TEXAS OSTEOPATHIC PHYSICIANS OF THE PROPERTY OF THE PHYSICIANS OF TH

July 1978

Osteopathic Oath

I do hereby affirm my loyalty to the profession I am about to enter.

I will be mindful of my great responsibility to preserve the health and the life of my patients, to retain their confidence and respect both as a physician and a friend who will guard their secrets with scrupulous honor and fidelity, to perform faithfully my professional duties, to employ only those recognized methods of treatments. In the professional duties, to employ only those recognized methods of treatments and with good judgment and with my skill and ability, keeping mandaluses nature's laws and the body's inherent capacity for recovery.

herent capacity for recovery.

I will be ever vigitary in anding in the general welfare of the community, sustaining its laws and institutions, not engaging in those practices which will in any way bring shame or discredit upon myself or my profession. I will give no drugs for deadly purposes to any person, though it be asked of me.

no drugs for deadly purposes to any person, though it be asked of me.

I will endeavor to work in accord with my colleagues in a spirit of progressive cooperation and never by were or by act cast imputations upon them or their rightful practices.

I will look with respect and esteem upon at those who have taught me my art. To my college I will be loval and struce a ways for its best interests and for the interests of the students who will come after me. I will be ever alert to further the application of basic biologic truth to the healing arts and to develop the principles of osteopathic medicine as taught by my profession.

In the presence of this gathering I bind myself to this oath.

When cystitis recurs... Bactrim fights uropathogen

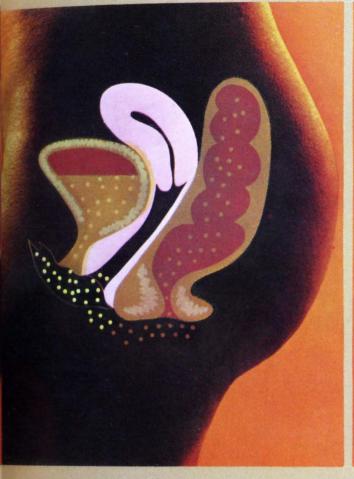


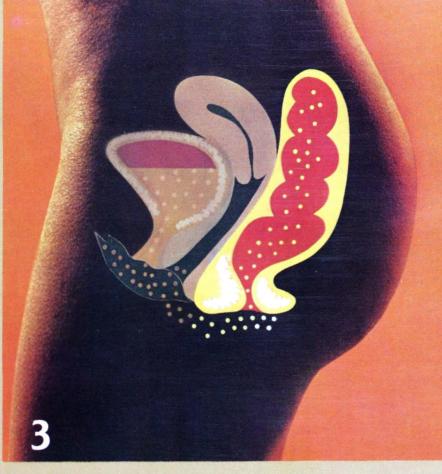
the Bactrim three-system counterattack

in the urinary tract

Bactrim provides high antimicrobial in the urine and a high degree of cline efficacy. Its spectrum includes the uropathogens most often encounter recurring urinary tract infections: Exception of the encounter recurring urinary tract infections and encounter recurring urinary tract infections.

at 3 important sites





the vaginal tract

ctrim attacks uropathogens colonizing vaginal introitus, a source of urethral ntamination and subsequent cystitis. Its nethoprim component diffuses into the ginal fluid in effective concentrations, is combating migration of urinary hogens into the urinary system.

in the lower intestinal tract

Bactrim markedly reduces the colonic reservoir of uropathogens with negligible emergence of resistance. Moreover, Bactrim rarely causes adverse effects on the balance of colonic flora...seldom causes monilial overgrowth often associated with many antibiotics.

st one tablet b.i.d. for 10 to 14 days

BACTRIM DS DOUBLE STRENGTH TABLETS

10 mg trimethoprim and 800 mg sulfamethoxazole)

clear her infection and mbat reinfecting organisms



Please see summary of product information on next page.



Before prescribing, please consult complete product information, a sum mary of which follows:

Indications and Usage: For the treatment of urinary tract infections due in Indications and usage. For the treatment of unitary tract injections due to susceptible strains of the following organisms: Escherichia coli, Kielssella-Enterobacter, Proteus mirabilis, Proteus vulgaris, Proteus morganii. It is recommended that initial episodes of uncomplicated urinary tract infections be treated with a single effective antibacterial agent rather than the combination. Note: The increasing frequency of resistant organisms limits the usefulne

tion. Note: The increasing frequency of resistant organisms limits the usefulness of all antibacterials, especially in these urinary tract infections.

Also for the treatment of documented *Pneumocystis carinii* pneumonitis. To date, this drug has been tested only in patients 9 months to 16 years of age who were immunosuppressed by cancer therapy.

The recommended quantitative disc susceptibility method (*Federal Register*.

The recommended quantitative class susceptibility in tentou (*Feberal Hegisler, 37:20527-20529, 1972) may be used to estimate bacterial susceptibility to Bactrim. A laboratory report of "Susceptible to trimethoprim-sulfamethoxazole" indicates an infection likely to respond to Bactrim therapy. If infection is confined to the urine, "Intermediate susceptibility" also indicates a likely response. "Ress tant" indicates that response is unlikely.

Contraindications: Hypersensitivity to trimethoprim or sulfonamides; pregnano

nursing mothers; infants less than two months of age.

Warnings: Deaths from hypersensitivity reactions, agranulocytosis, aplastic anemia and other blood dyscrasias have been associated with sulfonamides Experience with trimethoprim is much more limited but occasional interference

(160 mg trimethoprim and 800 mg sulfam

fights uropathogens at 3 important sites

- Highly effective against most urinary invaders
- ☐ Indicated even in presence of structural abnormalities and vesicoureteral reflux (so clinically significant in children)
- ☐ Indicated in patients as young as two months of age
- ☐ Dual action minimizes microbial resistance
- ☐ Generally well tolerated, with or without food
- ☐ Easy-to-follow b.i.d. dosage schedule
- ☐ During therapy, maintain adequate fluid intake; perform frequent CBC's and urinalyses with microscopic examination
- Contraindicated during pregnancy and the nursing period, in patients hypersensitive to its components and in infants under 2 months of age

with remaining possion and the control as well as a minimal and the control with purpura in elderly patients on certain diuretics, primarily thiazides. Sore throat, fever, pallor, purpura or jaundice may be early signs of serious blood disorders. Frequent CBC's are recommended; therapy should be discontinued if a significantly reduced count of any formed blood element is

Precautions: Use cautiously in patients with impaired renal or hepatic function possible folate deficiency, severe allergy or bronchial asthma. In patients with glucose-6-phosphate dehydrogenase deficiency, hemolysis, frequently dose related, may occur. During therapy, maintain adequate fluid intake and perform frequent urinalyses, with careful microscopic examination, and renal function tests, particularly where there is impaired renal function.

