in the American Osteopathic College of Preventive Medicine in 1970; and the Distinguished Service Award in 1994 from TOMA.

In nominating Dr. Baum for the AOA Distinguished Service Award, TOMA noted the following on the application form: "Dr. Baum exemplifies everything that is good about the health care profession. Devoted to the principles of osteopathic medicine, he has distinguished himself as not only a man of vision, but as a true humanitarian. Dr. Baum has built bridges to allow future generations of osteopathic physicians to practice in Texas and in the nation."

The Texas Osteopathic Medical Association takes pride in congratulating Dr. Baum on receiving this prestigious award.

# Independent Investor

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## Now is the Time to Look at your Financial Plan for 2000

On February 1, a famous furry  
astinator pokes its head out  
hole in the ground to assess  
surroundings. According to  
lore, if the creature sees its  
snow, it will burrow back  
ground for six more weeks.

Clearly, the groundhog is no role  
model for those looking to assess  
financial situations.

For anyone who hasn't done so  
yet, February is an ideal  
time to examine one's finances.  
Creating a plan for the year ahead  
is a crucial step to help you reach  
your financial goals. Here are  
some steps to help you get started.

**Set specific goals.** The  
first step in this plan is to identify  
your financial objectives.  
Whether that means saving for  
a car purchase or setting aside  
funds for retirement, the goal  
should have a specific timeline  
and a savings plan, including  
achievable benchmarks.

You may find that your priorities  
have changed significantly since  
the last time you sat down to  
analyze your finances, resulting  
in changes in you and your  
family's circumstances.

**2. Identify your resources and learn where your money is going.** To do this, you'll need to track what you spend. A good start is to list your monthly fixed expenses and then estimate what you believe to be your other monthly expenses, such as entertainment, meals and clothing. Then, keep a notebook of what you actually do spend. You may be surprised to see a variance in what you think you spend versus what you actually do.

After you've gained a clearer picture of your spending, you should also calculate your net worth — your current assets minus your debt. It's a good idea to update this information yearly.

**3. Set a budget and stick to it.** Keeping your goals and expenses in mind, the next step is to create a budget. If your monthly income is not sufficient to meet your monthly expenses and your savings goals identified in steps one and two, then you will need to identify ways in which to increase your income or reduce your expenses.

This may involve looking for ways to reduce your taxes or consolidating debt into a low-interest loan, such as a home-equity loan. It may also mean altering your spending habits and scaling back on some luxuries to which you have grown accustomed. The ultimate

objective is to free up money to apply toward your financial goals.

**4. Evaluate your progress.** Once your plan is in place, you should monitor your progress on a periodic basis, at least annually. Annual reviews will allow you to determine whether you are ahead or behind in achieving your benchmarks, and then adjust your plan accordingly. It's always possible to reset these goals at a later time.

There are numerous resources you can use in setting up a financial plan. Information is readily available on the Web, and you can consult a financial planning professional for further assistance in setting and achieving your financial objectives. Rest assured that the only advice you won't see recommended anywhere is burrowing under ground for six more weeks of winter.

**FT WORTH**  
**817-335-3214**

**DALLAS**  
**972-445-5533**

**TOLL FREE**  
**800-321-0246**

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# Texas ACOFP Update

## ACOFP Fellow Award

The Fellow Award is in recognition of outstanding contributions through teaching, authorship, research, or professional leadership at the state or national level. Any Fellow in the College can nominate only one qualified ACOFP member for the Award of Fellow each year. The nominees are reviewed and approved by the Awards Committee and by a majority vote of the ACOFP Board of Governors.

Additional requirements are: a minimum of six consecutive years of dues paying membership on ACOFP and attendance at 50% or more of the AOA Scientific Seminars (registered as a family physician), and the ACOFP Annual Conventions over the last six years. You are encouraged to speak with a Fellow about sponsorship and the requirements to become a nominee.

The following physicians are TxAOCP members and Fellows:

Richard Anderson, D.O., Mesquite  
David Armbruster, D.O., Pearland  
Elmer Baum, D.O., Austin  
John Bowling, D.O., Fort Worth  
John Carter, Jr., D.O., Fort Worth  
John Cegelski, Jr., D.O., San Antonio  
Samuel Coleridge, D.O., Fort Worth  
Marion Coy, D.O., Joshua  
Robert Finch, D.O., Dallas  
Gerald Flanagan, D.O., Argyle  
Samuel Ganz, D.O., Corpus Christi  
Richard Hall, D.O., Eden  
Royce Keilers, D.O., La Grange  
Arthur Katz, D.O., Dallas  
Harold Lewis, D.O., Austin  
R. Greg Maul, D.O., Rowlett  
Robert Maul, D.O., Lubbock  
L. N. McAnally, D.O., Granbury  
Jack McCarty, D.O., Lubbock

William Mosheim, D.O., San Antonio  
Robert Peters, Jr., D.O., Round Rock  
Donald Peterson, D.O., Mesquite  
Irvine Prather, D.O., Fort Worth  
Harvey Randolph, Jr., D.O., Port Arthur  
Phillip Saperstein D.O., Fort Worth  
T. Robert Sharp, D.O., Mesquite  
Stephen Urban, Jr., D.O., Fort Worth  
John Walton, D.O., El Paso  
Craig Whiting, D.O., Fort Worth  
Rodney Wiseman, D.O., Tyler  
Andrew Roland Young, D.O., Maypearl  
Capt. Ben Young, D.O., Lubbock  
T. Eugene Zachary, D.O., Fort Worth.

The Award strengthens you both as a physician and as a leader in your profession. Contact the TxAOFP Headquarters at 888-892-2637 for additional information.

## ACOFP Convention in Las Vegas

You should have received registration materials for the ACOFP Annual Convention to be held March 27 - 31, 2000, in Las Vegas. If you are planning to attend this meeting, please consider serving as a Texas Delegate to the Congress of Delegates. We are still in need of delegates and would appreciate your support. Please contact Janet Dunkle at 888-892-2637 for more information.

## OMT Review for Those Taking ABOFP Certification Exam.

The Texas ACOFP and UNTHSC at Fort Worth, Department of CME, is offering a 10 hour OMT Review for those registered to take the ABOFP Certification Exam in Las Vegas. The OMT Review, historically held the evening prior to this exam, has been eliminated and Texas is offering those who need their skills sharpened an opportunity to receive instruction.

The review will be held March 11 - 12, 2000, at the TOMA/TxAOFP headquarters in Austin, Texas. The fee is \$150 and includes breakfast and lunch.

While registering for this review will not guarantee passing the OMT performance evaluation, it will provide those who have not received recent OMT training the skills to effectively diagnose case history and demonstrate the appropriate OMT treatment. For registration information, contact TxAOFP at 888-892-2637.

