Texas DO
Texas Osteopathic Medical Association
December 1984

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Happy Holidays!

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Mr. Olie Clem, Administrator

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CIBA

reserpine 0.1 mg, hydralazine hydrochloride 25 mg, hydrochlorothiazide 15 mg

PHONE

For Your Information

OSTEOPATHIC AGENCIES

American Osteopathic Association	312–280-5800 800–621-1773
American Osteopathic Association Washington Office	202–783-3434
American Osteopathic Hospital Association	312–952-8900
Professional Mutual Insurance Company	800–821-3515
Texas College of Osteopathic Medicine	817–735-2000 Dallas Metro 429-9120 429-9121
Texas Osteopathic Medical Association	817–336-0549 in Texas 800–772-5993 Dallas Metro 429-9755
TOMA Med-Search	in Texas 800-722-5993
TOMA Insurance Program	816–333-4511 (call collect for Ron Gast or Al Cowen)

TEXAS STATE AGENCIES

Department of Human Resources	512–441-3355
Department of Public Safety Controlled Substances Division Triplicate Prescription Section	 512–465-2188 512–465-2189
State Board of Health	512–458-7111
State Board of Medical Examiners	512–452-1078
State Board of Pharmacy	512–478-9827
State of Texas Poison Center for Doctors & Hospitals Only	713–765-1420 800–392-8548 Houston Metro 654-1701

FEDERAL AGENCIES

Drug Enforcement Administration For state narcotics number	 512–465-2000 ext. 3074
For DEA number (form 224)	214–767-7203

CANCER INFORMATION

Cancer Information Service	713–792-3245 in Texas 800–392-2040

Texas DO

Texas Osteopathic Medical Association

December 1984

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Tex Roberts, TOMA Executive Director, and his staff wishes you and your family a "Happy Holiday Season".

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Tex Roberts, Editor
Diana Finley, Associate Editor

CLINICAL ANXIETY WITH DEPRESSIVE SYMPTOMS

In a controlled clinical study of 1,168 patients diagnosed as having moderate to severe anxiety, over 70% also exhibited a moderate to severe depressed mood as elicited on the Hamilton Anxiety Rating Scale (HARS).*

On the Self-Rating Symptom Scale, a large number of patients also reported experiencing such depressive symptoms as low energy, feeling blue and lonely, self-blame, and difficulty making decisions.*

Upjohn

XANAX RAPIDLY RELIEVES ANXIETY WITH DEPRESSIVE SYMPTOMS.

XANAX, the first triazolobenzodiazepine, is characterized by a structure uniquely different from other benzodiazepines.

In addition to effectively relieving clinical anxiety, XANAX Tablets have been found to be significantly more effective ($p<0.001$) than placebo in decreasing depressed mood score (HARS) in patients with clinical anxiety.*

A DESIRABLE PROFILE OF CLINICAL ADVANTAGES

- **Intermediate half-life** of 12 to 15 hours
- **Significantly lower incidence of drowsiness** when compared directly with diazepam in clinical studies*
- **No greater incidence of anticholinergic effects** than with placebo, eg, dry mouth, constipation, tremor†
- **No reports of cardiovascular toxicity**†
- **Usual adult dosage** – 0.5 mg t.i.d.

*Cohn JB: *J Clin Psychiatry* 1981; 42(9):347-351.
†Data on file, The Upjohn Company.

Xanax® 0.5 mg Tablets
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Kalamazoo, Michigan 49001

Please see next page for brief summary of prescribing information. © 1984 The Upjohn Company

XANAX® Tablets (alprazolam) C

CONTRAINDICATIONS
Patients with sensitivity to this drug or other benzodiazepines and in acute narrow angle glaucoma.

WARNINGS
Not of value in psychotic patients. Caution patients against hazardous occupations requiring complete mental alertness and about the simultaneous ingestion of alcohol and other CNS depressant drugs.

Benzodiazepines can cause fetal harm in pregnant women. Warn patients of the potential hazard to the fetus. Avoid during the first trimester.

PRECAUTIONS
General: The dosage of XANAX Tablets should be reduced or withdrawn gradually, since withdrawal seizures have been reported upon abrupt withdrawal. If XANAX is combined with other psychotropics or anticonvulsant drugs, consider drug potentiation. (See Drug Interaction section.) Exercise the usual precautions regarding size of the prescription for depressed or suicidal patients. In elderly and debilitated patients, use the lowest possible dosage. (See Dosage and Administration.) Observe the usual precautions in treating patients with impaired renal or hepatic function.

Information for Patients: Alert patients about: (a) consumption of alcohol and drugs, (b) possible fetal abnormalities, (c) operating machinery or driving, (d) not increasing dose of the drug due to risk of dependence, (e) not stopping the drug abruptly. *Laboratory Tests:* Not ordinarily required in otherwise healthy patients. *Drug Interactions:* Additive CNS depressant effects with other psychotropics, anticonvulsants, antihistamines, ethanol and other CNS depressants. Pharmacokinetic interactions with benzodiazepines have been reported. *Drug/Laboratory Test Interactions:* No consistent pattern for a specific drug or specific test. *Carcinogenesis, Mutagenesis, Impairment of Fertility:* No carcinogenic potential or impairment of fertility in rats. *Pregnancy:* See Warnings. *Nonteratogenic Effects:* The child born of a mother on benzodiazepines may be at some risk for withdrawal symptoms and neonatal flaccidity. *Labor and Delivery:* No established use. *Nursing Mothers:* Benzodiazepines are excreted in human milk. Women on XANAX should not nurse. *Pediatric Use:* Safety and effectiveness in children below the age of 18 have not been established.

ADVERSE REACTIONS
Side effects are generally observed at the beginning of therapy and usually disappear with continued medication. In the usual patient, the most frequent side effects are likely to be an extension of the pharmacological activity of XANAX, e.g., drowsiness or lightheadedness.

Central nervous system: Drowsiness, lightheadedness, depression, headache, confusion, insomnia, nervousness, syncope, dizziness, akathisia, and tiredness/sleepiness.

Gastrointestinal: Dry mouth, constipation, diarrhea, nausea/vomiting, and increased salivation.

Cardiovascular: Tachycardia/palpitations, and hypotension.

Sensory: Blurred vision.

Musculoskeletal: Rigidity and tremor.

Cutaneous: Dermatitis/allergy.

Other side effects: Nasal congestion, weight gain, and weight loss.

In addition, the following adverse events have been reported with the use of anxiolytic benzodiazepines: dystonia, irritability, concentration difficulties, anorexia, loss of coordination, fatigue, sedation, slurred speech, jaundice, musculoskeletal weakness, pruritus, diplopia, dysarthria, changes in libido, menstrual irregularities, incontinence and urinary retention.

Paradoxical reactions such as stimulation, agitation, increased muscle spasticity, sleep disturbances, and hallucinations may occur. Should these occur discontinue the drug.

During prolonged treatment, periodic blood counts, urinalysis, and blood chemistry analysis are advisable. Minor EEG changes, of unknown significance, have been observed.

DRUG ABUSE AND DEPENDENCE
Physical and Psychological Dependence: Withdrawal symptoms have occurred following abrupt discontinuance of benzodiazepines. Withdrawal seizures have occurred upon rapid decrease or abrupt discontinuation of therapy. In all patients, dosage should be gradually tapered under close supervision. Patients with a history of seizures or epilepsy should not be abruptly withdrawn from XANAX. Addiction-prone individuals should be under careful surveillance. *Controlled Substance Class:* XANAX is a controlled substance and has been assigned to schedule IV.

DOSAGE AND ADMINISTRATION
The usual starting dose is 0.25 to 0.5 mg, t.i.d. Maximum total daily dose is 4 mg. In the elderly or debilitated, the usual starting dose is 0.25 mg, two or three times daily. Reduce dosage gradually when terminating therapy, by no more than one milligram every three days.

CAUTION: FEDERAL LAW PROHIBITS DISPENSING WITHOUT PRESCRIPTION.

B-3-S

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Kalamazoo, Michigan 49001 USA

J-4605

September 1984

District Communiqués

By H. George Grainger, D.O.
District III

Tyler's Doctors Memorial Hospital has finally got with it, communication-wise, with the installation of a fancy IBM computer system, hooked conveniently into those Blue Cross and Medicare computers in Dallas. The system almost went into full gear late October, however another gadget, called a DRG grouper, is still to come.

Doctors and others several years under thirty — those who speak computorese fluently — will understand when I tell them it is an IBM System 36, Release 2, consisting of a main processing/storage unit with hard disk drive, a printer and three display stations. IBM's HFMS software, they tell us, will be used for General Ledger, Payroll and Accounts Payable. Understand?

There is also a Text Management and Retrieval 36 software thing that's supposed to help the hospital clerical personnel in some way generate reports overlooked by the HFMS software. (Ain't this exciting?)

The hospital people think that with the above hookups, they will eliminate the present ubiquitous hangups, especially in the light of Big Brother's DRG looking down our throats.

The nice thing about it, my informant says, is that after maybe six months to a year, the man hours saved can be utilized to add even more data and programs to the thing. Aren't you thrilled to death?

Someone who read that piece I wrote last month on Guatemala has called me pleasantly to task for what I said about there having been no osteopathic physicians allowed to practice there.

Dr. Jack McCorkle, (Kansas City '53), Dallas radiologist was down there himself only recently, doing his bit among the proletariat. Jack says too, if you're a D.O. who's crazy about getting that there M.D. suffix, why you can simply spend a year within its boundaries working in an approved hospital six months, and six months in the sticks; then, if you ask, you're supposed to be eligible for your Guatemala M.D. degree.

Guatemala, we now know, welcomes us D.O.s.