Adverse Reactions: All major reactions to sulfonamides and trimethoprimare included, even if not reported with Bactrim. *Blood dyscrasias*: Agranulocytoss aplastic anemia, megaloblastic anemia, thrombopenia, leukopenia, hemolytic anemia, purpura, hypoprothrombinemia and methemoglobinemia. *Allergic teat* tions: Erythema multiforme, Stevens-Johnson syndrome, generalized skin erup tions, epidermal necrolysis, urticaria, serum sickness, pruritus, exfoliative der matitis, anaphylactoid reactions, periorbital edema, conjunctival and scleral ine tion, photosensitization, arthralgia and allergic myocarditis. Gastrointestina reations: Glossitis, stomatitis, nausea, emesis, abdominal pains, hepatitis, diarrhea and pancreatitis. CNS reactions: Headache, peripheral neuritis, mental depression, convulsions, ataxia, hallucinations, tinnitus, vertigo, insomnia, apathy. fatigue, muscle weakness and nervousness. Miscellaneous reactions: Drug late chills, toxic nephrosis with oliguria and anuria, periarteritis nodosa and LE plie nomenon. Due to certain chemical similarities to some goitrogens, diuretics (acetazolamide, thiazides) and oral hypoglycemic agents, sulfonamides have caused rare instances of goiter production, diuresis and hypoglycemia in pa-

caused rare instances of goiter production, diuresis and hypoglycemia in partients; cross-sensitivity with these agents may exist. In rats, long-term therapy will sulfonamides has produced thyroid malignancies. **Dosage: Not recommended for infants less than two months of age.** *Urinary tract infections:* Usual adult dosage—1 DS tablet (double strength), 2 tablets (single strength) or 4 teasp. (20 ml) b.i.d. for 10-14 days. Recommended dosage for children—8 mg/kg trimethoprim and 40 mg/kg sulfamethoxazole per 24 hours, in two divided doses for 10 days. A guide follows. onths of age or olde

ormaten two months of age of older.					
	Weight		Dose—every 12 hours		
	lbs	kgs	Teaspoonfuls	Tablets	
	1bs 20	9	1 teasp. (5 ml)	1/2 tablet	
	40	18	2 teasp. (10 ml)	1 tablet	
	60	27	3 teasp. (15 ml)	11/2 tablets	
	80	36	4 teasp. (20 ml)	2 tablets or 1 DS tablet	

For nationts with ronal impairs

Recommended Dosage Regimen
Usual standard regimen
1/2 the usual regimen
Use not recommended

Pneumocystis carinii pneumonitis: Recommended dosage: 20 mg/kg tri prim and 100 mg/kg sulfamethoxazole per 24 hours in equal doses every 6 hours for 14 days. See complete product information for suggested children's dosage

Supplied: Double Strength (DS) tablets, each containing 160 mg trimethopim and 800 mg sulfamethoxazole, bottles of 100; Tel-E-Dose® packages of 100 Prescription Paks of 20. Tablets, each containing 80 mg trimethopim and 400mg sulfamethoxazole—bottles of 100 and 500; Tel-E-Dose® packages of 100. Prescription Paks of 40, available singly and in trays of 10. Oral suspension containing in each teaspoonful (5 ml) the equivalent of 40 mg trimethopim and 200 mg sulfamethoxazole, fruit-licorice flavored—bottles of 16 oz (1 pint).



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Mr. Tex Roberts, Editor

CALENDAR OF EVENTS

july

11

11—19
Annual Meeting of the AOA
Board of Trustees and House
of Delegates
Cincinnati, Ohio

AUGUST

28

28
First day of classes for Texas
College of Osteopathic Medicine

SEPTEMBER

21

21–24
Annual Convention of the New
England Osteopathic Assembly
Dunfey's Family Resort
Hyannis, Massachusetts

25

25—29
Annual Meeting of the
American College of
Osteopathic Pediatricians
Omni International
Atlanta, Georgia

OCTOBER

4

4-5
Annual Meeting of the Vermont
State Association of Osteopathic
Physicians & Surgeons
Ramada Inn
South Burlington, Vermont

14

14 - 18

Annual Meeting of the American
Osteopathic Hospital Association,
Academy of Osteopathic Directors of Medical Education
& American College of Osteopathic Hospital Administrators
Alameda Plaza
Kansas City, Missouri

15

15—19
51st Annual Clinical Assembly
of Osteopathic Specialists
Atlanta Hilton
Atlanta, Georgia

26

26—28
Annual Meeting of the North
Carolina Osteopathic Society
Hyatt House
Winston-Salem, North Carolina

29

29 — Nov. 3
83rd Annual Convention
of the AOA
Sheraton Wakaki
Honolulu, Hawaii

NOVEMBER

7

7—11
Annual Convention of
the American College of
Osteopathic Internists
Contemporary Hotel
Orlando, Florida

Vew D.O.s Take Oath, Enter Profession

I do hereby affirm my loyalty to e profession I am about to enter.

These are the opening words of Osteopathic Oath which was eated by 57 new osteopathic ysicians during the fifth graduon ceremony for Texas College Osteopathic Medicine, May 20.

As the graduates repeated the th, they passed through the door academics and entered the world medicine.

Calling the healing profession ne most personal of all services e human being may perform for

fellow creatures," U.S. Consuman Jim Wright told the iduates that the personal confince of the patient in the medical actitioner is indispensable.

"And that is the reason we reject ultimate end of what has come be called socialized medicine. ery patient must be free to select own physician. A patient is titled to know his doctor."

Congressman Wright told the w osteopathic physicians that "a ctor, if he is to perform his action to the fullest of his tential, has the duty at least to to know his patient. He is a ter diagnostician, of course, en he does.

"In our increasingly computerd age, with medical specialiion replacing what once was led family practice, the personal tracter of this relationship is are and more in jeopardy."

Congressman Wright, majority der of the U.S. House of Repretatives, said that opinion polls eal an alarming decline in public affidence for almost every instition in American society. "The dical profession, the legal prosion, the news media—and, yes, Congress—all have suffered in blic esteem," he said.

Wright noted writer Kevin Phillips' warning of an "us against them' syndrome, the fragmentation and disintegration of society into hostile and mutually mistrustful regional ethnic and economic groupings."

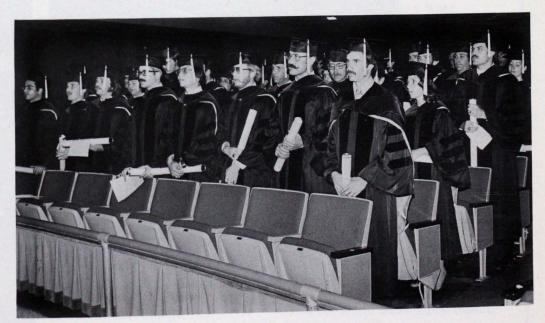
"What all of this pleads for, of course, is a return to human relationships and restoration of interpersonal trust. It will not be easy in a complex society. But it is absolutely essential if America is to regain its vitality, its sense of oneness, and faith in itself," the congressman told the graduates.

"If America is to realize this necessary renaissance of trust, the members of your profession—in your one-on-one relationships with patients—have an enormously important role to play.

Receiving their degrees with honors were Michael Whiteley of Houston, Carrol Wheat of Liberal, Kansas, Thomas Halling of Houston, Ronald Jackson of Joshua, Frederick Hill of Houston and Michael Cawthon of Fort Worth.