## TxAOFP Annual Clinical Seminar Held During TCOM Alumni Weekend

The 43rd TxAOFP Annual Clinical Seminar will be held July 27 - 30, 2000 at the Arlington Hilton Hotel. This year the TCOM Alumni Weekend activities will be held in conjunction with this seminar. As family practice encompasses specialties, alumni will have the opportunity to also earn CME while attending the alumni weekend.

This year's seminar will offer 27 hours of Category I-A CME. Areas of topics include Internal Medicine, Pediatrics, OBGYN, and Cardiovascular. Of course, Sunday will be devoted to OMT, beginning with a Medical Ethics Program.

Family Fun Night will be dinner and a baseball game at the Ballpark at Arlington (Texas vs. Detroit) or participation in the TCOM Alumni Golf Tournament. Due to last year's huge success, our President's Dinner will be followed by Casino Night with a few new surprises.

Mark your calendars and plan on attending this quality CME event. Registration forms will be mailed the first of May. For more information, contact TxAOFP at 888-892-2637.

## Dallas Osteopathic Family Practice Meeting

The TxAOFP will hold a meeting for Dallas members on Thursday, March 16, 2000, at 7:00 PM at Dave and Buster's on Central Expressway and Walnut Hill Road.

Members and their spouses are invited to dinner and a lecture on Pediatric Allergies as well as a Power Card for games following the lecture. An OMT demonstration on "OMT in 10 Minutes" will also be offered.

This is a great opportunity to get to know the family practice D.O.s in your community. Invitations will be mailed to members with additional information.

## The AOA Unity Campaign - How You Can Help

The Campaign for Osteopathic Unity became official in July 1998, when the American Osteopathic Association House of Delegates approved six resolutions to correspond with the following goals:



# The Texas Vaccines for Children Program

By Cathryn Gleasman, Physician Recruiter

increase awareness of osteopathic medicine and the AOA as the source of information on osteopathic medicine;

emphasize the distinctiveness of osteopathic physicians; and

help unify the "family" of osteopathic medicine.

Basically, the campaign seeks to emphasize the distinctiveness of osteopathic physicians, and to make D.O. a household word throughout America.

Last year, BSMG Worldwide issued a report on the AOA's image marketing campaign, which was printed in the June 1999 issue of the *Texas D.O.* As you may recall, the public's perception of D.O.s reflected the fact that there is limited knowledge of the profession, even among patients of osteopathic physicians.

The following are suggestions physicians may utilize in order to help promote the campaign:

• Add the tag line "*D.O.s: Physicians treating people, not just symptoms*" to our letters and CME promotions.

• Copy the "Wellness Watch" from the AOA Web site ([www.AOA-net.org](http://www.AOA-net.org)) and mail it to your local health reporters with an invitation to use it as filler.

• Place a Unity story in your newspaper. These are ready-to-use stories located in the Unity section under campaign date on the AOA Web site.)

• Place D.O. definition posters at each site during CME conferences.

• Place a Unity logo and link on your Web site. (Instructions are included in the AOA Unity portion of the AOA Web site.)

• Refer political and health writers your research and testimony on issues you are working on.

• Send a copy of your CME program to your local health writer wherever you are meeting, and invite them to attend to get background information.

• If every D.O. did just one of the above, think about how many people the efforts would reach.

Since its inception in 1994, Texas has participated in the Federal Vaccines for Children (TVFC) Program. Our version is called the Texas Vaccines for Children Program, or TVFC. The Program was initiated by the passage of the Omnibus Budget Reconciliation Act of 1993. This legislation guaranteed that vaccines would be available at no cost to providers, in order to immunize children who meet the eligibility requirements.

Today, there are more than 6000 Texas providers enrolled. However, this is not enough. Texas leads the nation in the number of uninsured and underinsured children. We also have over a million children on Medicaid (Federal Fiscal Year 1998 data). Many of these children are not receiving the full set of immunizations required to protect them from vaccine-preventable disease. Under the TVFC, the following groups of children should be receiving their vaccines for free:

- Uninsured or underinsured children,
- children who are of Native American or Native Alaskan heritage and
- children on Medicaid.

In order to ensure the health and future of the children of Texas, we need your help. If you are not enrolled in the TVFC, please consider enrolling. It is a simple process:

- Fill out Provider Enrollment and Provider Profile forms,
- agree to screen for eligibility and
- agree to maintain records of the screenings.

Vaccine is ordered through regional and local health departments. A TVFC provider may not charge for the vaccine itself, but is permitted to charge a reasonable administration fee.

There are innumerable benefits to being a TVFC provider: to you, to the families in your practice, and to the people of Texas. Some of the most important are related to removing barriers to immunization. For instance, no longer will you have to refer an uninsured child to a public health center for immunization, and hope the parent has the means to get them there and will do so. The TVFC removes the worry of the financial cost of vaccination, thereby removing the reason for the referral. The child is then kept in her 'medical home', which is beneficial to you, the provider, and to the child.

The people of Texas benefit as taxpayers, as vaccinating versus treatment for disease saves an enormous amount of money. For example, for every dollar spent on DTaP, \$23.40 is saved in direct and indirect costs. Also, because the vaccine contracts are negotiated at a federal level, the lowest possible price and a standardized cost are ensured. Of course, we also benefit by maintaining a high level of immunity in our communities. Your practice benefits as well, since vaccine is provided at no cost to providers. As many families who are currently paying for vaccinations will be TVFC eligible, you will receive their vaccine with no out-of-pocket expense on your part.

No one tells Program providers whom they must see, or dictates that they accept Medicaid clients. Providers continue to serve the same populations they have always served. Except now, through enrollment in the TVFC, more children will be receiving their full complement of vaccines. The Program automatically covers all vaccines recommended by the Advisory Committee on Immunization Practices (ACIP) and approved by the Centers for Disease Control and Prevention (CDC).

A fully immunized society is necessary to reach optimum eradication of vaccine-preventable infectious disease. With your help, we can reach those goals, leading to a happier, healthier, Texas. Please feel free to contact Cathy Gleasman, Physician Recruiter, Texas Department of Health, Immunizations Project with any questions or comments or for information on enrolling. We can be reached at 800-252-9152 or 512-458-7284.

## Bob E. Jones Former Executive Director of the Oklahoma Osteopathic Association

Bob E. Jones of Oklahoma City, Oklahoma, passed away on February 3rd. He was 63. Services were held February 8 at New Covenant Christian Church in Oklahoma City.

Mr. Jones received a Bachelor of Arts and a Bachelor of Divinity degree from Phillips University and Graduate Seminary in Enid, Oklahoma. He was ordained in the clergy in 1961 and served as associate minister until 1963 at the First Christian Church in Lawton. Following his ministry, he was selected as executive director of the Oklahoma Osteopathic Association, a position he served for 30 years, retiring in December 1999.