Gorgeous Yuletide to all.

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MAY 3-5, 1985

TOMA Drops Anchor in Corpus Christi

A myriad of exciting events will be yours to sample when TOMA drops anchor at the magnificent Hershey Hotel in Corpus Christi for the 86th Annual Convention and Scientific Seminar, May 3-5.

A city with pronounced South Texas hospitality and charm, Corpus Christi has been called the "Texas Riviera", and not without cause. This city is colorful, diversified, progressive and yet seems to move on a more relaxed keel, a more casual lifestyle, which might be attributed to the calming effects of the warm Gulf waters. Registrants will find a variety of activities intended to appease everyone, from deep sea fishing to swimming, beach combing, sailing and cultural events.

TOMA's port of harbour will be the new Hershey Hotel, one of the city's finest hotels. This is an elegant yet casual hotel with an ambiance to suit every registrant. Each room at the hotel features a bayfront view. Imagine having the opportunity to awake each morning to a view that is truly unsurpassed, that of the rising sun upon the sea.

At the beginning of the year, you will begin receiving registration information, so be sure and watch for it. Don't miss this opportunity to *Earn, Learn* and *Enjoy* at Texas' Riviera!

Fees for registration will remain the same as last year and are as follows:

Physician (member)	
Advance registration	$200
At-the-Door	$250
Physician (nonmember)	$600
Spouse, Military, Intern, Resident, Retired & Associate	$100

ATOMA Installation Luncheon

The ATOMA Installation Luncheon is an important event and this year's will be one you won't forget. This function will be held aboard the Wayward Lady, which is one of the most imaginative restaurants around. This ship is designed in the architectural style of the 19th century, is 217 feet long and stands four stories. Her elaborate interior features rich mahogany, lush carpeting and sparkling chandeliers.

After the installation of officers and a sumptuous meal, participants might want to stroll in the clean ocean air and enjoy the breathtaking view. This should prove to be an extraordinary event for all involved. Don't miss it!

Share Your Special Pearls

Do you have a special pearl that you use in your practice? This could be a unique manipulative procedure, or an Rx for a disease, symptom or syndrome or a certain way that you perform an examination.

If you can boast of one of the above and it has proven successful in your practice, write it down and send it in to the State Headquarters in care of Richard Anderson, D.O., 1985 TOMA program chairman.

A committee will review and select a favored few and the winners will have the opportunity to explain their favored technique in a 2-5 minute session during the convention lectures. In addition, each participant selected will be awarded a prize.

Fishing Tournament

Fishing enthusiasts will have the opportunity to make a really big catch this convention. We have chartered the Captain Clark for your sport. The fishing tournament will be held on Friday, May 3. We will leave dock at 5:00 a.m. so you'll be sure and catch the unforgettable sunrise.

The Captain Clark is a 65 foot long boat, is very spacious and is the most luxurious fishing boat on the Gulf Coast. The Captain Clark will take you bay fishing off of Portland and we're sure you will find the fishing the very best.

American Airlines as Official Carrier

Arrangements have been made with American Airlines to help TOMA's 1985 Convention attendees secure the least expensive and most direct route to Corpus Christi. American is offering a Meeting Saver Fare equal to Super Saver Fare unless deeper discounts are available from your city.

To earn this special discount, you must—reserve through American's Meeting Services Desk, and – purchase your tickets within 10 days after making your reservations, but no later than 14 days before departure.

(Note: There is a $30 cancellation charge on the Meeting Saver Fare). This special fare is valid for travel with the USA on American Airlines segments only and is available only through the Meeting Services Desk.

American has created a special STAR File number S-5965 in their computer containing information about the TOMA Convention. It enables American's specialists to better inform you of the most convenient flights. It also permits the creation of an arrival and departure report for our organization on every delegate who reserves through American's Meeting Services Desk.

For complete details, call American Airlines toll free (or have your travel agent call) Monday through Friday between 8:30 a.m. and 5:00 p.m. your local time: (800) 433-1790, in Texas (800) 792-1160. Advise them that you are attending the *Texas Osteopathic Medical Association's Convention* and our *STAR File number is S-5965.*

Fun on the Beach

The "Good Guys" will be treated to a real good time at the annual sustainers party in Corpus Christi. "Fun on the Beach" will be our goal and with everything on our side, it looks like we won't have a hard time accomplishing it! Get set for some good old fashioned fun such as swimming, beach combing and just plain gazing at the glorious sunset, all to the light of a bon fire, to add to the fun.

The meal is of a certainty to please all. Who can resist hot dogs, hamburgers and barbeque chicken and the likes?

If you're not a sustainer already, you still have time to become one and join us for "Fun on the Beach."

For more information about becoming a sustainer, call the TOMA State Headquarters at 1—800—772-5993.

Fun Night Cruise

This will be a night you won't want to miss, as TOMA participants will set sail on Captain Clark's Flagship for a memorable evening. This ship is a luxury 400 passenger paddlewheeler and features an air conditioned main deck, spacious lounge and a beautiful sun deck. The entire ship is 65 feet long. A live band will perform for your dancing and listening enjoyment and for your culinary delight, a seafood buffet will be served. A moonlight cruise is sure to please everyone, however, be sure and bring a sweater for protection against the cool evening breezes. What better way to have a night of fun!

Auxiliary Statewide Auction

In lieu of the traditional band scheduled during the President's Night Banquet at the convention, the Auxiliary has organized a fund-raising auction to be held during this time slot.

Each district has been asked to involve its members in locating and acquiring items to be auctioned. The objective is for each district to donate at least two items, with a minimum dollar value of $50. This is being planned as a silent auction, with every member allowed to submit a written bid on any item. Any major donations, such as trips, furs, etc., will be bid on the evening of the President's Banquet.

This is a worthwhile benefit in that the proceeds are funneled into osteopathic student scholarships, loans and the osteopathic progress fund, which supports research grants.

The Auxiliary needs your help. Your participation and cooperation is truly appreciated.

Golf Tournament

Golfers, get your swings in shape and get ready for the annual TOMA golf tournament. The event will take place at the North Shore Country Club in Portland, which features a world class golf course.

G.W. Beckett, D.O., Larry Taylor, D.O. and Bill Albarado, D.O. will serve as chairmen this year, with the pro being Mr. Von Hagge and traveling pro Mr. Ronnie Black. Watch the *Texas DO* for registration forms for this event.

Calendar of Events

december

12 ★

D-II Holiday Party
Petroleum Club
Fort Worth
7:30 p.m.
Contact: Suzanne Reeves
735-3543

january

17

TOMA District XV Meeting
Arlington City Club
6:30 p.m. — Cocktails
7:30 p.m. — Dinner
Guest Speaker — Nathan Jones, specialist in marketing and refining practice concepts
Contact: R. Greg Maul, D.O.
265-1306

19

Contemporary Issues in Law & Medicine: Ethics & Society
Texas College of Osteopathic Medicine
Fort Worth
7 CME Credits: Category 1-A
Fee: $65 — Non-TCOM Affiliates
$35 — TCOM Affiliates
Contact: Susan Larson
TCOM, Dept. of CME
817—735-2539

22

TOMA Legislative Reception
Headliners Club
Austin
Contact:
Tex Roberts, CAE
Executive Director
1—817—336-0549 or
Dallas metro 429-9755 or
1—800—772-5993 in Texas

february

1

1-3
Arthur Johnson Memorial Family Practice Symposium
Inn on the Park
Houston
Contact: Ladd Tucek, D.O.
713—999-5992

8

8-10
Ligamentous Articular Strain Techniques Workshop
Texas College of Osteopathic Medicine
Fort Worth
20 CME Credits: Category 1-A
Fee: $325
Contact: Susan Larson
TCOM, Dept. of CME
817—735-2539

may

2 ★

TOMA House of Delegates
The Hershey Hotel
Nueces Ballroom
Corpus Christi
8:00 a.m.

3 ★

3-5
TOMA 86th Annual Convention and Scientific Seminar
The Hershey Hotel
Corpus Christi
Contact: Tex Roberts, CAE
Executive Director
1—817—336-0549 or
Dallas metro 429-9755 or
1—800-772-5993 in Texas

Contemporary Issues in Law and Medicine: Ethics and Society

Saturday
January 19, 1985

CME Credit
7 Hours: Category 1-A, AOA

Sponsored by:

Texas College of Osteopathic Medicine

Topics

Keynote Address: The Importance of Close Cooperation Between Today's Physicians and Lawyers
The Honorable
Patrick W. Ferchill

Introduction to the Law
Legal System

Specific Areas of Physician Liability

Child Abuse: The Physician's Problem in Perspective

Legal Issues in Suspected Child Abuse

Care for the Elderly:
Emotional Aspects
Ethical Aspects
Legal Problems

Location

Camp Bowie at Montgomery
Fort Worth, Texas 76107

For Further Information

TCOM, Office of CME
Camp Bowie at Montgomery
Fort Worth, Texas 76107
817—735-2539

Ole Doc Mitchell

by Ellen O'Toole

"You're a lucky man, Sam, said Doc, two fine young boys and now a precious girl. No finer Christmas present can I think of for you than this moment." Sam laughed and said, "I agree, Doc, but I wish I could give you a proper Chrstmas present by paying you right now." Doc smiled and replied, "Now, you know I'll be needing some more chickens this winter and besides, you raise the finest chickens in all this territory. Our agreement still stands. You just take good care of your wife. This birthing was not easy for her like those boys, and she is very weak. That fever last spring took its toll on everyone around here, including your wife. I've got to go now, Sam. Merry Christmas."