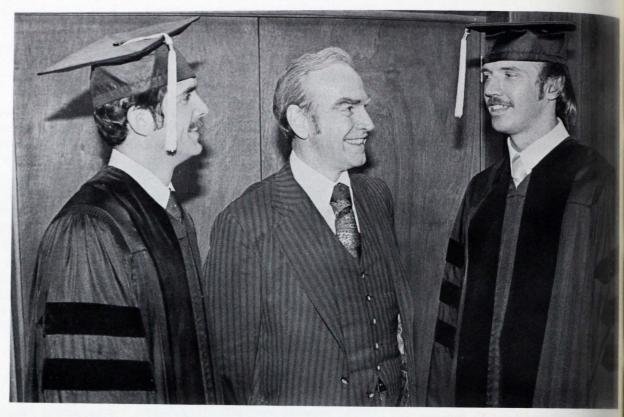
At the senior banquet the previous evening, class president Ron Jackson walked away with the honors. He received the Sigma Sigma Phi Outstanding Senior Award, the T. Robert Sharp Award for outstanding devotion to his profession and was recognized, along with Bruce Hawyard of Denver, Colorado and Schenck of Denton, for being named to Who's Who Among Students in American Colleges and Universities. The Upjohn Award, presented for academic excellence to the highest ranking student in the class, went to Michael Whiteley and the Sandoz Award, presented to the second highest student, went to Carrol Wheat. Wheat and Whiteley also were recipients of the Mosby Book Award for academic excellence.

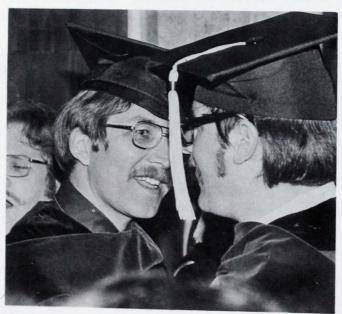
The Wayne O. Stockseth Award for outstanding comprehension of osteopathic concepts was presented to Ashley M. (Bud) Classen of El Paso.



Members of the TCOM Class of 1978 repeat the Osteopathic Oath during the fifth annual graduation ceremony, May 20. The 57-member class brings TCOM's total number of alumni to 204.

GRADUATION







Class of 1978

Roy Louis Caivano Elmont, New York Massapequa General Hospital Seaford, Long Island, New York

David Gary Carpenter
Humble
Corpus Christi Osteopathic Hospital

Randall Allen Cary
Houston
Rocky Mountain Hospital
Denver, Colorado

Michael Allen Cawthon Fort Worth U.S. Army

Peter Hsien Cheng Los Angeles, California Community Hospital of South Broward Hollywood, Florida

> Aulton Dale Chisum Uvalde U.S. Navy

Ashley M. Classen El Paso U.S. Navy

Kevin W. Cleary
Fort Worth
Phoenix General Hospital
Phoenix, Arizona

Michael Keith Cole San Antonio Undecided

David Paul Colvin Mansfield, Louisiana Art Centre Hospital Detroit, Michigan

Fred J. Cotton
Carlsbad, New Mexico
Fort Worth Osteopathic Hospital

John Vernon Cox Palestine Methodist Hospital Dallas George H. Davis, IV
Dallas
Lansing General Hospital
Lansing, Michigan

Mercedes McKim Davis New Castle, Pennsylvania Warren General Hospital Warren, Ohio

Kyle Tyson Demler Port Arthur Grand Prairie Community Hospital

> David John Eckberg San Antonio U.S. Army

Vivian Elizabeth Ellis San Antonio U.S. Navy

Mary Lucinda Ganz Corpus Christi Oklahoma Osteopathic Hospital Tulsa, Oklahoma

Stephen Dee Gleason Longview U.S. Air Force

Robert Stephen Grayson Humble U.S. Air Force

Manuel Griego, Jr.
Wichita Falls
Grand Prairie Community Hospital

Lance Eliot Hafter Philadelphia, Pennsylvania Oklahoma Osteopathic Hospital Tulsa, Oklahoma

Thomas Arthur Halling
Houston
Phoenix General Hospital
Phoenix, Arizona

Glen Ross Harsdorff, Jr.
Woodsboro
Dallas Osteopathic Hospital

Bruce Thomas Hayward
Denver, Colorado
Rocky Mountain Hospital
Denver, Colorado

Frederick Leonard Hill Houston Rocky Mountain Hospital Denver Colorado

Mark D. Hughes
Dallas
Fort Worth Osteopathic Hospital

Jim P. Hussey
Forney
Fort Worth Osteopathic Hospital

Ronald Earl Jackson Joshua Zieger Osteopathic Hospital Detroit, Michigan

John Thomas James
Dallas
Flint Osteopathic Hospital
Flint, Michigan

David Alan Katz Willingboro, New Jersey Martin Place Hospital Madison Heights, Michigan

Michael Guy Keller Houston Fort Worth Osteopathic Hospital

James Howard Kravetz
Dallas
Grand Prairie Community Hospital

Stephen Douglas Laird Fort Worth Fort Worth Osteopathic Hospital

Class of 1978

Kenneth David Leckie Dallas Detroit Osteopathic Hospital Detroit, Michigan

Jerry Brys Liles Arlington Corpus Christi Osteopathic Hospital

Elmore Jackson McCarty Lubbock Grand Prairie Community Hospital

> Marcia Beth Pehr New York, New York Interboro General Hospital Brooklyn, New York

Lester Mark Puretz Seaford, New York Garden City Hospital Garden City, Michigan

James Donald Reeves Idalou Stevens Park Osteopathic Hospital

Donnie Lee Rinker Jayton **Grand Prairie Community Hospital**

> Linda Sue Rossel Dallas Undecided

Steve Edward Rowley Fort Worth Stevens Park Osteopathic Hospital

Betsy Brown Schenck Denton Fort Worth Osteopathic Hospital

Arthur Weldon Schott Humble Corpus Christi Osteopathic Hospital

Frank Dwayne Setzler, Jr. Gladewater U.S. Army

Arthur Charles Steinman New York, New York Memorial General Hospital Union, New Jersey

Robert Alfred Strzinek Dallas **Grand Prairie Community Hospital**

Herbert N. Sutherland, Jr. Lubbock Detroit Osteopathic Hospital Detroit, Michigan

Twila Vassey Wade Groom U.S. Public Health Service New Orleans, Louisana

Gordon Phillip Ward Arlington U.S. Air Force

> Terry R. Watson Clifton Parkland Hospital Dallas

William Reed West Glen Rose Grand Prairie Community Hospital

> Carrol Eugene Wheat Liberal, Kansas Phoenix General Hospital Phoenix, Arizona

Michael Joe Whiteley Houston Oklahoma Osteopathic Hospital Tulsa, Oklahoma

Norman Lynn Willis Big Spring Fort Worth Osteopathic Hospital

Rodney Marvin Wiseman Houston U.S. Army



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PATHOLOGIST P.O. BOX 64682 1721 N. GARRETT DALLAS, TEXAS 75206



Standing with Texas College of Osteopathic Medicine's new Medical Education Building I in the background are the 57 members of the TCOM Class of 1978. From left to right they are: (front row) Vivian Ellis, Glen Harsdorff, Marsha Pehr, Fred Cotton and Mary Ganz; (second row) Betsy Schenck, Tom Halling, David Carpenter, Les Puretz, Ken Leckie, Bruce Hayward, Jim Kravetz, Kyle Demler, Bill West and Manual Griego; (third row) Mike Cawthon, Michael Keller, Linda Rossel, Steve Grayson, Twila Wade, Dale

Chisum, Peter Cheng, Kevin Cleary, M. McKim Davis and Mike Whiteley; (fourth row) Steve Gleason, David Colvin, Steve Laird, Dave Eckberg, George Davis, Robert Strzinek, Terry Watson, Randy Cary, Lance Hafter and Arthur Steinman; (fifth row) Ashley Classen, Don Rinker, Weldon Schott, Rod Wiseman, Jack McCarty, Jim Hussey, David Katz, Frank Setzler, Mike Cole, Lynn Willis, Steve Rowley, John Cox, John James, Jerry Lyles, Don Reeves, Ron Jackson, Carroll Wheat, Herb Sutherland, Gordon Ward and Rick Hill.