His love for the osteopathic profession and agencies throughout his growth was evidenced through his influence in the establishment of the Oklahoma State University College of Osteopathic Medicine in 1972. Mr. Jones counseled hundreds of students who are now osteopathic physicians serving throughout Oklahoma. He is the author of the books, "The Difference a D.O. Makes," and "Osteopathic Medicines; The Premier Profession."

Mr. Jones served on numerous boards and agencies throughout his career, including board of trustees of the Donna Nigh Foundation for the Developmentally Disabled; governor of the Oklahoma State University Foundation; as advisor to the American Osteopathic Association Council on Federal Health Programs and member of the Association of Osteopathic State Executive Directors. In addition, Mr. Jones was a member of New Covenant Christian Church and an original member of the "OK-4" Barbershop Quartet.

Honors and awards include the AOA's Distinguished Service Certificate; Outstanding and Distinguished Service

Award from the Oklahoma State University College of Osteopathic Medicine; Distinguished Service Award from the American College of Osteopathic Family Physicians; Outstanding and Distinguished Service Award from the Oklahoma Osteopathic Association; Outstanding and Distinguished Service Award from the Arkansas Osteopathic Medical Association; the George Nigh Association Executive of the Year Award; 1999-2000 Millennium Award from the Auxiliary to the AOA; and Award of Appreciation from the USO for public service and entertaining armed forces in military hospitals in the Pacific in '69-70.

Survivors include his wife, Gayle Jones; daughters Jennifer and son-in-law Brian Cain, and Julie and son-in-law Matthew Atyia, all of Edmond; three grandchildren, Allyson and Carter Cain and Justin Atyia; sisters Carol Briggs and husband John of Ripley, Betty Beall of Kingfisher, and Sherry Martin and husband Jay of Moore; and many loving nieces and nephews and thousands of friends.

Contributions can be made to the OEFOM Bob E. Jones Scholarship Fund, 4848 North Lincoln Blvd., Oklahoma City, Oklahoma 73105-3335.

## Gertrude Rose Kuban

Gertrude Rose Kuban of Granbury passed away on January 25, 2000. She was 89. A Mass of Christian burial was held January 28 at St. George Catholic Church, with burial in Mount Olivet Cemetery.

Mrs. Kuban was born February 14, 1910, in Fort Worth. She was a member of St. George Catholic Church and the Altar Society of St. Joseph.

She was preceded in death by her husband, Louis William Kuban. Survivors include sons, Jimmy L. Kuban and his wife, Marilyn, of Fort Worth, and David L. Kuban, D.O., and his wife, Cathy, of Granbury; grandchildren, Ronnie Kuban, Mark Kuban, Eric Kuban and Steven

Kuban; great-grandson, Cody Kuban; brother, Lawrence Gabert of Eules; nieces and nephews.

Memorials may be made in Kuban's name to the Humane Society of Texas.

## Ralph Connell, D.O.

Dr. Ralph Connell of Dallas passed away on December 19, 1999. He was 78. Graveside services were held December 22 at Restland Memorial Park, with memorial services following at Park Cities Baptist Church, Ellis Chapel in Dallas.

A 1935 graduate of Kirksville College of Osteopathic Medicine, Kirksville, Missouri, Dr. Connell served a residence in ophthalmology and otolaryngology at Kansas City Osteopathic Hospital. He practiced in Oklahoma before relocating to Dallas, where he practiced for over 40 years. Dr. Connell was certified in both ophthalmology and otorhinolaryngology and was a fellow of the Osteopathic College of Ophthalmology and Otorhinolaryngology.

His honors and awards were numerous, and included president of the American College of Ophthalmology and Otolaryngology; member of the board of directors and outstanding alumnus of Kirksville College of Osteopathic Medicine; life member of the American Osteopathic Association and the Texas Osteopathic Medical Association. In addition, Dr. Connell was a member of Park Cities Baptist Church.

Survivors include his wife of 60 years, Pet Connell. Memorials may be made in Dr. Connell's name to Kirksville College of Osteopathic Medicine; Shrine Crippled Children; Presbyterian Villa Park Cities Baptist Church; or the church of your choice.

# TOMA President Elect Seeks Committee Appointees

Each year, the President Elect of the Texas Osteopathic Medical Association must name TOMA members to the Association's various committees when he or she assumes the office of President. Strong committees are an essential part of the Association's operations, and require dedicated and knowledgeable members.

Bill V. Way, D.O., of Duncanville, who will succeed Rodney Wiseman, D.O., as the Association's President during the 2000 Annual Convention in Corpus Christi, would like all TOMA members interested in continuing to serve or desire to serve on a committee to write him as soon as possible so he can begin to consider appointments. Dr. Way recently said, "I am looking for a few good osteopathic physicians, men and women, to serve on the various TOMA committees."

Simply note the TOMA committee or committees in which you are interested, enclose a brief CV detailing your training, experience and related experiences, and send your letter to Dr. Way, President Elect, c/o Terry Boucher, Executive Director, Texas Osteopathic Medical Association, 1415 Lavaca St., Austin, TX 78701-1634 or e-mail to <TerryB@txoste.org>.

Re-appointments and new appointments will be made to the following committees: Awards and Scholarship; Constitution, Bylaws and Documents; Environmental Health & Preventive Medicine; Ethics; Governmental Relations; Membership, Services & Professional Development; Military Affairs; Osteopathic Principles and Practice; Physicians Health & Rehabilitation; Professional Liability Insurance; Socioeconomics; Strategic Planning; Student/Postdoctoral Affairs; and other appointed special committees.

If you are interested, or know of someone who is interested, in serving on a TOMA committee, check the bylaws beginning on page 109 of the 2000 TOMA Membership Directory for more details and information on the various appointed positions available, or contact the TOMA state office for specific committee charges.

TOMA members have an immense amount of talent. The Association's future depends on you and your willingness to become an active part of this great organization. Dr. Way looks forward to hearing from you by April 30.

## SAA Update

by Ann Costello, SAA President

The Student Associate Auxiliary has been busy preparing to move into the next century while planning another fantastic year. April 1, 1999 our new officers were elected and committee officers were appointed. May was the time to wish our seniors all as they move into the next phase of medical training. We had our annual Senior Luncheon on May 15, 1999, and Mrs. Marilyn Richards performed the officer installation. Also in May, Claudine Doyle was awarded the Donna Jones Moritsugu Award for the Senior Banquet. This is an honor bestowed upon the spouse of a graduating senior who best exemplifies the role of a professional's partner, in being a person in his or her own right, while being supportive of mate, family, and profession. Congratulations Claudine!