Sam stood outside and watched as Doc Mitchell disappeared into the dusk. He felt so very blessed at this moment, realizing that his own wife had not only survived the terrible fever of last spring, but had presented him with another child. Doc Mitchell had not been so fortunate, for his own wife was lost to the fever. The last sounds of Doc's buggy faded into the night and as Sam returned to his house he prayed, "Lord, bless Doc Mitchell, for there is no finer man in these parts than he, and he looks so tired and sad since the loss of his wife." Doc spoke to his horse softly, "Well, boy, it's just you and me again and I'm so glad you know the way. Take it slow, so I can sleep a bit." The horse ambled ahead and the weary physician thought of the Christ child and the meaning of Christmas. He really didn't feel much this Christmas Eve for it was just another day as far as he could tell. He spoke softly once more, "I really wish there was a reason to feel at peace with myself, just a small sign so I could go on taking care of these people, just as I've always done. I don't ask for much, just to know somehow that I am on the right path."

The chill of the night had settled in, but Doc slept soundly wrapped in a heavy blanket. Slowly he became aware of a beautiful soft white light surrounding his being. He inhaled deeply feeling great warmth within his chest. He continued to breathe deeply, not wanting to lose this wonderful experience. He became aware of someone holding his left hand, and he knew in an instant that it was his wife, Druscilla. He tried to open his eyes and realized his whole body was unable to move. He had never known such peace at any time in his life and held on, relishing each moment. Slowly, the buggy began to feel empty again and Doc opened his eyes. He put his hands together. The left hand was very warm and the right one was quite cold. He looked up to the starry sky and murmured, "Thank you."

Doc Mitchell was at the outskirts of town now, and as he came closer to the church he could hear the congregation singing his favorite hymn. He stopped the buggy and walked inside the Church. Rev. Michaels smiled broadly, moved quickly to Doc's side and said, God bless you, sir, we've all missed you so much." Doc smiled and shook the minister's hand, but made no reply. He would never reveal his Christmas experience, but he would never forget, for he had seen God within himself and knew the light of the Lord.

Dr. Boyd Named President-elect

At the annual meeting of the Civil Aviation Medical Association in Monterrey, California on October 24, 1984, John H. Boyd, D.O. was named president-elect. He also participated in the First Global Symposium on Civil Aviation Medicine featuring speakers from 15 countries discussing problems in civil aviation medicine. In addition, Robert Shields, M.D., president of Civil Aviation Medical Association named Dr. Boyd program chairman for the symposium to be held in October 1985 in Guadalarja, Mexico.

A TOMA member since 1955, Dr. Boyd received his D.O. degree from Kirksville College of Osteopathic Medicine in 1955 and has practiced in Louise, Silverton and Eden, where he is presently located. He has held numerous positions including member of the Texas Medical Foundation, Texas Institute for Medical Assessment, TOMA president from 1973-74, member of the TOMA House of Delegates for 18 years, with eight of them as vice speaker and as a member of the AOA House of Delegates. Dr. Boyd is also an aviation medical examiner and is a member of the American Osteopathic Academy of Public Health and Preventive Medicine.

TOMA President Reports

It was a distinct pleasure to be with District XV members and guests at their legislative dinner on October 4 at Las Colinas. This affair was a true example of what a group of dedicated D.O.s can do to enhance the image of the profession with the people who make the laws under which we practice and which ultimately affect our livelihood. My hat is off to District XV! I would like to challenge other districts to become similarly involved so that even greater things can be accomplished for our profession.

On October 13, Dr. Elva and I were guests of District VII in San Antonio. It was great seeing new faces, some coming from as far away as Killeen to be at this meeting. We also were gratified to greet standard bearers, who have for many years kept the profession united by their very presence. Together, new enthusiasm and interest is sparking District VII.

October closed with a very eventful weekend, beginning with the TCOM Advisory Committee meeting on October 26. The chief topic here was the low scores achieved by a few of the TCOM students on the most recent FLEX exam, resulting in adverse publicity in the *Fort Worth Star-Telegram*. The TCOM President and his staff presented facts from a thorough analysis of the problems and assured us that some changes have been initiated and others are forthcoming to rectify this problem. From my own analysis, I would like to point out that the highest average grade on the FLEX exam is 83 percent (from Texas A&M) and the lowest is 77 percent from TCOM — only a five-point spread. It was directly admitted by several M.D. sources that the FLEX is derived partially from exams that the allopathic students have already taken in their home schools, so that they have an advantage of 25-50 percent repeat questions. You can easily see that if our students had had that advantage, they could easily have scored much higher. The question is not if FLEX is a good or bad testing procedure, or even if it tracks osteopathic education— which it appears not to do — but instead, the question involves access to preparatory material.

The answers are not yet in, but your board and association are not sitting idle. The program for correcting this injustice is progressing. TOMA and TCOM are committed to excellence in osteopathic education and are diligently striving toward that goal.

Following the advisory meeting, TOMA Archives Committee met, formulating plans to make the TOMA headquarters a repository for the history of osteopathic medicine in Texas. Your support is solicited; any old medical paraphernalia, documents, or other

Our 287-bed hospital offers the physician:

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A COMMITMENT... for providing the best diagnostic and treatment capabilities available for the citizens of our community; at present offering cobalt treatment, LASER eye surgery, outstanding nuclear medicine department, and many other services not usually found in hospitals of comparable size.

Dallas/Fort Worth Medical Center – Grand Prairie

2709 Hospital Blvd.
Grand Prairie, Texas 75051
(214) 641-5001

Contact Richard D. Nielsen, Administrator

"Ours is a health care facility that will not be content with less than excellence in everything we do."

ems of historical significance are earnestly sought. ease notify the TOMA office if you can help. More ublicity concerning this effort will follow.

Later that day, the TOMA Board hosted the junior ass and their guests to a splendid buffet at the TOMA ffice. This peer-to-peer interaction in small groups elped us to understand and appreciate one another's roblems and concerns. I was personally impressed ith the maturity, commitment, and dedication exressed by our future D.O.s. We will be in good hands hen these men and women take over leadership in ur profession.

The TOMA Board works! The executive finance ommittee meeting began at 7:30 a.m. on October 27, llowed by a TOPAC meeting, ending with a meeting f the full Board. The intensive agenda of twenty opics included the following: 1) TCOM FLEX scores, legislative action, particularly our support of the ational Osteopathic Board for licensure, 3) budget nalysis (We *are* operating within our budget.), 4) eview of insurance programs, 5) membership strateies, 6) reimbursement for OMT, 7) disciplinary action eferred from H & I committees, 8) 1985 pre-convenon report (Corpus Christi will be terriffic in May — an to come!), 9) revamped student loan programs, nd 10) continuing support of the Texas Medical oundation. The day was long but productive.

As you can see, the issues affecting you are being ddressed. Keep your imput coming to your represenative on the TOMA Board and to me. We are comitted to serving all of you to the best of our abilities, ndividually and collectively.

Capitol Report

By Bill Clayton

After months of campaigning, the results are in. The Reagan landslide was greater than expected, and the coat-tail effect contributed to the election of 16 new Republican House members in the Texas Legislature, and one new Republican Senator. It will be a new day in the Texas Legislative halls, however it is my firm belief that the 69th Legislature will be most responsive to TOMA, osteopathic doctors, and the Texas Osteopathic Medical School. With new floor space coming on line, and a full compliment of students in all classes, our need for adequate appropriations will be most critical. This will be difficult to come by in the face of the impending money crunch for state government, but working together as a team we will succeed. As an individual, if you have a newly elected Representative, contact him or her and let them know you support them in the coming Legislative session. This will begin to build goodwill towards our group, and our long term goals will become more attainable.

TCOM Joins Local Adopt-a-School Program

Texas College of Osteopathic edicine (TCOM) has "adopted" ort Worth's magnet health prossions high school in the local hool district's adopt-a-school proram.

Professionals at TCOM will work ith students and faculty at the ort Worth Independent School istrict's High School of Medical rofessions at North Side High hool in the program that began is fall.

"This is a great opportunity for e college to invest in a school that as a tremendous tradition and istory in Fort Worth," said Carlos ente, asssistant to the president at TCOM and liaison for the program. "To North Side, this is an obvious boost to a new program. We will be providing ground floor assistance to a program that is unique to Fort Worth and to the State."

Edward Elko, Ph.D., associate dean for basic sciences, is coordinator of the program.

Students selected for the program will enroll in courses of enriched and advanced mathematics, science, foreign languages and English classes, as well as classes in exploratory medical careers, computer science, health and laboratory science. The program also includes an internship in which students work in a medical/professional facility.

Students must apply for the program and will be accepted on the basis of academic standing, teacher or counselor recommendations and student interest. A standardized test also will be reviewed.

More than 200 different careers are available in the health field, with six million people now employed nationwide. Already one of the largest industries in the state, medical professions are predicted to top the list in Texas by the year 2000.

Dr. Willard Resigns as TCOM President

November 12, 1984

Board of Regents
Texas College of Osteopathic Medicine
Denton, Texas 76203

Ladies and Gentlemen:

I would like to step down as President and Dean of the Texas College of Osteopathic Medicine, effective June 1, 1985, so as to return to full-time teaching and research as a member of the faculty in the Department of Surgery.

In the lifetime of every institution, there comes a time when new directions are appropriate. This also holds true in our professional lives. I wish to thank the Board of Regents of North Texas State University and Chancellor Hurley for having had the opportunity to serve as administrative officer on the TCOM Fort Worth campus. I am proud to have been a part of two great institutions.

North Texas State University is taking its rightful place in Texas higher education. Not only is it growing, but it is articulating a commitment to academic excellence.