Texas Ticker Tape

924 AOA-APPROVED INTERNSHIP PLACES WERE AVAILABLE IN 1978

In the 1978 AOA intern matching program 971 seniors were eligible for matching, and 914 participated in the program. Of these participants a total of 758 were matched to intership places in AOA-approved osteopathic hospitals. In addition, 121 seniors chose interships in the military services or in the US Public Health Service.

As of February 1978 there were 924 AOA-approved internship places in osteopathic hospitals. As the number of D.O. graduates increases in the next few years, the number of internship places is expected to keep pace. Additional osteopathic hospitals are being approved for internship training; other hospitals are increasing the number of internship places; and other small hospitals are forming consortia arrangements in order to create new internship opportunities. [Reprinted from June 15, 1978 issue of AOA Newsbriefs.]

HEALTH CARE COST INCREASES SLOW DOWN

The nationwide effort of hospitals and medical groups to voluntarily slow down the increase in health care cost has taken effect. The Labor Department Consumer Price Index showed that hospital services rose by only 0.5 per cent for the second straight month. This compares to increases in January and February of 1.5 per cent and 1.3 per cent, respectively.

RELATIVE VALUE STUDIES RECALLED

Although relative value studies are used by some government agencies to determine payment levels to physicians, the Federal Trade Commission has obtained a consent decree from the California Medical Association to recall 27,000 copies of its RVS. The California RVS was used extensively across the country, but is now termed price fixing by the FTC. That now leaves the price fixing up to the HEW.

HOSPITAL ADDS NEW BOARD MEMBERS

Fort Worth Osteopathic Hospital has named Fort Worth businessmen Barclay R. Ryall and Jay E. Sandelin to three-year terms on the Board of Directors. Ryall is president of the Bank of Fort Fort Worth and Sandelin is vice-president and manager of the Business Development Department of Fort Worth National Bank.

OSTEOPATHIC HOSPITALS LEAD HEALTH CARE INDUSTRY IN HOLDING DOWN COSTS

According to a report presented by Michael F. Doody, AOHA president, figures reveal osteopathic hospitals expenses only increased 12.6 per cent (several points lower than for all hospitals) in the past year and outpatient activity increased by 7.3 per cent (compared to 6.0 per cent growth in all hospitals). Data for the report was based on information supplied by the National Survey of Osteopathic Hospitals and the American Hospital Association.

TOMA PARTICIPATES IN TEXAS VOLUNTARY EFFORT

Twenty Texas health agencies, including TOMA, have joined the Texas Voluntary Effort to reduce the rising costs of hospitalization. Their efforts are in response to proposed federal legislation.

Texas Ticker Tape

OMA PLACES EXHIBIT IN MUSUEM

The Pennsylvania Osteopathic Medical Association and the Auxiliary to POMA have placed an exhibit depicting the educational and historical story of osteopathic medicine at the state museum in Harrisburg, Pennsylvania.

R. BEYER ELECTED TO OFFICE

David M. Beyer, D.O. of Fort Worth has been elected president of the Fort Worth unit of the American Cancer Society.

R. FLANAGAN JOINS KCCOM CLASSMATES IN LEADING THE PROFESSION

Gerald P. Flanagan, D.O. of Denton joins two of his classmates from Kansas City College of Osteopathic Medicine as presidents of three state associations for the coming year. Other presidents of their associations are Edward A. Loniewski, D.O. of the Michigan Association of Osteopathic Physicians and Surgeons and O.J. Looper, D.O. of the Oklahoma Osteopathic Association.

EXAS HOSPITAL COVERAGE

The Texas Hospital Association said establishment of its own malpractice insurance firm has led to a 9 per cent reduction in premiums for the 107 hospitals it covers. The THA president said the Texas Hospital Insurance Exchange is charging \$211 per bed for basic coverage, while the state's Joint Underwriting Association is charging about \$363 per bed.

OCTORS NAMED TO OFFICES

David Bilyea, D.O. of Fort Worth and Wayne English, D.O. of Euless have been named to offices with the Texas Affiliate of the American Heart Association. Dr. Bilyea was elected to the Board of Directors and Dr. English was named to the state Medical and Scientific Committee.

R. FLEMING ASSUMES POSITION

Brady K. Fleming, D.O. of Harlingen has accepted the position of physician-advisor for the Emergency Room of the Brownsville Medical Center.

PR. CEGELSKI SPEAKS TO NURSING STUDENTS

John J. Cegelski, Jr., D.O., TOMA president-elect, spoke on "Osteopathic Medicine Today and lomorrow" to the School of Nursing of the University of Texas at San Antonio last month. The ddress was heard by the student body and faculty. In the near future, Dr. Cegelski has been inited to speak to the dental branch of the UT at San Antonio.

PSRO Proposed Procedures

Professional Standards Review Organizations (PSROs) were mandated by a bill signed in October, 1972. The preliminaries of PSRO will arrive in Texas in the fall of 1978. During that interim, the Texas Institute for Medical Assessment (TIMA) was organized by TMA, THA and TOMA to contract with HEW to administer the program.

At a Board meeting early in June, John H. Boyd, D.O. of Eden was re-elected president of TIMA, and it was announced that HEW had said they would publish regulations designating Texas a single state PSRO area sometime before the September 30 funding cycle deadline. In anticipation of such designation, TIMA had already filed a proposal for funding and is in the process of updating that.

For the guidance and information of participating physicians and hospitals, after PSRO is in place, herewith is published an outline of procedures proposed for review of hospital services. All states in the union have PSROs functioning excepting Texas and one other. PSRO is mainly viewed as a vehicle to assure quality care, and it is not necessarily a cost containment device. An important by-product of the medical care evaluation studies connected with it is CME for the physician.

Here is the paper presented by Joseph Painter, M.D., at the June TIMA Board meeting:

PSROs – Procedures for Review of Hospital Services General Remarks on the Review System

Major Components

- Concurrent review admission review and continued stay review
- Medical Care Evaluation studies quality of service and nature of utilization
- 3. Profile analysis physician, institution, patient
- 4. Pre-admission review

Data Base

A data base must be established against which:

- The PSRO can judge the effectiveness of the review program by comparing profile data over a given time period;
- Aberrant practice patterns can be discovered;
 Potential care and delivery problems can be identified for MCE attention;
- 4. Consistent problem areas can be identified and review focused toward those areas. Ideally, PSROs will thus be able to devote their review resources to priority areas while simultaneously monitoring the effectiveness of the entire system. No system

for automatic certification of admission can be established until a PSRO has sufficient review capability and data base.

Concurrent Review

Routine Concurrent Review

- Admissions are subjected to screening review by a non-physician using explicit written criteria to determine those cases in which the medical necessity for hospitalization is evident without further review by peer practitioners.
- For those cases in which screening review does not clearly establish the need for hospitalization, the determination of the medical necessity and appropriateness of hospital care is made by peer review.
- Continued stay review is conducted by the same process: first, screening review, then peer review if necessary.

Automatic Admission Certification

- PSROs may establish situations and categories in which admission is certified and initial length of stay assigned automatically.
- PSROs may in certain situations provide for automatic continued stay certification as well, eliminating the need for admission or continued stay review in these cases.
- All data reporting requirements must be met for all cases under all circumstances.