The month of June was spent attending the TOMA Annual Convention and planning the calendar and budget for the upcoming year. Ann Costello, Melissa Smith, and Mandy Sutterer were able to be present at convention in Dallas and enjoyed meeting with physicians and their spouses as well as learning more about TOMA and ATOMA.

SAA raised funds for our book covers and help with the TOMA silent auction and T-shirt sales. After convention we set our budget and scheduled our service, social, and educational events for the year.

In July SAA was very busy ordering, counting, and sorting over 300 lab and clinic coats for the students at

UNTHSC/TCOM. Other fundraising activities included organizing a raffle for a "Journey's End" trip to Dr. George and Linda Cole's lake home and making bell wreaths to sell at National Convention in San Francisco, October 25-29.

The first of August was spent participating in Orientation Week for the Incoming students at UNTHSC/TCOM. SAA began the week with our Welcome Wagon delivering bags of goodies to the homes of freshmen students and welcoming them to Fort Worth. We also distributed lab and clinic coats, sponsored a soda break, answered questions on a panel during Family Day, and hosted SAA's orientation night for the spouses and significant others of the incoming students. As our guest speaker at orientation night, Mrs. Pam Adams clarified the role that SAA, ATOMA, and AAOA play in the careers of physicians and their families. Also during August our book covers, which give a brief explanation of osteopathic medicine, were distributed to several high schools and middle schools throughout Texas. This is our NOM week project which we hope to continue each year.

Toward the end of August SAA was invited to the home of Dr. Mark and Rita Baker for the annual pool party honoring the incoming freshmen. The Bakers continually provide support to the Student Associate Auxiliary, and we appreciate everything they do.

In September SAA held the pizza party in the Founders' Activity Center at UNTHSC/TCOM for students, SAA members,



and their families. Also in September Nancy Zachary hosted the Freshman Brunch and District II provided the delicious food. These events are a great way to meet and get to know the new spouses and significant others.

October was another busy month for the Student Auxiliary beginning with the Hospital Dinner and Tour sponsored by the Osteopathic Health System of Texas. Later in the month Dr. Nelda Cuniff-Ilsenberg and Mr. Lewis Isenberg opened their home to SAA for a fish fry. We also had a successful bake sale and several members started a Fall Book Club.

In November the officers were treated to a dinner at the Fort Worth Club by Dr. David and Merilyn Richards. We were grateful to have this last dinner with the Richards before they left for Ohio. Dr. Jim and Dodi Speece welcomed SAA to their farm with a bon fire and hay ride, and everyone had a great time roasting hot dogs and making s'mores. We rounded out the month with NOM week and a progressive dinner.

SAA ended the millennium quietly with a Christmas party at the home of Dr. Robert and Pam Adams. We also helped to decorate the lobby and cafeteria of the Osteopathic Medical Center of Texas and sung carols to several patients there.

January 2000 brings us to the close of yet another a successful fund-raiser selling Passbooks. We are also planning the Lottery Panel for second year students and spouses/significant others and working on a slate for the officers in 2000-2001. We hope to help Rita Baker meet her goals, as AAOA President, in spreading the Yellow Ribbon Program throughout Texas and helping to educate the public on D.O.s, "physicians treating people, not just symptoms".

# From the Texas Medical Foundation

## Promoting Quality, Cost-Effective Health Care In the Sixth Scope of Work

The Health Care Financing Administration (HCFA) has launched a new contract with peer review organizations (PROs) nationwide that strives to improve the quality of health care that Medicare beneficiaries receive and protect the Medicare Trust Fund. This contract and its scope of work began in Texas on February 1, 2000, under the direction of the Texas Medical Foundation (TMF). Nationwide, PROs will be working with the medical community in their state to fulfill the contract objectives and improve health care.

In the contract, TMF is charged with three major efforts – assuring quality health care for Medicare beneficiaries, safeguarding Medicare funds, and providing beneficiary outreach and protection. These three goals will be accomplished in the 6SOW several facets.

First, in order to demonstrate that beneficiaries are afforded an optimum level of care TMF must demonstrate statewide levels of improvement for six major disease topics through the Health Care Quality Improvement Program (HCQIP). Chosen by HCFA for their prevalence among the Medicare population, the national clinical project topics for this contract are: acute myocardial infarction, congestive heart failure, stroke/transient ischemic attack/atrial fibrillation, pneumonia/influenza, diabetes, and breast cancer/mammography. Like TMF, all other PROs in the U.S. will address these same clinical areas, while promoting the application of continuous quality improvement in the field of health care.

To protect the Medicare Trust Fund, TMF has implemented the Payment Error Prevention Program (PEPP) in inpatient PPS facilities. TMF will collaborate with the hospitals to identify potential sources of payment error and promote system changes to prevent future errors. The long-term goal of identifying these sources of error is to prevent future incorrect payments.

The final mission of the contract is to protect Medicare beneficiaries through patient rights and preventive health education. This is achieved through mandatory case review, the dissemination of health information, and maintenance of a toll-free hotline. Through mandatory case review, TMF acts as an impartial third party who can evaluate the concerns of beneficiaries about the quality of care that they receive. Additionally, TMF promotes public awareness of the Medicare program and the six clinical topics through seminars, public service announcements, brochures, and other outreach campaigns with the goal of assimilating information into a comprehensive understanding of the Medicare program. TMF's Medicare hotline also affords beneficiaries the opportunity to report concerns related to quality of care.

For more information about TMF's activities, please contact one of the following staff members at 1-800-725-9216:

HCQIP – Carol McCauley, Director of Health Services Improvement  
PEPP – Debbie Lovato, Director of Health Services Assessment  
Beneficiary Protection – Rhonda Strange, Director of Communications

The Council of Student Council Presidents is an osteopathic student group sponsored by the American Association of the Colleges of Osteopathic Medicine. CSCP was created in 1974 to represent 100% of all osteopathic medical students nationally to the AOA and serves as an entity to voice student concerns and issues. We are currently conducting a fundraiser by offering a beautifully illustrated, full color "Embrace Osteopathic Medicine" poster (19" x 25", suitable for framing). The original illustration was created by Larry Slalob from NYCOM and depicts the tools of the osteopathic physician. Prints may be purchased for \$22 (S/H included) by placing an order at 817-735-2421/2505. Please send checks to:

TCOM-MSGA (Medical Student Government Association)  
Box 278  
UNTHSC-FW  
3500 Camp Bowie Blvd.  
Fort Worth, Texas 76107-2699

*Thanks for your support!*



# elf's ps & Tidings



By Don Self

A patient calls for an appointment: if you're like most offices, you advise the patient to arrive early for their appointment and bring their insurance card with them on the first visit. That's pretty much the way most offices do it. We recommend that you also advise the patient to bring photo identification with them. Instead of just the insurance card, we also suggest you have the new patient bring their insurance policy with them. The reason for this is simple - the card only has so much information, while the policy face sheet will usually show the deductible, dates of coverage, phone numbers, fax numbers and policy exclusions. Making a copy of this face sheet on the first visit may save your staff some trouble later on. Most offices that do not require all new patients to present a photo identification have had some patients misrepresent their name, address, occupation, phone number and other pertinent data to avoid having to pay for services rendered. It's absolutely amazing how easy this is to do, how often it happens. We recommend that you make a copy of the photo identification on all new patients.