Over the past nine years, I have had a part in recruiting one of the finest medical school faculties in the United States. I have been involved in the selection of key department chairmen, assistant deans, and associate deans, and in the appointment of the current Vice President for Academic Affairs. The past nine years have seen the creation of a unique department of medical humanities under the initial leadership of Charles Ogilvie, D.O.

Dr. Ogilvie and my old teacher, Irwin Korr, Ph.D., led a faculty task force in the development of our goals statement, which was approved by the Board of Regents in 1980. The goals statement is a landmark document. Its sound philosophy has been confirmed and reconfirmed in policy statements of the U.S. Department of Health and Human Services and, in particular, by the outgoing Assistant Secretary for Health. Within the last few weeks, the Association of American Medical Colleges has published its report on "Physicians for the Twenty-First Century." This new report reiterates most of the ideas in our goals statement.

In the past six years, we have developed clinical teaching relationships with the United States Air Force Regional Hospital, Carswell Air Force Base, and William Beaumont Army Medical Center in El Paso, Texas. These have been built on the sound relationships with Fort Worth Osteopathic Medical Center; Northeast Community Hospital, Bedford; Dallas/ Fort Worth Medical Center, Grand Prairie; Stevens Park Osteopathic Hospital, Dallas; and other fine osteopathic teaching hospitals.

An exciting recent development has been the creation of the Center for Osteopathic Research and Education. Despite a 100-year history of teaching medical students, the TCOM Center for Osteopathic Research and Education is unique and promises much, not only for education in colleges of osteopathic medicine, but also it can make a much needed contribution to medical teaching in all colleges of medicine.

The past years have seen the development of the Institute for Human Fitness, which continues to grow and to serve TCOM, NTSU, Fort Worth, and Tarrant County and have had an immeasurable impact on the health and effectiveness of several police and fire departments, faculties and staffs of TCOM and NTSU and the public at large.

The State has been generous in its support of new facilities. I am proud of the clinical science building, Medical Education Building 1; the basic science and animal care facility, Medical Education Building 2; and the new Library and Learning Resources Center now in the process of construction just north of Medical Education Building 2.

We have enjoyed a partnership relationship with the City of Fort Worth in the Northside Multipurpose Center and the Southside Multipurpose Center. The ambulatory clinics in these two centers are providing needed medical care while serving as an educational base for our senior medical students.

I was pleased to serve as the first co-chairman of the NTSU/TCOM Educational Coordinating Council (NTECC). We have only just begun to scratch the surface of the enormous potential for productive relationships between NTSU and TCOM. There will be a growing joint project in aging. There is in place a series of graduate programs administered by NTSU but strongly supported by TCOM faculty.

Most recently, we have entered into the Adopt-A-School program with the Fort Worth Independent School District. We look forward to supporting and nurturing the development of the North Side High School, which will serve as a magnet school for the entire district.

I look back on the last nine years with a sense of pride. I look forward to the next several years with a sense of excitement, knowing what is yet to come for the Texas College of Osteopathic Medicine and knowing what I can contribute as I return to full-time teaching and the practice of general surgery.

I look forward to working with you and the new TCOM administration in the fulfillment of the TCOM goals.

Sincerely,

Ralph L. Willard

Ralph L. Willard, D.O.
President
Texas College of Osteopathic Medicine

In Memoriam

Arthur W. Johnson, D.O.

Arthur W. Johnson, D.O., of Houston, passed away October 19. Funeral services were held October 23 at Church of the Redeemer, Episcopal with the Rev. Ladd Fields officiating.

Dr. Johnson received his D.O. degree from Kirksville College of Osteopathic Medicine in 1960, interned at Corpus Christi Osteopathic Hospital from 1960-61 and had been an active member of the Texas Osteopathic Medical Association since that time.

He had served in the TOMA House of Delegates for seven years and served as an officer of TOMA District VI.

In 1983 on the occasion of Black History Day observance at the State Capitol, Dr. Johnson received a special citation in ceremonies under the rotunda from Rep. Senfronia Thompson of Houston.

Dr. Johnson was active in the church and served as a medical missionary in Malawi, Africa.

He is survived by his wife, Nan, Houston; his mother, Mrs. Naomi Wright Johnson, Clovis, New Mexico; daughters, Mrs. Dorothea Johnson Fleischer, Channelview; Mrs. Rebecca Jayne Johnson Gray, Cypress; Miss Estajean Rosemarie Johnson, Houston, fosterdaughter Mrs. Tina Richter, Houston; son, William Elliott Johnson, Houston; and three grandchildren.

Ralph W. Bradford, D.O.

Ralph W. Bradford, D.O., 63, of Buna passed away at his home on October 1. Funeral Services were held Wednesday at First Baptist Church with burial in Antioch Cemetery under the direction of Causey's E. E. Stringer Funeral Home.

Dr. Bradford had been a longtime member of TOMA and had practiced in Buna since 1957. He was a Texas member of the American Osteopathic Academy of Public Health and Preventative Medicine.

He was honored in June at his 40th class reunion at Kirksville College of Osteopathic Medicine from which he graduated in 1944.

Dr. Bradford is survived by his wife, Rosa Carter Bradford; three sons, Bill of Houston, Larry and Blair, both of Beaumont, and one grandchild.

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FYI

Physician's Guide to Professional and Personal Advisors

The least trustworthy advisers that physicians have are insurance agents, according to a poll of physicians and physician's advisers. The most trustworthy are accountants and practice-management consultants.

Other advisers with low integrity: funeral directors. Others with high integrity: lawyers, interior designers, financial planners, and bankers. Those with average-to-high integrity: architects and investment advisers.

The poll was conducted among 27 physicians and advisers whose clients are mainly physicians. The findings appear in a new book, *Physicians' Guide to Professional and Personal Advisers*, by Warren Boroson, just published by Medical Economics Books.

In the poll, integrity was defined as an adviser's readiness to put the client's interest above his or her own. According to author Boroson, members of any occupation are likely to be trustworthy if most of them (1) need not cut ethical corners to make a decent living, (2) are paid by fees, not by commissions, which might tempt them to overemphasize sales; and (3) have inherited a tradition of high ethical standards.

Physicians' Guide to Professional and Personal Advisers is available for $16.95 (plus $1.50 for handling) from Medical Economics Books, Box C-779, Pratt Station, Brooklyn, New York 11205. Prices are subject to change after January 1, 1985.

Radioactive Contaminated Gold Rings May Cause Skin Cancer

Without realizing it, some people have been wearing radioactive gold rings for years — causing a few to develop skin cancer. So says a report in the June issue of the *Journal of the American Academy of Dermatology*.

At least 14 cases of cancer of the ring finger have been indentified among persons who have worn contaminated rings, reported Charles D. Stutzman, M.D., from the Centers for Disease Control in Atlanta. The low levels of radioactivity found in the rings are believed to be from gold that was originally used to encapsulate radioactive radon gas, a technique developed in the 1920s to treat tumors. Most of the rings were purchased between 1921 and 1940 from jewelers in western New York state.

Radioactive contamination of gold rings does not appear to be a widespread public health hazard. However, many undetected cases probably exist. The Centers for Disease Control and the Food and Drug Administration are asking that physicians report skin cancer or hard to treat dermatosis of the ring finger to Gail Schmidt, FDA/NCDRH, 5600 Fishers Lane, Bethesda, Maryland 20857, (301) 443-2850.

"Baby Doe"; Key Health Bill

President Reagan has signed into law a key health bill, the controversial "Baby Doe" bill. This legislation requires states to create offices to monitor and regulate cases involving the withholding of medical treatment from handicapped newborns.

The "Baby Doe" saga began in 1982 in Bloomington, Indiana when a severely handicapped infant, at his parent's order, was not fed and extensive surgery to correct a digestive defect was not performed. Subsequently, the infant died six days after birth.

However, with the birth of the new legislation, such action would only be allowed in cases where the infant is irretrievably comatose, or would not survive without treatment, as based on the physician's "reasonable medical judgement".

Aids Alert

As reported in the August 30 *New England Journal of Medicine*, a rare cancer known as non-Hodgkin's lymphoma, which attacks the central nervous system, abdomen and bone marrow has now been added to the list of opportunistic infections found in those with acquired immune deficiency syndrom (AIDS).

A government spokesman says AIDS victims are eligible for federal Social Security disability benefits, and he characterizes the current approval rates for claims

95 percent.

As of this writing, two kinds f disability programs are avail-ble through the Social Security dministration. If a person opts r the plan paid for by Social ecurity taxes, the monthly enefits can be as much as $850, that person has been regularly mployed with high earnings. ther plans vary in each state.

Participating Applications Overlap

According to Health Care inancing Administration offi-ials, many of the participating pplications for the Medicare fee reeze overlap due to the fact hat many physicians practice in everal states and thus were sent everal applications. Another onsideration is that some pplications cover group prac-ices or clinics.

As a reminder, those who gree to become participating hysicians are accepting Medi-are assignment for all cases and harging the beneficiary on the pplicable coinsurance and de-uctible amounts. They will also e able to increase their fees hen the freeze expires on ctober 1, 1985.

HCFA is reviewing the 75,000 pplications received thus far, nd hope to have the grand total f participating physicians avail-ble January 1985.

Hospitals Complain that Wage Indexes Benefit Urban Facilities Over Rural Ones

The wage indexes, hospitals are complaining, benefit urban facilities over rural ones and also do not take into consideration part-time hours. With this in mind, House members from Missouri, Nebraska, Iowa, Kansas, South Dakota, and Minnesota have written to the HHS Secretary Margaret Heckler asking her to issue new indexes.

The new indexes were due to be released before October 1; however, they were not when only 78 percent of the hospitals returned the wage index survey forms.