Adverse Findings

- 1. The PSRO can make an adverse determination only in those cases where it is clear that hospital care is not necessary.
- 2. Denial of payment for hospital care will only occur when an adverse determination is made by a peer of the attending physician.
- 3. Any reasonable doubt is sufficient reason for approval of admission or continued stay.

Time Limitations

- Admission review should be initiated as soon as possible following admission and must be completed as quickly as possible, at the longest within three working days.
- Approval should be given to admissions even when no diagnosis has been established unless there is no clear reason for continuing a diagnostic workup at the hospital level.
- Elective surgical and major diagnostic and therepeutic procedures should be reviewed within three days of admission. If any evidence suggests in appropriate or unnecessary utilization, the review should take place before the procedure. In a case where PSRO review would increase the patient's length of stay, every effort should be made to conduct review before the patient is admitted or minimize review time.

Medical Care Evaluation Studies

1. The purpose of MCEs is to identify problems in the quality or administration of health care services.

2. Those practitioners whose delivery of care is to be assessed are involved in the design of the study and in the development of the criteria and standards to be used.

3. Continuing medical education may be fostered by review of health care quality through MCEs.

 MCEs are designed to evaluate current local clinical or administrative practices to determine if they match local expectations.

 Each PSRO must provide written results of all MCEs to appropriate members of the hospital medical and administrative staff.

Profile Analyses

- PSROs must maintain profiles for patients, physicians and institutions.
- Data sets must compare institutional and physician practice patterns and evaluate these patterns over time, showing which areas of care PSROs need to focus their reviews.
- Problem areas so identified are then subjected to more intensive review in MCEs and concurrent reviews.

Alternative Plans

Alternative concurrent review plans may be submitted to the Secretary of HEW for approval and use

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in any PSRO area. Any alternative plan must still contain the components of profile analysis and MCE studies, and must provide for the same functions fulfilled by concurrent review.

Relationship of the PSRO to Hospitals Utilization of Hospital Review Committees

The PSRO may use hospital review committees in the performance of PSRO pre-admission and concurrent review, or MCE studies or both if the hospital review committees are capable of handling the responsibility effectively. The PSRO remains responsible for assurance of effective performance.

<u>Delegation Process</u> [short-stay hospitals]

- The PSRO must notify hospitals of procedures and criteria it will use to delegate authority.
- 2. The hospital must notify the PSRO of its interest in assuming responsibility for review functions.
- 3. A hospital review plan which meets PSRO requirements must be developed.
- The PSRO must determine whether the hospital is capable of performing effective delegated review.
- The PSRO and the hospital must make agreements governing administrative procedures.
- The PSRO must monitor the hospital's review performance and must periodically reassess its capabilities.

Notification to Hospitals

[subject to approval by the Secretary of HEW]

The PSRO must notify hospitals of procedures and criteria it will use to delegate authority, including:

- 1. Pertinent regulatory requirements,
- 2. Types of review which may be delegated,
- Factors which the PSRO will use for evaluating a hospital's review capability,
- Procedures for application to assume review responsibility.

Letter of Interest

A hospital seeking to assume review responsibilities must submit a letter of interest signed by the chief administrator and a medical staff representative. The letter must state:

- 1. Specific functions the hospital wishes to assume,
- The hospital's willingness to submit to PSRO evaluation and monitoring of its review activities,
- 3. A delegation review plan (optional).

The PSRO must send a second notification letter if the hospital does not respond with a letter of interest within 30 days. If the hospital does not respond to the second letter within 10 days, the PSRO will assume responsibility and will accordingly notify the hospital. A hospital can send a letter of interest at any time.

Delegation Review Plan

The hospital must submit a delegation review plan to the PSRO including:

- A description of the hospital's internal organization structure which would carry out review;
- A description of proposed review operations, including:
 - a) number and types of hospital personnel to be used for each type of review,
 - b) plan for selection, training and reimbursement of review personnel,
 - methods of involving nonphysician practitioners in review functions,
 - d) description of proposed use of norms, criteria and standards,
 - e) methods for review findings to lead to appropriate continuing education activities and administrative changes,
 - f) functions which the hospital review committee expects to leave with the PSRO and its personnel.
- A description of expected or proposed relationships with Medicare, Medicaid, and Title V agencies, and channels for notification of review decisions;
- 4. Data collection and provision plans;
- The number of medical staff physicians who are eligible for PSRO membership and the number of those who are actually members;
- Specific information on the hospital's present review system, including narrative material concerning operating procedures, results, and followup.

TAX ACT OF '76

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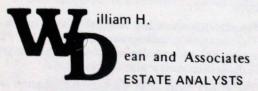
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- 7. Hospital characteristic data, including:
 - a) total number of beds,
 - b) total admissions per year,
 - Medicare, Medicaid and Title V admissions per year,
 - d) type of ownership,
 - e) teaching affiliations,
 - f) size and specialization of medical staff.

Determination of Capability

The PSRO must determine within 90 days after receipt of delegation review plan whether a hospital is capable of performing effective delegated review.

- The PSRO can only use delegation criteria approved by the Secretary of HEW.
- 2. Minimum evaluation factors:
 - a) degree to which the hospital's proposal equips it to meet the PSRO's formal plan and program objectives, (i.e., to determine through review whether services are medically necessary, of adequate quality, and delivered at an appropriate setting);
 - b) adequacy of the hospital's UR performance;
 - c) degree to which delegation assists the PSRO in fulfilling its objective of establishing an effective areawide review system;
 - d) assurance that 25% of physicians with active staff privileges actually have membership in PSRO;
 - e) proof of data collection and transmittal capacity
- An evaluation committee consisting of at least two PSRO members who have neither financial interest nor staff privileges in the hospital will make the determination of capability.
- The PSRO will notify the hospital of its decision and its rationale, with an explanation of the hospital's right to a reconsideration.
- The PSRO must maintain records on all such decisions.
- The PSRO may reconsider its decision at any time a hospital applies for reconsideration.

Initiation of PSRO Review in Nondelegated Hospitals

The PSRO must assume review responsibility after a reasonable period of time for all nondelegated hospitals, even if a reconsideration of delegation is in process. The PSRO must develop procedures in consultation with each hospital and approved by the Secretary of HEW. These should include:

- 1. Specific functions the PSRO will perform;
- Review procedures the PSRO will follow in a cordance with its formal plan;
- A schedule indicating the time for phasing-in of each function;
- 4. norms, criteria and standards to be used;
- Notification mechanisms to Medicare, Medicaid and Title V agencies;
- 6. Data collection and information release stipulations
- Selection, training and reimbursement procedures for review personnel;
- 8. Plan for reconsiderations and appeals;
- PSRO plan for transmittal of MCE results, profiles etc. to the hospital;
- Plan for involvement of nonphysician personnel in review;

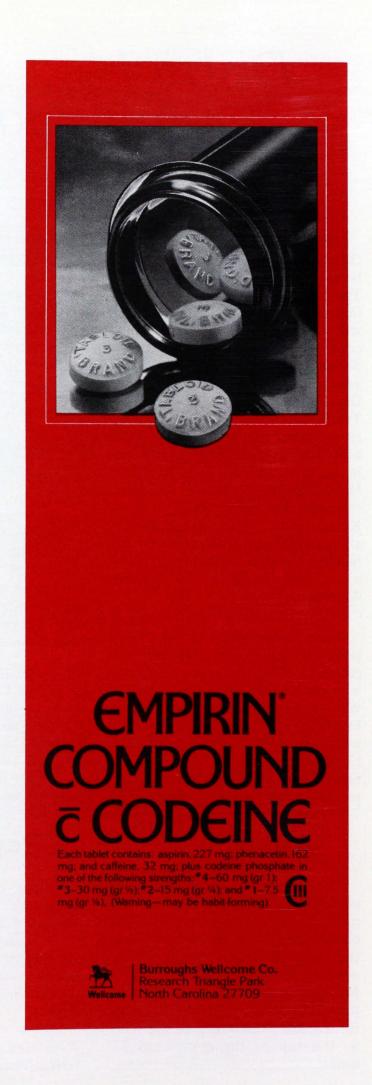
 Mechanism for resolving disputes with the hospital regarding procedures.