## When to Collect the Co-Pay

There is no reason to wait until Medicare pays the claim before you attempt to collect the patient's co-pay, if you know what Medicare's allowed or approved amount is. We strongly recommend that you collect the patient's co-pay at or deductible at the time of service, even when you are aware of Medicare's approved amount.

If the patient is part of a managed care plan in which you participate, why not collect the co-pay PRIOR to the patient being seen. When the patient checks in, collect the co-pay then and avoid collection and checkout slowdowns. In fact, we recommend that you post a sign in your office stating that as of a certain date your office will collect co-pay at the initiation

of the visit "To speed up your check-out process." This is not only allowed, it is recommended.

## Help Me Find a New Accounts Receivable System

At least once a month, I get a call from a Texas osteopathic physician asking me what system would be best for their office. Recently, after asking quite a few of my monthly retainer clients what system they use, what they like best about it and what problems they experience, I have started recommending the Easyway system. Not only does this system provide all of the reports, claims filing capabilities, accounts receivable management, and integrates with electronic patient statements, but it also is extremely easy to use and manage. The updates are priced reasonably and I like the ease in which data files can be imported into and out of the system. If you want more information on this system, give us a call.

## Thank You

A special thanks to all of the members of the Texas Osteopathic Medical Association, with emphasis on all of the staff at the TOMA office in Austin, for their continued support and referrals. Due to the relationship we have enjoyed with TOMA, we now are working with several other state and national associations, including the Texas Podiatric Medical Association, American College of Family Physicians, Nevada Osteopathic Medical Association, Professional Association of Healthcare Office Managers and others. For the past 11 years, we have been honored to work with TOMA.

## Regional Blocks

Modifier 47 is one of the least used and most commonly ignored modifiers by surgeons and this is costing surgeons quite a bit of money. Modifier 47

describes a regional or general anesthesia administered by the surgeon. It is not used for local anesthetics. As an example, a surgeon administering a total ankle block (regional anesthesia) without the presence of or the assistance of an anesthesiologist or anesthetist for a bunionectomy with osteotomy and the removal of a dorsal metatarsal cuneiform exostosis right foot should list the procedure twice on the claim. The first time, the code should be listed without a modifier to denote the surgery and the second time, it should be listed with the 47 modifier to denote the regional anesthesia by the surgeon.

## Are You Down-Coding Too Many Visits?

Invariably, at every single seminar at which we teach E&M documentation and at which physicians are present, we are told that the physician has been down coding too often. The documentation for a level four visit is not as comprehensive or time consuming as many physicians think. As an example, you see a patient complaining of cough in your office. Let's examine the following documentation requirements for a level 4 established patient office visit (99214):

1. Chief Complaint (we never recommend that the words follow-up be used in your documentation)
2. 4 history questions on an acute condition or 3 questions on a chronic condition
3. 2 Review of System questions: "Have you been around anything you are allergic to or has this cough been giving you headaches?"
4. 1 past/family/social history question: "Have you taken up smoking again?"
5. Exam of 2 body areas: head and chest would qualify

6. 12 elements of the examination: 2 of the elements are probably obtained by your nurse since any three constitutional items count as one element, such as temp, pulse, BP, height, weight, respiration. The other 10 elements are services you are looking at, such as external appearance of ear and nose; lips, gum & teeth; tonsils, effort of respiration, palpation, percussion, palpation of the cardiovascular, inspection of their skin, etc.

You're already asking these questions, but are you documenting the answers? Are you documenting the unremarkable portions of your exam? Remember in the 97 documentation guidelines as published by HCFA, you're allowed to count the negatives as long as you note the negatives. Sometimes, it's only a one-word difference in the level 3 visit to a level 4 visit. Don't give away thousands of dollars each month just because you don't know exactly what is required. If you want one of the E&M documentation sliderules, of which we have sold thou-

sands, give us a call at 888 (NOT 800) DON-SELF.

### Emergency Room Billing

When you are called to the ER to see a patient, you are allowed to use the ER codes 99281-99285, even though the ER doctor used them as well, since you are a different specialty than the ER doctor. If you give critical care services (treating the critical condition) to the patient in the ER, and you spend 30 minutes or longer working on the patient's case, it would be wisest to forego the billing of the ER visit code and bill for the critical care (99291) instead. Also, don't forget to inform your billing staff of any services you render in the ER, such as CPR, arterial line, repair, etc., as this does add up to quite a bit of money. If it is not a critical situation, but you see the patient in the ER and then decide to admit them, you would bill for the hospital admit and not bill for the ER visit as well, since the admit includes any related E&M services.

### Nursing Facility Admit and Re-admit

There are three codes to use for an al nursing home reassessment (99302 & 99303), but there is only one code that should be used for admit and readmit to the nursing facility (99304). You are also allowed to bill for the hospital discharge (99238 or 99239) on the same day as an admit into a skilled nursing facility. There may be times when you have a same day hospital admit as a charge and then you readmit the patient into the SNF. In those cases, you would use code for the hospital service as 99238 or 99239, plus the SNF admit. You will have to file the services on two different claim forms since the place of service is different for both.

Don Self, CSS, BFN

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## 10 Years Ago in the *Texas D.O.*

- Homer R. Goehrs, M.D., FACP, became the new executive director of the Texas State Board of Medical Examiners, replacing retiring G. V. Brindley, Jr., M.D.
- The Texas Medical Association broke ground at its new Austin location, at 15th and Gaudalupe Streets. The 120,000 square-foot building would more than double the space of the current location. The new structure was expected to be ready for occupancy in the summer of 1991.
- Robert G. Maul, D.O., who served as program chairman for the Annual Convention of the American College of General Practitioners in Osteopathic Medicine and Surgery, was elected to a one-year term on the Board of Governors of the National ACGP. In addition, T. Eugene Zachary, D.O., was re-elected to an eighth term as speaker of the ACGP's House of Delegates. Also serving as speaker of the TOMA House of Delegates and the AOA House of Delegates, Dr. Zachary was the first physician to serve as speaker of the three groups at the same time.
- Les T. Sandknop, D.O., was named chief of medical staff at Lake Pointe Medical Center.

## **TDH Emergency Abortion for Minor and Third Trimester Abortion Forms**

Senate Bill 30, passed during the 76th legislative session, requires parental notification before an abortion may be performed on a minor. Two exceptions were created: the first is when an emergency exists and the second is when the minor has received an order from a statutory court granting permission to the minor for an abortion without parental notification. For more information on the new guidelines, see Chapter 33 of the Family Code, or Senate Bill 30.