In response to pressure from 23 members of the House, Secretary Heckler now has promised to issue new wage indexes for Medicare's prospective payment system (PPS) by the end of the year if 95 percent of hospitals participating in Medicare completed the survey and returned them by November 15.

Heckler plans to send each of the Congressmen a list of the hospitals in their districts that have not sumitted survey forms.

Ancient Hindu Folk Remedy has Piqued Interest of Modern Scientists

An ancient Hindu folk remedy has piqued the interest of modern scientists, according to a report in *The NIH Record*. Ancient texts describe the use of a species of coleus plant as a remedy for such varied ailments as heart disease, stomachaches, respiratory disorders, and insomnia. The particular species, *Coleus forskohlii*, is still used in Indian folk medicine today.

Extracts from the roots of the plant were found to have marked effects as a cardiac stimulant and as a muscle relaxant. The active principle was isolated by chemists at Hoechst Pharmaceuticals Ltd., Bombay. Its structure was determined and the name forskolin was given to it.

Initial research has shown that forskolin stimulates adenylate cyclase in a direct manner, unlike other stimulators of the enzyme's action. Researchers hope that forskolin will prove to be an invaluable research tool as well as a multifaceted therapeutic agent.

DIAGNOSTIC RADIOLOGY RESIDENCY AVAILABLE

Fort Worth Osteopathic Medical Center, a 200-bed facility (expanding to 265 by spring of 1986), affiliated with Texas College of Osteopathic Medicine, has an opening for a first-year diagnostic radiology resident.

Large, active Department of Medical Imaging with five radiologists, second-year radiology resident and large professional staff of specialists and sub-specialists. Residency program includes all areas of medical imaging, including magnetic resonance.

Please contact: Director of Medical Education, Fort Worth Osteopathic Medical Center, 1000 Montgomery Street, Fort Worth, Texas 76107: phone: 817/735-3121.

Media Won't, So Mobil Brings You the Good News

With thousands of newspapers and magazines network and cable TV news, and radio bulletins all day long, Americans are without doubt the most informed people in the world.

Whether they are the *best* informed is another question. One reason for this is that good news isn't news. It doesn't make our flesh creep like a good disaster does. Its entertainment value is minimal. And no reporter ever made his reputation by reporting good news, anyway.

But this lack of balance in the news can undermine our confidence in our country's future. So, in a small effort to even the score, here's a selection of good news we think should be more prominently reported. The figures come from *Statistical Abstract of the US: 1984*, put out by the Census Bureau:

Americans are getting healthier. A baby born in 1982 can expect to live to age 75, compared with age 70 for one born in 1960.

The roads are getting safer. Deaths per 100-Million motor vehicle miles were down to 2.8 in 1982 compared with 5.3 in 1965.

Education is improving. Over 12-Million students were in college in the fall of 1982, compared with 7.3-Million in 1970. Of people over 25 years of age, over 70 percent were high school grads in 1982, compared with 41 percent in 1960.

We could go on. But we've made our point. For the world's problems, see the TV and newspaper headlines. For the good news, you have to dig a little deeper. But it's there, and it's just as real. Have a *good* day!

Mobil Corp. paid editorial in major papers and news magazines, Sept. '84

AOBGP Release Requirements for Board Certification

Candidate must submit completed application and documentation that he/she has been in practice six years and has at least 600 acceptable CME hours or has completed a one year AOA-approved residency in general practice. The examination fee, a recent snapshot-size photo and a letter of intent must also be submitted. The candidate has three years to complete the examination that is given six times during those three years. A candidate is not board eligible until he/she receives notification from the AOBGP office that his/her application is complete.

A letter of board eligibility may be sent to candidates who have not been in practice six years and have not obtained 600 acceptable CME hours but have graduated from an accredited college of osteopathic medicine and have completed an AOA-approved internship program. A $25 annual fee will be required for secretarial services until such time as he/she has documented the required CME hours, six years in practice and applies for the examination.

All correspondence should be sent to:

American Osteopathic Board of General Practice
2474 Dempster Street, Suite 217
Des Plaines, Illinois 60616

Osteopathic Physicians Accept Fellowships

Two medical staff members of Fort Worth Osteopathic Medical Center, Stanley R. Briney, D.O., and Robert G. Garmon, D.O., have been accepted as fellows into national colleges of medicine.

Dr. Briney was accepted as a fellow into the American Osteopathic College of Radiology during its annual clinical assembly in New Orleans in October. Briney has been a member of the OMC medical staff since 1974 and is the chairman of the radiology department.

A graduate of Kirksville College of Osteopathic Medicine, Kirksville, Missouri, Briney interned at Lansing General Hospital in Lansing, Michigan and later completed his radiology residency at Grandview Hospital in Dayton, Ohio.

Dr. Garmon was accepted as a fellow into the American College of Chest Physicians at a conference held in Dallas in October. Garmon has been an OMC medical staff member since 1978.

After receiving his medical education from Kirksville College of Osteopathic Medicine, Garmon served an internship at Normandy Hospital in St. Louis, Missouri. He completed an internal medicine residency at OMC.

Both physicians hold membership in the Texas Osteopathic Medical Association and the American Osteopathic Association.

Professional Pathology Services
George E. Miller, D.O., F.A.O.C.P.
Richard R. Keene, M.D., F.C.A.P.
P.O. Box 64682 Dallas, Texas 75206

Rainey Receives Award of Merit

Claude G. Rainey, president of Health Care of Texas Inc., parent corporation of Fort Worth Osteopathic Medical Center, was honored recently with the 1984 Award of Merit from the American Osteopathic Hospital Association.

The award, which was presented at the AOHA's annual convention in Monterey, California, cited Rainey for his outstanding contributions to the association and for leadership in his profession.

Rainey has served as executive vice president of Fort Worth Osteopathic Medical Center since 1974 and assumed the additional responsibilities of president of the newly formed Health Care of Texas Inc. in September.

Wintercrest Charity Ball for 1985

The District II Auxiliary to the Texas Osteopathic Medical Association presents their annual Wintercrest Charity Ball benefiting osteopathic scholarships and the Gill Children's Services. It will be held on Saturday, February 23, 1985 in the Crystal Ballroom, at the Hyatt Regency Fort Worth, from 8:00 p.m. until 1:00 a.m. The cost will be $100 per couple.

This year the ball is entitled "College Reunion" which will feature the music from the "Big Band Era" up to Rock 'N Roll. There will also be a gourmet feast featuring foods across the nation.

Chairman of the ball this year is Mrs. David Stone.

We will be raffling off many lovely gifts including a trip. The ball is open to the public and anyone interested in obtaining tickets may call 735-2564 for further information.

We would appreciate your consideration and support of the "Wintercrest Charity Ball" and "Gill Children's Services."

The Gill Children's Services is an agency concerned with and dedicated to helping needy children of Tarrant County. Emphasis is given to the purchase of dental and critical orthodontic services, medical equipment, and outpatient medical care. The agency also buys professional services from established programs which provide services for those children with other specific needs.

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NORWICH EATON AUDIO-VISUAL DIRECTORY ADDS 18 NEW PRESENTATIONS

The new 125-page directory of audiovisual presentations available from Norwich Eaton Pharmaceuticals includes 18 new presentations added to the company's library during the past two years. With these additions, 237 different presentations are now available on a free-loan basis and for purchase.

The 18 new presentations focus on specific aspects of urology, enteral feeding, Paget's disease, heterotopic ossification, general surgery, and allergy.

Copies of the 1984-85 Norwich Eaton Directory of Audio-Visual Presentations are available, at no charge, from Norwich Eaton representatives or by writing to Norwich Eaton Audio-Visual Library, 17 Eaton Avenue, Norwich, New York 13815.

TCOM STUDENT RECEIVES McCAUGHAN AWARD

S/D Michael E. Davis a second-year student at Texas College of Osteopathic Medicine, has been named recipient of a $400 R.C. McCaughan Scholarship by the National Osteopathic Foundation.

The scholarships are given each year to one student at each of the 15 osteopathic medical schools in the nation. They are awarded on the basis of outstanding capabilities and strong motivation in osteopathic philosophy exhibited during the first year of medical school.

NATIONS HOSPITALS SUCCUMB

According to the Health Care Financing Administration, some 74 percent of all hospitals are now under Medicare's prospective payment system. The group of hospitals that joined PPS on July 1 was the largest since the system began.

ORPHAN DRUGS

Under legislation approved by Congress recently, diseases affecting fewer than 200,000 people in the United States will now be classified as "orphan diseases". Because of the fact there was no clear definition for orphan disease earlier, tax breaks authorized by Congress in late 1982 were not implemented by the Treasury Department.

This legislation will also put to rest a debate within the Reagan Administration over tax breaks to drug companies that develop orphan drugs.

AACOM AWARDED GRANT

The American Association of Colleges of Osteopathic Medicine (AACOM) has been awarded a grant for a gerontological training project by the Office of Human Development Services, U.S. Department of Health and Human Services. The technical aspects of the project will be conducted by the Ohio University College of Osteopathic Medicine.

The goal is to provide osteopathic colleges with materials, strategies, and resources by which osteopathically oriented content dealing with the care of the older individual can be incorporated into the undergraduate medical curriculum.

ANDERSON ASSUMES DIRECTOR OF CORPORATE FINANCE DUTIES

Robert D. Anderson has been named director of corporate finance for Health Care of Texas Inc., the parent corporation of Fort Worth Osteopathic Hospital Inc. The announcement was made by Claude G. Rainey, president of Health Care of Texas Inc. and executive vice president of Fort Worth Osteopathic Hospital Inc.

Anderson will be responsible for the management of all financial and accounting activities of the corporation.

A native of Fitzgerald, Georgia, Anderson completed his studies in accounting at Massey College in Atlanta and became a certified public accountant in 1969.