Agreement with Delegated Hospitals

- The PSRO must submit a model agreement to the Secretary of HEW before it actually makes such an agreement with a hospital.
- The agreement must be made for not more than one year.
- The Chief official of the PSRO, an authorized representative of the hospital medical staff, the chief administrator of the hospital, and the hospital chairman of the board must all sign the agreement.
- 4. The agreement must state:
 - a) specific review functions to be performed by the hospital,
 - b) specific review functions to be performed by the PSRO,
 - statement that the hospital will respect requirements for the PSRO and will perform review in accordance with such requirements,
 - d) schedule indicating the time for phasing-in of each function,
 - e) norms, criteria and standards which the hospital will use,
 - f) hospital involvement in the PSRO's plan for reconsiderations and appeals,
 - g) PSRO methods for monitoring delegated review functions, including inspection of hospital operations and records,
 - h) PSRO methods for reporting profiles, MCE studies, etc. to the hospital,
 - i) hospital capability reassessment procedures,
 - j) procedures for referral of any disputes between the PSRO and the hospital to the Secretary of HEW,
 - k) procedures for termination of the agreement at the initiative of either party,
 - l) procedures for modification of the agreement with the approval of both parties.

PSRO Monitoring and Reassessment of Capability

- Purpose: assure compliance with hospital-PSRO agreements, assess effectiveness of delegated hospital review, reassess appropriateness of continued delegation, based on factors subject to the approval of the Secretary of HEW including:
 - a) degree to which the hospital has performed its delegated functions,
 - b) effectiveness of its performance,
 - c) maintenance of PSRO membership at 25% of eligible physicians,
 - d) degree to which a particular hospital's program fulfills the PSRO objectives for the area
- Method: analysis of profiles and reports provided by the hospital; on-site inspections.
- 3. If the PSRO determines that the hospital is not performing its review functions adequately, it will notify the hospital and the Secretary of HEW and will initiate a review.



District Communiqués

DISTRICT III

by H. George Grainger, D.O.

There's good news tonight in District III! It's about who's gonna be at our next District III meeting. The Dean of our bourgeoning Texas College of Osteopathic Medicine will be our featured guest speaker, come the meeting in Tyler in September. Dr. Ralph Willard, who you will recall, had to cancel his December speaking appearance in Tyler due to that paralyzing snowstorm that engulfed us all-will keep his September date with us, he says, come hail or high water. Mark the date, folks, on your calendar: September 16th. President Kinzie calls upon-nay, urgesall his D-III constituents to be on hand in Tyler in September. This is a big deal. (more in the August Journal).

Tone Lester (pronounced *Tone*) scion of the Lester fortunes and grandson of Anton Lester the first, who got his D.O. degree from Kirksville last September, has been brushing off his DOH internship with a month's hitch in June with his daddy. Now, as this goes to press Tone will have gone into full practice with Anton Junior, who

has one of the heaviest practices of any kind in Tyler.

Young Tone already has a family of four: lovely wife, Karen; sweet little Amy; and then there's Brandy, who wags his tail, and Aries, who softly purrs.

Several D-IIIer's made interesting news of various sorts at the Fort Worth convention in early May. There were Kenneth Ross and Richard Cordes who were honored with life memberships. Then Anton Lester II and Bob Hamilton were credited with attaining the lowest and second lowest net golf scores, while Jack Kennedy scored with the lowest gross. At the big Saturday Fun Night Bob Hamilton won a GE Mini-recorder as a door prize while your reporter carried off a 12

cup automatic coffee maker. Finally, Lester Lynch, who should have stuck around longer, would have won a valuable door prize too. Summing up: Along with gathering in those umpteen CME credits, us folks from East Texas did quite all right.

Agencies Produce Paperwork

The Commission on Federal Paperwork has reported that government agencies produce about 10 billion sheets of paper each year that must be completed by businessmen. That amounts to 50 forms for every man, woman and child in the country. . . enough paper to fill Yankee Stadium from the field to the top of the grandstand 51 times!

Writing, reviewing and enforcing regulations employs more than 100,000 federal workers at a cost of \$3 billion. Responding to the government's demand for information costs at least \$40 billion a year, according to the Commission.

[Reprinted from May 26, 1978 AOHA Newsletter]

ACGP to Sponsor Behavioral Change, Awareness Seminar

A behavioral change and a-wareness workshop designed to introduce the participants to new tools available to enhance a-wareness and promote self-change will be sponsored August 11 by the Texas Society of the American College of General Practitioners. The one-day seminar will be held from 2-7 p.m. at the Inn of the Six Flags in Arlington.

Facilitators for the workshop will be Mary Paroski, M.S., of the Department of Philosophy at Northlake College in Irving; Bill Pennal, Ph.D., a clinical psychologist from Irving; and Gall Wilson, M.S.S.W., a social psychotherapist in Dallas.

Among the areas to be utilized in the workshop are Gestalt, guided fantasy, imagery conditioning, meditation, body awareness and cognitive function techniques.

Five hours of CME credit will be earned.

Registration is limited to 40 participants. Cost is \$25 per person and includes a buffet. Registration should be sent to T. Robert Sharp, D.O., 4224 Gus Thomasson Road, Mesquite, Texas, 75149.

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States Enact Laws Favorable to D.O.s

Editor's Note: The following items are reprinted from the AOA Executive Director's Report issued in April/May 1978 by Edward P. Crowell, D.O. executive director.

One of the most controversial issues before both sessions of the Maine Legislature was an effort to establish a certificate-of-need statute. The Maine Osteopathic Association, aided by allopathic and dental organizations, protested imposition of the proposed regulations on individual practitioners, and gained at least a partial victory. The statute, now enacted, does exempt the private practitioner from the regulatory process, but requires certification of need when investment provider exceeds \$150,000.

Most important in the statute, however, is the provision requiring the state agency to separately assess osteopathic and allopathic needs in the certification process. A statement in the new statute asserts that the public's choice of osteopathic or allopathic medical care must be measured and considered in evaluating the community's need for new or expanded services and facilities.

The Maine Legislature also developed a new compact to provide access and assistance for Maine students seeking the D.O. degree. For those interested in osteopathic medicine, the new compact provides that state funded contracts may be made for up to 10 students a year, to a total of 40, at the New England College of Osteopathic Medicine. Loans will continue to be available to those Maine students who are now enrolled in other colleges of osteopathic medicine.

In Missouri, osteopathic and medical students can receive loans of up to \$6,000 a year in return to their promise to practice in areas where there are not enough doctors, under a bill approved recently by the Missouri General Assembly.