Physicians who perform emergency abortions on minors must report the procedure to the Texas Department of Health on the form approved by the Department: "Physician's Certification - Performance of Emergency Abortion."

Similar reporting is also required for third trimester abortions, regardless of whether they should be reported to the TDH within 30 days of the abortion. The form reporting third trimester abortions has been revised: "Third Trimester Abortion Notification Form."

The new reporting forms went into effect January 1, 2000. Physicians should note the change in address for reporting as indicated on each form. Questions may be directed to Sara M. Garcia at 512-458-7111, ext. 2527; or at 512-458-7509, Bureau of Vital Statistics.

## **Texas' Largest Nursing Home Provider to Seek Chapter 11 Bankruptcy Protection**

Mariner Post-Acute Network, which has 101 nursing facilities in Texas and is the nation's second-largest nursing home chain, reportedly had \$1.5 billion lower earnings than expected last fiscal year and is to declare bankruptcy. A bankruptcy filing is not expected to result in patient placement, but would add to the 144 nursing homes already in bankruptcy. (Dallas Morning News, 1-18-2000)

## **Texas AG Appeals Order Could Block Expanded Licensing**

A U.S. District Judge had blocked as unconstitutional a new Texas law requiring

licensure of physician offices that perform over 300 abortions per year and increasing criminal liability of violators. Texas Attorney General John Cornyn said that law, which took effect September 1, upholds public health interests by providing "additional, reasonable safeguards to protect women who choose to have an abortion in high-volume abortion facilities in Texas." (Houston Chronicle, 1-3-2000)

## **Sale of Harris Methodist Health Plan Formally Approved**

The transaction brings to PacifiCare nearly 300,000 commercial and Medicare members, boosting its HMO membership in Texas to nearly 500,000. The deal produced 150 Harris health plan managerial and staff layoffs, with many of the remaining 700 Harris employees slated for layoffs in three to 12 months. PacifiCare is reviewing ways to integrate the health plans' information systems, member services operations and marketing staffs. Former Harris owner Texas Health Resources will become solely a hospital company, operating the Harris Methodist and Presbyterian systems, as well as Arlington Memorial and St. Paul in Dallas. (Fort Worth Star-Telegram, 2-1-2000)

## **Charter Behavioral Health Systems to Close Hospitals**

Closures include Charter Grapevine Behavioral Health System, Charter Haven Behavioral Health System in DeSoto and Compass Hospital of Dallas in DeSoto, all of which have stopped accepting patients and are expected to shut down within the next month as patients complete their treatments or are discharged. Also slated for closure is Charter Behavioral Health System of Corpus Christi. Charter is closing or consolidating a total of 33 of its facilities nationwide and will leave 37 operational. (Dallas Morning News, 2-1-2000; Corpus Christi Caller-Times, 1-28-2000)

## **Group of 450 Physicians Ending Contract with the Area's Largest HMO**

Preferred Independent Physicians of America announced that it is terminating its contract with Humana Health Plan of

# TEXAS FYI

Texas after failing to produce a new contract during a year of negotiations. The group's 11,000 Humana patients face having to switch insurance coverage or find new physicians who accept Humana if their current physician or clinic does not sign an independent contract to continue seeing Humana HMO patients. Humana said it would continue to pay the group's physicians for treatments through March 31, even without a contract. (Austin American-Statesman, 1-28-2000)

## **Texas Stands to Lose \$72 Million and \$104 million Due to Steep Decline in Cigarette Sales**

A 14 percent statewide decline in tobacco consumption will affect the amount that Texas receives from its \$17.3 billion multiyear settlement with the tobacco industry, which uses a formula that takes tobacco consumption into account. Health initiatives to be funded by the settlement money, such as a cancer center in San Antonio, would have to make up for the shortfall by using permanent endowment funds or interest earned by endowment funds, while some programs may have to be cut altogether, the San Antonio Express-News said, citing Texas Senator Royce West (D-Dallas). (San Antonio Express-News, 1-19-2000)

*continued on next page*



## Thousands of Uninsured Children Eligible for Public Health Benefits

Over 680,000 uninsured children in Texas are currently eligible for public health benefits, including Medicaid and the Children's Health Insurance Program (CHIP). Citing the figure was the Urban Institute's "Assessing the New Federalism" study, which called for better coordination by governmental agencies to redress the problem. The study noted that formidable barriers to effective outreach programs include confidentiality requirements to protect the privacy of program enrollees, widespread confusion over eligibility and onerous application requirements. Eighteen percent fewer Texas children were enrolled in Medicaid in August 1999 than in January 1996, despite no corresponding reduction in Medicaid eligibility. (Houston Chronicle, 1-3-2000)

## Bell Named TDH Executive Deputy Commissioner Texas Commissioner of Health

William R. Archer, M.D., announced that Charles E. Bell, M.D., has been named Executive Deputy Commissioner of the Texas Department of Health (TDH). Bell replaces Patti Patterson, M.D., who resigned in December to accept a position with Texas Tech University Health Sciences Center in Lubbock. Bell's appointment to the second highest TDH executive staff position was effective February 1. Since May 1998, Bell has served as director of TDH's public health regional office based in Lubbock and covering 41 counties in the Panhandle and High Plains areas of the state. From 1990 to 1998, Bell was chief of TDH's HIV and sexually transmitted diseases prevention bureau in Austin. A native of Port Arthur, Bell holds a medical degree from Southwestern Medical School, Dallas; a master's degree in health care administration from Trinity University, San Antonio; and a bachelor's degree in biology from the University of Dallas.

## Two Hospitals to Stop Treating Aetna Members

Harris Methodist and Presbyterian Hospitals in North Texas will stop treating 65,000 Aetna U.S. Healthcare

members if a contract dispute cannot be settled. The hospitals' parent company, Texas Health System, said that Aetna members whose primary care physicians are affiliated with Medical Select Management, a 1600-member physician organization in Tarrant County, will have to seek care at other hospitals in 90 days. Texas Health claimed that its 1997 letter of agreement with Aetna and Medical Select Management is illegal because it requires the hospital to assume some financial risk for physicians' treatments, while Aetna maintained that the letter was binding and legal. (Fort Worth Star-Telegram, 1-5-2000)

## Hospitals Report Good Net Income as HMOs Report Losses

Most Texas hospitals reported a healthy net income for 1998, while HMOs reported mounting losses for the fourth straight year. According to an Allan Baumgarten annual report of the Texas health care market, Houston-area hospitals earned profits of \$576.2 million, or 11.2 percent of total revenues, in 1998, while Dallas-Fort Worth-area hospitals reported profits of \$455 million, or 8.1 percent of their total revenues. Overall, the report noted, hospitals broke even on their operations but had significant revenues from other sources, including investments, philanthropy and government subsidies. Texas HMOs lost more than \$345 million in 1998, almost all from commercial plans, and lost \$102 million in the first half of 1999. (Allan Baumgarten, 1-7-2000)