FIRE-SAFE CIGARETTES

A bill passed by both the House and Senate and signed by President Reagan approved a study on the feasibility of developing a safe cigarette, or one that would not ignite such materials as mattresses or furniture.

According to the National Fire Protection Association, cigarettes caused 35 percent of all home

fires resulting in death.

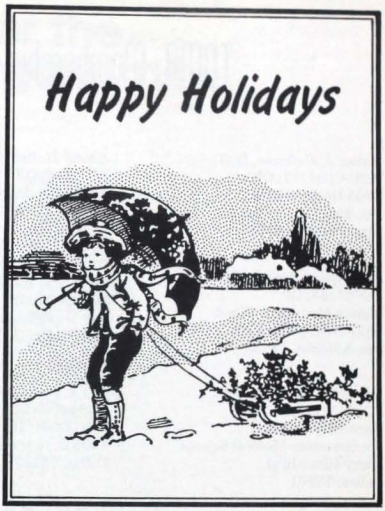
The bill requires an interim report within one year and a final report within 2 1/2 years and will examine all of the consequences of such a cigarette. Congress will then decide at that time whether the government should recommend the development of a fire-safe cigarette.

MEDICARE MEMBERS ON THE RISE

More than 30 million beneficiaries of Medicare will be forced to up the ante by paying a $400 deductible each time they are hospitalized next year. The old deductible of $356 will be phased out January 1.

Premiums paid for Part B coverage (physicians services) will rise from $14.60 per month to $15.50 per month.

There are about 30.5 million people covered by the Medicare program today. In 1985, the number is expected to leap to approximately 31 million. To that effect, Medicare spending is expected to increase from $63.1 billion in fiscal 1984 to $73.3 billion in fiscal 1985.



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in Texas (800) 772-7516
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Walter J. Ambrose, D.O.
MSU-COM '77; OPL
2705 Hospital Blvd.
No. 207
Grand Prairie, 75051

Sara Apsley-Ambriz, D.O.
TCOM '83; GP
Ingram Med. First Clinic
6322 N.W. Loop 410
San Antonio, 78238

Edward P. Balaban, D.O.
PCOM '77; I; HE; ON
University of Texas
Southwestern Medical School
Harry Hines Blvd.
Dallas, 75201

Jimmy D. Bell, D.O.
KC '72; C-OR
5502 39th, Suite 102
Groves, 77619

Francis X. Blais, D.O.
PCOM '75; CF; C-I
999 Montgomery
Fort Worth, 76107

Michael Chune, D.O.
MSU-COM '76; C-U
7505 Scyene Road, Suite 201
Dallas, 75227

Teresa Denney, D.O.
COMP '83; GP
803 Woodard Way
No. 215
Arlington, 76811

Richard J. Feingold, D.O.
PCOM '79; I; C
1912 Central Dr., Suite A
Bedford, 76021

Brent E. Gorman, D.O.
TCOM '81; Fam. Prac.
4401-A, I35 North, Suite 170
Denton, 76201

Mark D. Hughes, D.O.
TCOM '78; GP
P.O. Box 43406
Seven Points, 75143

Neil S. Levy, D.O.
COMS '71; C-PD
7505 Scyene Road
Dallas, 75227

Jeffrey A. Mills, D.O.
CCOM '78; I
8721 Airport Freeway
Suite 116
Fort Worth, 76118

John L. Sessions, D.O.
TCOM '74; GP
1609 S. Margaret St.
Kirbyville, 75956

Ralph G. Stein, D.O.
COMS '76; ANES
1000 Montgomery
Fort Worth, 76107

John P. Waytuk, D.O.
TCOM '83; GP
1000 Montgomery
Fort Worth, 76107

Stephen E. Weis, D.O.
COMS '78; CF; I
Camp Bowie at Montgomery
Fort Worth, 76107

Edward West, D.O.
CCOM '83; GP
5454 Amesbury Dr.
No. 1301
Dallas, 75206

History Buffs

When was the first osteopathic hospital established in Texas?

Who was the first D.O. to establish practice in Texas?

TOMA Journals from 1924 forward needed.

TOMA Needs what's on your book shelves, in scrapbooks or in your attic that relate to the History of Osteopathy in Texas.

Call or write
TOMA Archives Committee
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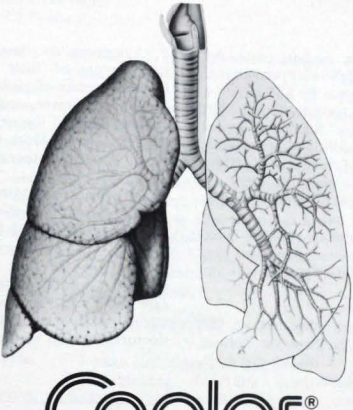
1—800—772-5993

Charles Ogilvie, D.O., Chairman; T. Eugene Zachary, D.O., Ray Stokes, Tex Roberts, members.

Consider the causative organisms...



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Brief Summary: Consult the package literature for prescribing information.

Indications and Usage Ceclor (cefaclor, Lilly) is indicated in the treatment of the following infections when caused by susceptible strains of the designated microorganisms:

Lower respiratory infections, including pneumonia caused by *Streptococcus pneumoniae* (*Diplococcus pneumoniae*), *Haemophilus influenzae* and *S. pyogenes* (group A beta-hemolytic streptococci)

Appropriate culture and susceptibility studies should be performed to determine susceptibility of the causative organism to Ceclor.

Contraindications Ceclor is contraindicated in patients with known allergy to the cephalosporin group of antibiotics.

Warnings IN PENICILLIN-SENSITIVE PATIENTS, CEPHALOSPORIN ANTIBIOTICS SHOULD BE ADMINISTERED CAUTIOUSLY. THERE IS CLINICAL AND LABORATORY EVIDENCE OF PARTIAL CROSS-ALLERGENICITY OF THE PENICILLINS AND THE CEPHALOSPORINS, AND THERE ARE INSTANCES IN WHICH PATIENTS HAVE HAD REACTIONS, INCLUDING ANAPHYLAXIS, TO BOTH DRUG CLASSES.

Antibiotics, including Ceclor, should be administered cautiously to any patient who has demonstrated some form of allergy, particularly to drugs.

Pseudomembranous colitis has been reported with virtually all broad-spectrum antibiotics (including macrolides, semisynthetic penicillins, and cephalosporins); therefore, it is important to consider its diagnosis in patients who develop diarrhea in association with the use of antibiotics. Such colitis may range in severity from mild to life-threatening.

Treatment with broad-spectrum antibiotics alters the normal flora of the colon and may permit overgrowth of clostridia. Studies indicate that a toxin produced by *Clostridium difficile* is one primary cause of antibiotic-associated colitis.

Mild cases of pseudomembranous colitis usually respond to drug discontinuance alone. In moderate to severe cases, management should include sigmoidoscopy, appropriate bacteriologic studies, and fluid, electrolyte, and protein supplementation. When the colitis does not improve after the drug has been discontinued, or when it is severe, oral vancomycin is the drug of choice for antibiotic-associated pseudomembranous colitis produced by *C. difficile*. Other causes of colitis should be ruled out.

Precautions: *General Precautions* — If an allergic reaction to Ceclor* (cefaclor, Lilly) occurs, the drug should be discontinued and, if necessary, the patient should be treated with appropriate agents, e.g., pressor amines, antihistamines, or corticosteroids.

Prolonged use of Ceclor may result in the overgrowth of nonsusceptible organisms. Careful observation of the patient is essential. If superinfection occurs during therapy, appropriate measures should be taken.

Positive direct Coombs' tests have been reported during treatment with the cephalosporin antibiotics. In hematologic studies or in transfusion cross-matching procedures when antiglobulin tests are performed on the minor side or in Coombs' testing of newborns whose mothers have received cephalosporin antibiotics before parturition, it should be recognized that a positive Coombs' test may be due to the drug.

Ceclor should be administered with caution in the presence of markedly impaired renal function. Under these circumstances, careful clinical observation and laboratory studies should be made; dosage adjustments may be made smaller than ordinarily recommended.

As a result of administration of Ceclor, a false-positive reaction for glucose in the urine may occur. This has been observed with Benedict's and Fehling's solutions and also with Clinitest® tablets but not with Tes-Tape® (Glucose Enzymatic Test Strip, USP, Lilly).

Broad-spectrum antibiotics should be prescribed with caution in individuals with a history of gastrointestinal disease, particularly colitis.

Usage in Pregnancy — *Pregnancy Category B* — Reproduction studies have been performed in mice and rats at doses up to 17 times the human dose and in ferrets given three times the maximum human dose and have revealed no evidence of impaired fertility or harm to the fetus due to Ceclor. There are, however, no adequate and well-controlled studies in pregnant women. Because animal reproduction studies are not always predictive of human response, this drug should be used during pregnancy only if clearly needed.

Nursing Mothers — Small amounts of Ceclor* (cefaclor, Lilly) have been detected in mother's milk following administration of single 500-mg doses. Average levels were 0.16, 0.35, 0.21, and 0.15 mcg/ml at two, three, four, and five hours respectively. Trace amounts were detected at one hour. The effect on nursing infants is not known. Caution should be exercised when Ceclor is administered to a nursing woman.

Usage in Children — Safety and effectiveness of this product for use in infants less than one month of age have not been established.

Adverse Reactions: Adverse effects considered related to therapy with Ceclor are uncommon and are listed below.

Gastrointestinal symptoms occur in about 2.5 percent of patients and include diarrhea (1 in 70).

Symptoms of pseudomembranous colitis may appear either during or after antibiotic treatment. Nausea and vomiting have been reported rarely.