The plan will allow students to receive loans for as many as four years. One-fourth of the loan and pending interest would be dismissed for each year the physician agreed to practice in any unincorporated rural area or in a county with 6,000 or fewer inhabitants. The reparement plan also would apply to physicians who agree to serve for identical periods in inner-city "areas of defined need" as designated by the State Board of Health

The Missouri General Assembly also passed bills recently relaxing the prohibition of advertising by physicians, and providing fair hearings to providers on Medical claims. Both bills were written and introduced by the Missouri Association of Osteopathic Physicians and Surgeons.

Guidelines for advertising by D.O.s an M.D.s will be established and administered by the State Board of Healing Arts. While all advertising must remain within ethical limits, the new law does eliminate the total prohibition against advertising by physicians which previously existed.

In the listing of major actions of the TOMA House of Delegates in the May-June issue of the Journal, Charles Curry, D.O. of Hurst was inadvertently listed among the members who died during the past year. The listing should have read Palmore Currey of Mt. Pleasant. Our apologies to Dr. Charles Curry.

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There's Reason to Fear Ted Kennedy

by James J. Kilpatrick

Editor's Note: The following article is reprinted from the April 18, 1978 edition of the Fort Worth Star-Telegram with permission of the Washington Star Syndicate, Inc. of New York, New York.

Edward M. Kennedy, the senior senator from Massachusetts, turned up in Palm Beach the other day. He had come down to visit his mother and to make a major speech. Before he left town, he provided new evidence to demonstrate why conservatives hold him in respect and fear alike. Mr. Kennedy was in top form. His chief purpose was to address the National Association of Chain Drug Stores, whose influential members are divided on the senators several proposals in the field of medical care. An estimated 1,600 were on hand to give him a standing welcome.

"I've always wanted to make a keynote speech to a great national convention" he said. "Of course, this is not exactly the one I had in mind." The crowd loved it. "I went to see President Carter last Thursday. Mother always said I would make it to the White House some day." The druggists whooped and hollered. "You have to give it to the Democrats: When I see that all you small businessmen can afford five days at the Breakers, we must be treating you pretty well." Comfortable chuckles.

"But, then, under the Democrats, the dollar is worth so little it doesn't matter." Wild applause. "You're not supposed to laugh at that!"

Mr. Kennedy, at 46, is one of the most attractive men in politics. He was looking exceptionally fit on Sunday. A couple of years ago, badly overweight, he looked puffed and bloated. This morning he was clear of eye and crisp of speech. After the one-liners, he turned to a ringing advocacy of the two bills that are most on his mind. One of them would rewrite the laws on prescription drugs; the other would provide for national health insurance.

It was a revealing speech, perfectly expressing the senator's concept of the proper role of the state in our society. He perceives the federal government not as all-powerful—that is too much to say—but as benevolently authoritarian. He sees the Department of Health, Education and Welfare as a kind of loving father figure, solicitous, wise and firm.

In Mr. Kennedy's philosophy, there is little room for individual freedom. The values of federalism are not values he holds in high regard. His preference is for national regimentation as compared to the disorder that accompanies the private sector. He exudes a breathtaking confidence in the wisdom of the federal establishment.

In one remarkable passage, the senator was extolling his bill to expand federal regulation of pharmaceuticals. Under existing law, he lamented, "Once one drug is approved, the government says goodbye — there is virtually no further regulation." Mr. Kennedy deplored this situation.

"Drugs may be used for any purpose, in any dosage, or in any combination that the individual practitioner wishes. The current system allows individual doctors to substitute their judgment for that of the Food and Drug Administration."

Some of us in the hall heard that sentence and shuddered. This is the bone and marrow of Mr. Kennedy's view of the body politic. The judgment, experience and professional skill of the individual practitioner must be subordinated to the judgment of the bureaucracy.

His idea is to vest in the FDA vast new powers over the practice of medicine. He envisions a complex and costly program of government ernment "surveillance" of drug usage for years after a drug ha been approved. He would create Center National for Clinical Pharmacology. He would severely regulate the advertising and man keting practices of drug companies. He would prepare a na tional drug compendium. He would increase the cost of drugs to the consumer by requiring new informational notices. And so on.

It was the same in his advocacy of national health insurance. Variety, diversity, choice — none of these values appeals to the senator. His goal is to impose a uniform, national, comprehensive, compulsory system of hospitalization insurance on the people.

How, exactly, would he pay for it? The senator's noble brow clouds with a passing frown. The ways and means, he says, are yet to be worked out.

Yes, the senator gives lip service to the private sector, but the whole thrust of his political philosophy is toward an ever-expanding government. The gentleman is charming. The gentleman is shewd. The gentleman is young. Who's afraid of Teddy K?

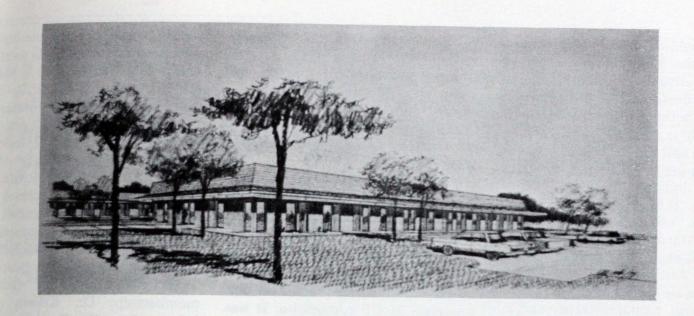
I watched him in action that Sunday; and I am. ▲

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Election Highlights Texas ACGP Meeting

Highlighting the 1978 state meeting of the Texas State Society of the American College of General Practitioners was the presentation by the national president, Delbert E. Maddox, D.O. of Kirksville, Missouri and the election of officers.

Assuming the office of president for the upcoming year was Mary Burnett, D.O. of Dallas. Elected to serve with Dr. Burnett were Dareld Morris, D.O. of Smithville, president-elect, P. Paul Saperstein, D.O. of Fort Worth, vice president; T. Eugene Zachary, D.O. of Richardson, parliamentarian; and T. Robert Sharp, D.O. of Mesquite, secretary-treasurer.

Named to two-year terms on the Board of Trustees were Richard

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W. Anderson, D.O. of Mesquite and Royce Keilers, D.O. of La-Grange. David Norris, D.O. of Tyler was elected to fill the unexpired term of Dr. Saperstein. Continuing to serve on the Board of Trustees is Harvey Randolph, D.O. of Groves.

Among the items discussed at the meeting were the development of the osteopathic general practice residency, which conforms with Texas H.B. 282. Under this law Texas state tax funds are distributed to hospital facilities and programs in GP residencies. It was noted that Dallas Osteopathic Hospital and Grand Prairie Community Hospital have received the first of their support funds. Other hospitals soon to quality for funds are Fort Worth Osteopathic Hospital and East Town Osteopathic Hospital.

During an awards presentation Dr. Burnett presented a plaque to outgoing President Robert Finch, D.O. of Dallas. Dr. Finch was also honored by the national president



Delbert Maddox, D.O. of Kirksville, Missouri (left) accepts a white hat and black boots from Robert Finch, D.O. of Dallas. Dr. Maddox is national president of the ACGP and Dr. Finch is past president of the Texas Society of ACGP. with a bronze life membership card for his service to the state society

Dr. Finch also made a presentation of a special gift to Dr. Sharp for his work as secretary-treasurer

As incoming president, Dr. Burnett announced the following committee assignments: Dr. Norris, awards; Dr. Zachary, constitution and bylaws; Drs. Anderson and Tyska of Dallas, education and program; Dr. Morris, government and legislation; Dr. Randolph, hospital; Dr. Saperstein, liaison to TCOM Zeta Chapter; Dr. Anderson, membership; Dr. Keilers, public information; Dr. Burnett, nominating; and Dr. Finch, auditing.