## Fort Worth Hospital to Build \$4.5 Million Cardiac Care Unit

All Saints Episcopal Hospital in Fort Worth has announced plans for a new 28-bed unit that will replace an older unit at the Medical District campus. It is expected to open in late 2001. All Saints has reportedly raised over \$2.7 million for the unit and hopes to complete fund raising next October before beginning the unit's construction. (Fort Worth Star-Telegram, 12-16-99)

## Ennis Hospital Saved from Closure

On the heels of an announcement by Baylor Health Care System in December to close Ennis Hospital at the end of

January, the city council has voted to Province Healthcare of Brentwood, Tennessee, to take over operations. Province agreed to pay the city of Ennis, which owns the hospital building, \$1 million in advance for a 30-year lease agreement. The agreement also has 10-year renewal options, giving Province a potential 60-year agreement. The city has agreed to refund the hospital's tax with a guarantee from Province that money will be invested in the hospital. (Fort Worth Star-Telegram, 1-20-2000)

## Private Health Insurers Pledge to Help Medicaid Program Recoup Funds

After reports that the Texas Medicaid program may have paid as much as \$1 billion for treatment that should have been covered by private insurers or other parties, private insurers in the state say they are willing to share with Medicaid their billing and collection procedures recovering money owed them by other insurers or parties, reported the Houston Chronicle. "There are lessons to be learned from the private insurance sector and we would welcome the opportunity to work with Medicaid to possibly improve their collections," the Chronicle added, citing Jerry Johns, president of Southwestern Insurance Information Service. (Houston Chronicle, 12-13-99)

## Columbia HCA Selling Three Texas Hospitals to Atlanta-Based American MedTrust, Inc.

Columbia signed a letter of intent to sell the 221-bed Bellaire Medical Center southwest Houston to American MedTrust, a transaction expected to close by April 3 and is also selling its 90-bed Medical Center of Lancaster near Dallas and Nor Bay Hospital in Aransas Pass. MedTrust, privately held company, owns or operates 130 hospitals nationwide. (Houston Business Journal, 1-24-2000)

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# TOMA's



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# AOA Eye on Federal Agencies

## HHS Releases Proposed Privacy Regulations to Protect Patient Information

The AOA called on President Clinton and HHS Secretary Donna Shalala to extend the comments period for the proposed privacy regulations. HHS announced December 13 that it had extended the January 3 deadline for comments to February 17. The proposal outlines the privacy standards providers, plans and health care clearinghouses would have to meet to protect patient information. This proposal attempts to address growing public concerns that advances in electronic technology in the health care industry may erode privacy surrounding individuals' health information. Here are a few highlights of what you can expect if the proposal is finalized.

- Physician practices would have to designate an employee or other person to serve as a privacy compliance officer responsible for developing policies and procedures for use and disclosure of protected health information.
- A practice also must designate a contact person or office to receive complaints and provide information about the matters covered by the practice's notice on privacy.
- The practice must train all employees who are likely to have contact with protected health information about the privacy policies and procedures.
- Physician practices would be required to ensure that their business partners (anyone who carries out, or assists with, a function for the practice) with whom they share protected health information understand—through a written contract—that they are subject to standards regarding use and disclosure of protected information.
- Practices would have to document their policies and procedures for complying with the applicable administrative requirements.
- Patients would have the right to review and request corrections and amendments to their medical records.
- Anyone in the practice who has regular contact with protected health information would be subject to sanctions, as would the practice's business partners. Sanctions range from a warning to termination.
- Anyone failing to comply with the requirements could face civil money penalties capped at \$25,000 for each calendar year for each provision that is violated.

## From the AOA

The AOA wants its members to know that HCFA offers free Medicare online training that covers ICD-9-CM coding, fraud and abuse, home health agencies, HCFA 1500 and 1450 forms, and Medicare Secondary Payer issues. Check out <[www.medicaretraining.com](http://www.medicaretraining.com)>. It's a good source of free information.

## News on Nominations

AOA has nominated Angelyn K. Moultrie-Lizana, D.O., M.S., of San Pedro, California, and Ian Robert Levenson, D.O. of Greenwood Village, Colorado, for the Practicing Physician Advisory Council. Dr. Moultrie currently practices at the Mullikin Medical Center in Artesia, California, and is on active status with the U.S. Navy Reserves at Camp Pendleton. Dr. Levenson is board certified in family medicine and has served as both vice president and president of the Colorado Society of Osteopathic Medicine. Both are members of the AOA and ACOFP. The AOA has also nominated William Anderson, D.O. of Southfield, Michigan, for the Committee on Minority Health. He is associate dean at Kirksville College of Osteopathic Medicine. The purpose of the committee is to advise and make recommendations on improving minority health.

## Final Physician Fee Schedule for 2000

The 2000 Medicare physician fee schedule conversion factor is \$36.6137. Of the 35 major payment specialties, 15 are estimated to experience payment increases such as emergency medicine and nephrology. Nineteen specialties will experience payment decreases, such as cardiac surgery, orthopedic surgery and thoracic surgery.

HCFA changed all professional liability relative value units which were charge-based from Medicare claims data accumulated in 1989, to resource-based RVUs. The AOA recommends that HCFA should make the proposed resource-based malpractice RVUs interim until more current and accurate data can be used. HCFA agreed that the RVUs should be considered interim until they can be verified by more recent data.

HCFA also removed the physicians' clinical staff time in the facility setting from the raw CPEP data used in calculating the practice expense payment for any service. The AOA agreed that Medicare should not pay twice for a service, but noted further study may be necessary to resolve the issue of practice expense payment for the physicians' clinical staff time in a facility setting. HCFA has not seen sufficient data to convince the agency that the use of the physician's clinical staff in the facility setting is a typical practice.

Regarding site of service, HCFA clarified that when practitioners provide a service in a mixed facility (a combination of nursing home and SNF patients), practitioners should designate their service as a facility service, unless they can verify that no



A claim will be made for the service, in which case the no-facility designation can be used. The AOA opposed this proposal, contending the physician should have to prove that no other party has a claim for that service. However, HCFA said it "does not believe that it could be an onerous task for the physician to determine at the time of service whether the patient is a SNF or nursing home patient. This information is needed to pay the bill correctly and the physician has the best position to obtain this information quickly."