Hypersensitivity reactions have been reported in about 1.5 percent of patients and include maculopapular eruptions (1 in 100). Pruritus, urticaria, and positive Coombs' tests each occur in less than 1 in 200 patients. Cases of serum-sickness-like reactions (arthralgia multiforme or the above skin manifestations accompanied by arthralgia/arthralgia and, frequently, fever) have been reported. These reactions are apparently due to hypersensitivity and have usually occurred during or following a second course of therapy with Ceclor. Such reactions have been reported more frequently in children than in adults. Signs and symptoms usually occur a few days after initiation of therapy and subside within a few days after cessation of therapy. No serious sequelae have been reported. Antihistamines and corticosteroids appear to enhance resolution of the syndrome.

Cases of anaphylaxis have been reported, half of which have occurred in patients with a history of penicillin allergy.

Other effects considered related to therapy included eosinophilia (1 in 50 patients) and genital pruritus or vaginitis (less than 1 in 100 patients).

Hepatic — Transient hepatitis — Transitory abnormalities in clinical laboratory test results have been reported. Although they were of uncertain etiology, they are listed below to serve as planning information for the physician.

Hepatic — Slight elevations in SGOT, SGPT, or alkaline phosphatase values (1 in 40).

Hematopoietic — Transient fluctuations in leukocyte count, predominantly lymphocytosis occurring in infants and young children (1 in 40).

Renal — Slight elevations in BUN or serum creatinine (less than 1 in 500) or abnormal urinalysis (less than 1 in 200).

(3617R2R)

Note: Ceclor* (cefaclor, Lilly) is contraindicated in patients with known allergy to the cephalosporins and should be given cautiously to penicillin-allergic patients.

Penicillin is the usual drug of choice in the treatment and prevention of streptococcal infections, including the prophylaxis of rheumatic fever. Consult prescribing information.

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Lilly

Additional information available to the profession on request from Eli Lilly and Company Indianapolis, Indiana 46285

Eli Lilly Industries, Inc.
Caguas, Puerto Rico 00630

Change is Fine - - - For Others

Despite efforts to slow rising medical costs, the federal government has made the following predictions: the cost of health care will increase by $50 billion a year going from $332 billion in 1982 to $1.9 trillion by 1999. Despite these awesome figures, a report compiled by the Robert Wood Johnson Foundation and published in the *New England Journal of Medicine* believes this doubling of health care costs every six years is due to the fact that people only want changes that don't affect their own health care.

Fifteen national public opinion surveys were summarized and a surprising degree of agreement was found among the respondents. The four conclusions that were reached are as follows:

1. Public and elected officials see rising costs as the number one problem in health care. However, neither ranks the issue as very high on a list of the most important problems facing the nation.

2. Americans are deeply disturbed by the sharply rising prices of their health care, particularly the increasing costs of visits to the doctor or stays in the hospital. However, most are not troubled by the growing share of the nation's economy that is devoted to health care. Most believe that society currently spends too little rather than too much for such services.

3. Although most Americans believe the country's present health-care system is inefficient, they are generally satisfied with their own health care.

4. Three out of four people believe doctors bear a major responsibility for the nation's rising health-care costs, and two out of three people say they are beginning to lose faith in doctors. But in general, doctors maintain a unique credibility with the public.

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ATOMA News

By Alleen Bailes
ATOMA Public Relations

A goodly group of our physicians and their wives traveled to New Orleans to attend the American College of Osteopathic Surgeons' Annual Clinical Assembly of Osteopathic Specialists in October. Among those who attended were: Dr. and Mrs. David Bilyea, Dr. and Mrs. Stan Briney, Drs. Russ and Constance Jenkins, Dr. and Mrs. Joel Alter, Dr. and Mrs. Kenneth Ponitz and Dr. and Mrs. David Beyer.

At its annual meeting there, the Auxiliary to the American College of Osteopathic Surgeons elected our Carolyn Bilyea as its president for the coming year. Congratulations, Carolyn!

Also at this meeting, Stan Briney was made a Fellow of the American Osteopathic College of Radiology. He was given a big surprise when wife, Priscilla, had — unknown to him — made arrangements for his children and his parents to be there and be present for this signal honor. Congratulations, Stan!

As a charitable service, our District II Auxiliary has "made up" hygiene kits which will be available for gifting to indigent patients who are hospitalized. Patient Representative Judy Beyer will be doing the dispensing of these necessary "supplies".

A new service being provided courtesy of the Fort Worth Osteopathic Medical Center is a hospitality cart manned by the Guild volunteers which is stocked with orange juice and coffee and is available in all the waiting rooms on the first and second floors. These refreshments have been very welcomed and have received many positive comments.

During the September 6-9 meeting of the International Congress on Osteopathic Medicine held in Brussels, Belgium, our Dr. Catherine Carlton served as chairwoman of a Manipulative Medicine workshop and demonstrated treatment techniques for painful thoracic and lumbo-sacral areas.

I have glad news and sad news. The beginning of a life when Matthew Frederick Brenner was born on October 4 to Chris and John Brenner. Our congratulations to the Brenner family. The ending of a life on October 27 with the death of Jane Ann Ellis Meals. Jane Ann was the daughter of Virginia and Noel Ellis. Our sincere sympathy to all the family of Jane Ann.

Everyone should have received the letter from Nancy Hawa about the Holiday Card Project. This is such a good way of sending greetings to so many with so little effort on our part.

Pat Mazeika tells me the Holiday Party will be held on December 12 at the Petroleum Club. We will don our holiday attire and come to eat a delicious dinner and then to dance away some of the calories we have just eaten and have a really good time with our District II friends.

Ten Years Ago in the "Texas DO"

The TCOM library was selected for MEDLARS Center (Medical Literature Analysis and Retrieval System). This was a bibliographic retrieval system which provided immediate searching of over 400,000 journal articles from over 3,000 bio-medical journals of worldwide scope.

An end to discrimination based on academic degree for the D.O.s in California came about with S.B. 2283.

Dr. Charles Ogilvie of Ben Wheeler was named a Fellow of the American College of Osteopathic Surgeons.

New England began work to establish an osteopathic college. And in the same vein, a campus site was chosen for Oklahoma College of Osteopathic Medicine and Surgery.

Dr. Wilfred G. Millington was elected to serve as president of the National Association of Boards of Examiners for Nursing Home Administrators.

Ligamentous Articular Strain Techiques Workshop

Friday evening, Saturday & Sunday

February 8-10, 1985

CME Credit

20 Hours; Category 1-A (AOA)

Sponsored by:

Texas College of Osteopathic Medicine

Center of Osteopathic Research and Education (CORE)

Dallas/Fort Worth Osteopathic Study Group

Topics

Theory and Principles of Ligamentous Articular Strain Techniques and Hands-on Experience in:

Cervical Spine
Thoracic Spine
Lumbar Spine
Rib Cage
Sacrum and Pelvis
Upper & Lower Extremities
General Fascial

Location

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Fort Worth, Texas 76107

For Further Information

TCOM, Office of CME
Camp Bowie at Montgomery
Fort Worth, Texas 76107
817—735-2539

Opportunities Unlimited

PHYSICIANS WANTED

ANESTHESIOLOGY Residencies — Texas College of Osteopathic Medicine now accepting applications for residencies in anesthesiology. Contact: Paul A. Stern, D.O., TCOM, Department of Anesthesiology, Camp Bowie at Montgomery, Fort Worth, 76107.

ASSOCIATE NEEDED — in a well established clinic in small town, one hour from Austin. D.O. current there, has excellent practice and additional help is needed. Town is a county seat and is located in a high growth area. If interested in practicing in a small, clean, growing community, please contact: TOMA, Box 104, 226 Bailey Avenue, Fort Worth, 76107.

BONHAM — Golden opportunity exists for G.P. in town of 7600, one hour northeast of Dallas. Large D.O. practice vacated in June with no physician to take over. Young D.O. in same town seeks association with G.P./F.P. or surgeon willing to do some general practice. Modern 60-bed hospital draws from area of approximately 15,000. Guarantee available. Call or write Chief of Staff, J. E. Froelich, D.O., 214—583-3191 (office) or 214—583-4812 (home) or Administrator Mike Moseley, 214—583-8585 at Fannin County Hospital, 504 Lipscomb Avenue, Bonham, 75418.

CHAIRMAN, Department of Manipulative Medicine (formerly Department of Osteopathic Philosophy, Principles and Practice), Texas College of Osteopathic Medicine. Applicant must have a D.O. degree and have been awarded the F.A.A.O. degree or have achieved candidate status. Minimum of 3-5 years of classroom teaching experience in a Department of Osteopathic Philosophy, Principles and Practice. Must have acknowledged leadership and administrative skills, as well as proven commitment to academic excellence. Interested individuals should submit curriculum vitae and three references to: Clyde A. Gallehugh, D.O., Chairman, Search Committee, T.C.O.M., Camp Bowie at Montgomery, Fort Worth, Texas 76107-2690. Deadline for applications: January 15, 1985. Texas College of Osteopathic Medicine is a state-supported medical school under the Board of Regents of North Texas State University and is dedicated to academic and research excellence. Applications will be held in confidence.