HCFA will not require the routine use of modifier -25 with all the procedures requiring a global indicator of XXX. HCFA will identify specific codes with which E/M service furnished would need to be documented as being significant and separately identifiable, and would be reported with Modifier -25. HCFA will seek review of these codes in physician specialty societies and non-physician practitioners who are authorized to bill Medicare on their own. These specific codes will be included as part of the Correct Coding Initiative and will be implemented no earlier than October 1, 2000.

HCFA has modified its nurse practitioner (NP) qualifications for Medicare Part B coverage of services, grandfathering in NPs who don't have a master's degree and extending the time required for possessing a master's degree, despite objections from the physician community. The AOA contended that NPs should have a master's degree and to lower the educational standard to grandfather currently practicing nurse practitioners lacking a master's degree will not benefit the Medicare patient.

HCFA also adopted as final the proposed exception to the supervision of diagnostic tests which specified that no physician supervision is required for diagnostic tests performed by NPs and Clinical Nurse Specialists (CNS) when they are authorized by the state to perform these tests. In addition, physician assistants legally authorized to perform diagnostic tests under state law would require the general level of physician supervision. The AOA contended that it is inappropriate for CNSs and NPs to order diagnostic tests without at the least general

physician supervision. Diagnostic tests require medical judgment by a physician, both in their necessity to be ordered, and in their interpretation.

## HIPDB Up and Running

As of November 22, 1999, the Healthcare Integrity and Protection Data Bank became operational. Health care practitioners, providers and suppliers who request information about themselves are required to pay a \$10 fee. This database will contain 1) civil judgments against a health care provider, supplier or practitioner in federal or state court related to the delivery of a health care item or service; 2) federal or state criminal convictions against a health care provider, supplier or practitioner related to the delivery of a health care item or service; 3) actions by federal and state agencies responsible for the licensing and certification of health care providers, suppliers or practitioners; 4) exclusion of a health care provider, supplier or practitioner from participation in federal or state health care programs; and 5) any other adjudicated actions or decisions that the HHS Secretary establishes by regulation. The OIG modified its regulations to exclude administrative fines or citation, corrective action plans and other personnel actions unless they are 1) connected to the billing, provision or delivery of health care services; and 2) taken in conjunction with other licensure or certification actions such as revocation, suspension, censure, reprimand, probation or surrender. In addition to the self-queries, only state and federal government agencies and health plans have access to this new data bank. HIPDB is directed at combating fraud and abuse in a broader scope. Those reported to the data bank may dispute the accuracy of the data bank report within 60 calendar days of receipt of the report. For more information, check out the Web site at <[www.npdb-hipdb.com](http://www.npdb-hipdb.com)>.

## AOA Gives Compliance Guidance Recommendations to the OIG

Flexibility is key to establishing compliance guidance for individual and small group physician practices, the AOA emphasized in its comments to the HHS Office of the Inspector General. The OIG requested recommendations from inter-

ested parties as it considers developing a compliance guidance program for physician practices, especially those serving Medicare and other federal health care program beneficiaries.

The purpose of the guidelines is to help physicians submit clean and accurate claims and to curb fraud and abuse. These guidelines would not be mandatory. The OIG anticipates that the physician guidance will contain seven elements that the OIG considers necessary for a comprehensive compliance program. These seven elements include:

- 1) The development of written policies and procedures; 2) The designation of a compliance officer and other appropriate bodies; 3) The development and implementation of effective training and education programs; 4) The development and maintenance of effective lines of communication; 5) The enforcement of standards through well-publicized disciplinary guidelines; 6) The use of audits and other evaluation techniques to monitor compliance; and 7) The development of procedures to respond to detected offenses and to initiate corrective action.

The AOA emphasized that the vast majority of physicians code correctly and don't have significant billing errors. The AOA does not believe it would be appropriate to expect individual physicians and small group practices to follow a cumbersome system solely to show that they are honest in their dealings with the government.

The OIG must keep in mind the limited resources and small number of employees in a solo practice and small group practices when developing compliance guidelines, according to the AOA. The size of the practice and experience with regulatory problems in the past should govern the complexity of the compliance program.

Finally, the AOA believes the guidelines should not require small practices to hire a multitude of consultants. The OIG must recognize that any compliance plan will require an expenditure of time and funds, which could be prohibitive depending on the requirements of the guidelines. The OIG's office should allow the practice to implement a compliance program on an incremental basis.



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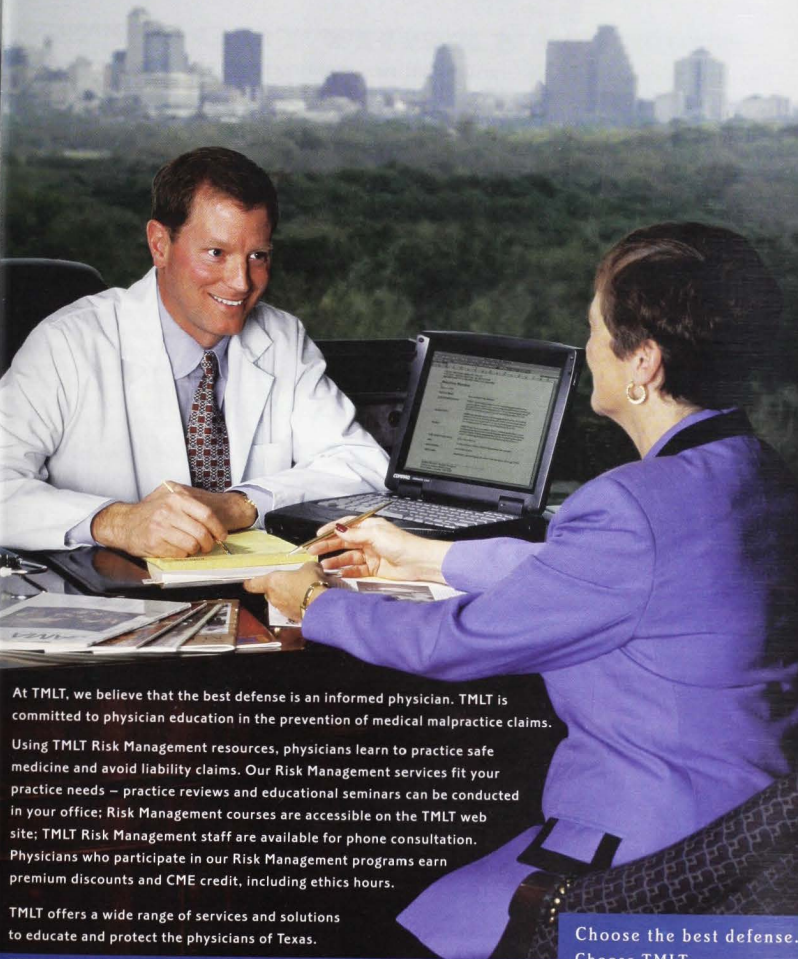
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