CORPUS CHRISTI Osteopathic Hospital is looking for an aggresive osteopathic physician interested in practicing general medicine in Corpus Christi, the "Texas Riveria." Corpus Christi has a population of approximately 250,000 with an SMSA of 350,000 with over 200 days of sunshine, beautiful beaches and bays and the Gulf of Mexico in our back yard. Corpus Christi offers great financial and recreational opportunities. Corpus Christi Osteopathic Hospital is a 140-bed general short term acute care hospital providing medical/surgical, ICU/CCU, alcohol rehabilitation and obstetrical services. Along with basic radiological facilities, Corpus Christi Osteopathic Hospital provides DSA and will soon have CT scanning capabilities. Following are some of the incentives that CCOH would consider offering to general practitioners considering relocation to Corpus Christi or surounding communties: Guaranteed income; relocation expenses; reimbursed travel expenses for visits to Corpus Christi if relocation to Corpus Christi occurs; life insurance; rent free office space for six months; option to earn additional income by covering outpatient clinic (paid by the hour); subsidize salary for joining existing practice; assistance in setting up office and billing service; office equipment loans. Contact: Mr. Robert Tamez, administrator, at 512—886-2430.

DALLAS/FORT WORTH AREA — eady Care Medical Clinics of Texas is eking full-time, personable, family hysicians to staff several primary care/ inor emergency clinics in the metro- lex. Income guarantee vs percentage of oss charges. Clinic medical directorships e available to qualified, caring phy- cians and the opportunity for part- wnership. Flexible schedule, malpractice id, independent contractor status, an cellent future for growth and success. ontact Dr. Steve Anders, medical rector, or Mr. Vernon Hester, admin- rator, 4101 Airport Freeway, Suite 01, Bedford, 76021, or call 817—540- 33.

AMILY PRACTICE FOR SALE — ,000 population, two hospitals, univer- y town, east Texas, excellent for raising milies, fully equipped office, estab- hed D.O. going for specialty training. ontact: B. H. Holland, D.O., 409—560- 04.

FORT WORTH — Position open for neral internist to join busy established oup practice. For information write: OMA, Box "103", 226 Bailey Avenue, ort Worth, 76107.

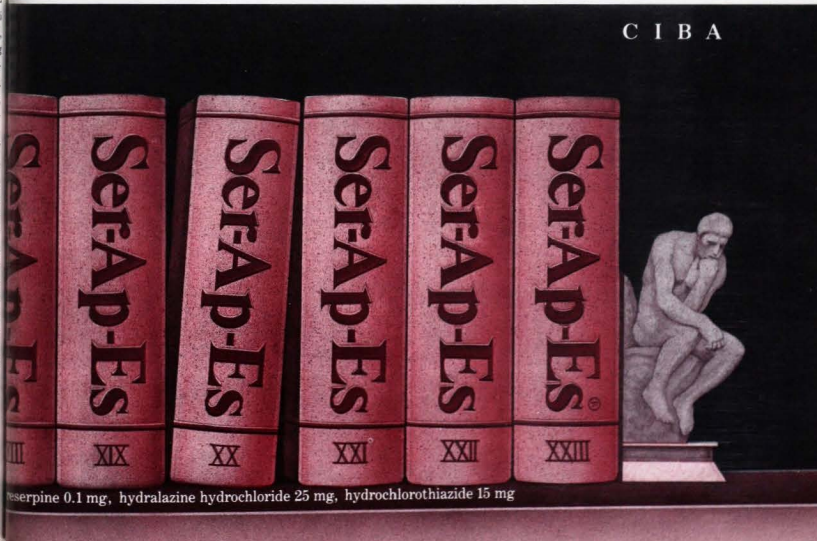
GENERAL/FAMILY PRACTICE — Town of 2,000 in the farming and ranching area of the Hill Country of Texas. Mason County is a major tourist area of Texas with deer and turkey hunting, river fishing, camping, bluebonnet trails and historic homes. The ONLY DOCTOR IN COUNTY needs associate/partner. No OB/Surgery; 18-bed hospital in town. Excellent facility 65 miles away with services up to and including CT scanning. Two hours from Austin and San Antonio. If you would be interested in settling into a Relaxed Country Living Atmosphere, write Jim Pettit, D.O., P. O. Box 1108, Mason, 76856, or call 915—347-5926 (office) or 915—347-6886 (home).

PHYSICIANS NEEDED — Family practice physicians, OB/GYN's ENT's, orthopedic surgeons and ophthalmologists are needed for practice situations in Texas. Financial assistance is available. For additional information send curriculum vitae to: Corporate Director, Professional Relations, 16633 Ventura Blvd., 13th Floor, Encinco, California, 91436.

QUANAH — Northwest Texas town of 4,000 population has young busy D.O. who needs partner. In practice two years; OB, pediatrics, geriatrics, surgery. Hospital has 48 beds and fully equipped. Guarantee and extras negotiable. Send resume to TOMA, Box "203", 226 Bailey, Fort Worth, 76107.

SOUTHEAST TEXAS — For sale. Well established family practice in Southeast Texas town of 8,000, one and a half hours from Houston. Financially secure practice; established 31 years ago. Six blocks from excellent community hospital. Latest in automated lab; x-ray with automatic processor; physical therapy, EKG, etc. High quality, honest employees. OB optional. Area provides excellent hunting, water sports, camping. Will introduce. Owner continuing education. If interested write TOMA Box 105, 226 Bailey Avenue, Fort Worth, 76107.

YORKTOWN — Town of 2,500 with a large rural area served needs family or general practitioner. The town is located 65 miles southeast of San Antonio, 38 miles northwest of Victoria — 21-bed hospital there. Temporary free office space provided up to one year. Guaranteed income negotiable. One other physician in town. Contact: Yorktown Memorial Hospital at 512—564-2233 or Dr. Gordon Barth, D.O., office 512—564-3383 or home 512—564-2300.



POSITIONS DESIRED

ARMY TRAINED — American Board of Family Practice — seeking associate for July 1985 in north central or east Texas area. Write James Wright, D.O., No. 2 Night Wind Court, Columbus, Georgia, 31909.

CERTIFIED GENERAL SURGEON — with a sub-specialty in vascular surgery, is interested in moving to Texas. Will consider all areas of Texas. Contact: TOMA, Box "202", 226 Bailey Avenue, Fort Worth, 76107.

GENERAL INTERNIST — completing residency June 1985 with additional training in nutrition, geriatrics and rheumatology. Seeking group or solo practice opportunity. Will perform endoscopy and non-invasive cardiology. Contact Karen J. Nichols, D.O., 2605 S. 98th East Ct., Tulsa, Oklahoma, 74129 or call 918—827-3058.

INTERNIST — active in hospital ICU practice is considering a change. Will consider all areas of Texas, Oklahoma, Arkansas and Colorado. Please mail inquiries to: Robert Sedar, D.O., P.A., 2828 S.W. 27th, Amarillo, Texas, 79109.

MOBILE RELIEF PHYSICIAN — Have Motor Home/Will Travel. General practice physician is semi-retired. Wife is qualified nurse. Can have both or just physician. Current state license and malpractice insurance in effect. No legal action past or present against. For more information contact: TOMA Box "201", 226 Bailey Avenue, Fort Worth, 76107.

OB/GYN — Board eligible. Texas licensed. Individual or group practice. CV upon request. For more information contact: TOMA, Box "200", 226 Bailey, Fort Worth, 76107.

PATHOLOGIST — Board certified osteopathic pathologist seeking a position as chief or associate. Solo or group practice desired. Experienced, well trained in clinical, anatomic pathology and laboratory management including knowledge of TEFRA & DRG's. Please reply to C.I. Gordon, D.O., 1233 Crane Drive, Cherry Hill, New Jersey, 08003.

PEDIATRICIAN — Board certified with varied experience. Texas license. Quite flexible. G.L. Dickman, D.O. Call 405—734-8287 or write 12701 Steve Drive, Moore, Oklahoma, 73165.

PHYSICIAN ASSISTANT — 1980 graduate of U.T. School of Allied Health Sciences' Physician Assistant Program — Board Certified — seeks position in Dallas area. Interested in surgery, internal medicine and family practice. Contact: John G. Henevadl, 1111 N. O'Connor Road, Suite 121, Irving, 75061, 214—254-6523.

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BEDFORD — Deluxe office space in new two story building, busy intersection in affluent, rapidly growing Bedford. Excellent location for a physician. Call 817—498-3883.

CENTER OF HEB AREA — Corner of Glenview Drive and Grapevine Highway. Traffic count 20,000 per day. Design your own office. Twleve hundred square feet and up. Will provide temporary space during construction. Contact: Myron I. Krupp, D.P.M., 817—284-8271 or 817—283-6913.

HEB AREA — Brown Trail Professional Building located in recognized medical area. Immediate occupancy for 744 sq. ft. — 1240 sq. ft. Excellent location, parking and building amenities. Call 214—869-1880 or Dr. Jennings — metro 268-3955.

FORT WORTH — Office space for sale or lease. All or part of 10,000 sq. ft. Share waiting room with pharmacy. Lab, x-ray, physiotherapy plus plenty of room to sub-lease. Includes dental suite. Would make excellent minor emergency clinic. Contact J. G. Dowling, D.O., 817—866-3308.

OFFICE SPACE AVAILABLE North Star Vision — Health Care Center is looking for a physician. Any specialty welcomed. Located at North Star at Buckingham, North Garland. Contact Dr. Stendig, 214—494-2020.

MISCELLANEOUS

FOR SALE — McManis Table good condition: $750. If interested call Dr. Jennings, 817—268-3955.

FOR RENT — Ready for a winter holiday? Try Red River, New Mexico; ski TAOS, Red River and Angel Fire. Two bedroom townhouse; 2 1/2 baths. Sleeps (8) on beds. For information contact: S. R. Briney, 14 Lake View Court, Aledo, 76008. Phone: 817—441-9373.

FOR SALE — Nitrous Crio Unit suitable for multiple (lesions) with straight and curved applications compact rolling stand. Also, electric padded tables on swivel base, excellent condition, foot control raises and lowers table and lower and upper sections. Contact: William Van De Grift, 2503 W. Jefferson Boulevard, Dallas, 75211.

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