Directory Information Requested

The time of year has come for the staff of TOMA to compile information for the 1978-79 Directory. In an effort to publish a complete and accurate directory, the state office is enlisting your help in updating information.

Each TOMA member that was listed in last year's directory has been sent a form with his or her listing from the 1977-78 Directory attached. Please check this listing very carefully. If there is any incorrect information, please make the corrections in the space provided. It is urged that these changes be made, even if you have already informed the state office of changes.

Deadline for submitting the changes is August 1. If the corrected forms are not in the state office by this date, it will be assumed that your listing is correct.

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New Claim Form to be Issued in July

The development and approval of a new claim form for Medicaid, Medicare and Blue Shield of Texas has been announced by the National Heritage Insurance Company (NHIC). The claim form will be used by physicians and has been approved by all three major health insurance programs—Medicaid, Medicare and Blue Shield of Texas.

The acceptance of the new claim form is a significant step toward reducing paperwork and simplifying the administrative workload of the doctor's staff, according to NHIC.

Physicians should continue to use the current claim form until the existing supply is exhausted. Requests for the new claim forms will be filled in July 1978. Prior to distribution, an announcement will be mailed to all Medicaid providers with details for completion and a sample form. The new form is similar to the current Medicaid form. No additional information will be required.

The form will be available in two versions: loose, single sheets and continuous forms for computer-generated claims. It is requested that physicians order the version that best serves their needs and in quanities necessary for their patient load.

NHIC notes that the form should be mailed to the proper third party payor to avoid delays in payment for services.

For any problems or questions concerning the new form, contact NHIC by calling toll free 1-800-252-9224.▲

TOMA NEW MEMBERS

The following physicians have been approved by the TOMA Board of Trustees.

Regular



Randall D. Barnes, D.O. 3009 Scott Boulevard Temple TCOM '76, GP



George E. Blanton, D.O. 1031 Gateway West El Paso KCOM '74, S



Larry J. Breitenstein, D.O. 1110 Kingwood Suite 201 Kingwood COMS '69; GP



Melinda A. Duncan, D.O. 804 South Sycamore Palestine TCOM '76; GP



Robert F. Eggert, D.O. 837 Brown Trail Hurst COMS '52; C-RAD



James E. Fannin, D.O. 1502 Tarlton Corpus Christi KCCOM '50; RAD



Michael A. Grund, D.O. 322 Berry Ranch Road Pearsall COMS '68; S



Oziel D. Gutierrez, D.O. 1110 El Paso Street San Antonio TCOM '76; GP



David R. Harmon, D.O. 5009 University Lubbock TCOM '76; GP



H. S. Hewes, D.O. 1515 Gus Thomasson Road Mesquite KCCOM '65; S



Steven J. Levy, D.O. 10711 Atwell Street Houston PCOM '70; I



Harold Lewis, D.O.
1110 Wm. Cannon Dr., No. 202
Austin
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L. A. Masters, D.O. 1 228 Avenue O Huntsville KCOM '57; C-GP; P-25%



2. Greg Maul, D.O.
303 Washington Street
Arlington
CCOM '76; GP



Dean L. Peyton, D.O.
1114 East Pioneer Parkway
Suite D
Arlington
MSU-COM '75; GP



Robert J. Philips, D.O. P. O. Box 307 Spearman KCCOM '74; GP



Walter R. Pyron, D.O. 802 North Avenue C Elgin TCOM '76; GP



Hernan A. Salazar, D.O. 3106 W. Woodlawn San Antonio TCOM '76; GP



Ronald N. Skufca, D.O. 1805 North Garrett Dallas KCOM '76; GP



Randal P. Sparks, D.O. 106 North Second Rockwall KCOM '73; GP



Scott C. Taylor, D.O. TCOM Camp Bowie at Montgomery Fort Worth KCCOM '74; CF; GP



Denny K. Tharp, D.O. 802 North Avenue C Elgin TCOM '76; GP



Jansen S. Todd, D.O. 1702 East Denman Lufkin KCOM '76; GP



Arnold D. Wallace, D.O. 1515 Gus Thomasson Road Suite 202 Mesquite TCOM '75; GP

Associate



Charles G. Skinner, Ph.D. TCOM P. O. Box 13048, NTSU Denton



C. Ray Stokes TCOM Camp Bowie at Montgomery Fort Worth

'Osteopathic Profession Should Stay Separate' -- M.D. Says

From the Round Robin AAOA Newsletter the following from Dr. Edna Feige:

"As a physician (M.D.) who is also the wife of an osteopathic physician, I have enjoyed a unique opportunity to understand and appreciate the added dimension which osteopathy brings to the "healing arts". Within a year of our marriage I was invited to join the Auxiliary to the New Jersey Association of Osteopathic Physicians and Surgeons.

"Never did a new member receive a warmer or more cordial welcome. As for my belonging to the other branch of medicine—it was a welcomed asset. In a very short time I was persuaded to serve on the state board as Chairman of Public Health. It has been a rewarding experience and I cherish the friendships which grew out of this professional contact.

"As an allopathic doctor I am

firmly convinced that osteopath should 'remain a separate profession.' Only so will the care not given to osteopathic patients be certain to continue. Merging with the much larger medical association would inevitably be SUBmerging for the osteopathic practitioners. At close range, in our own office (in our home) I have seen, first hand, too many remarkable result to doubt the essential importance of the osteopathic philosophy and practical approach to treatments.

"While offering no suggestion about AAOA publications, I though that it was worthwhile to add on more vote for the resolution to remain a separate and distinct branch of medicine."

(Reprinted from March 1978 issu of News Notes from the Osteo pathic Physicians and Surgeons of California.)

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ACADEMIA

News From The Colleges

COM

Chicago College of Osteopathic edicine dedicated the new Olymar Fields Osteopathic Medical enter, May 24. The health care cility has 201 inpatient beds, an tratient clinic and a 24-hour regency department.

COM

Four Texans received their D.O. egrees from Kirksville College of steopathic Medicine during June mmencement exercises.

Receiving their degrees were ary Gene Doss and Frank Harvey vords, both of Dallas; James and McKay of Houston and mes B. Wright of Fort Worth.

Doss will serve an internship Normandy Osteopathic Hospital St. Louis, Mo. and Swords will tern at Grandview Hospital in Tyton, Ohio. Swords is a past Cipient of the TOMA Phil R. Russell Scholarship. McKay will intern at Oklahoma Osteopathic Hospital in Tulsa, Oklahoma and Wright will intern at Dwight D. Eisenhower Army Medical Center in Augusta, Georgia.

PCOM

Newly appointed executive director of alumni relations at the Philadelphia College of Osteopathic Medicine is John J. Burns of Philadelphia. The announcement was made by Dr. Thomas M. Rowland, Jr., PCOM president.

Burns, a native Philadelphian, is the former associate director of development at Presbyterian-University of Pennsylvania Medical Center, a position he held for six years. He is a member of the Council for Advancement and Support of Education, the National Association for Hospital Development and the Philadelphia Estate Planning Council. He is also a mem-

ber and past director of the National Society of Fund Raising Executives.

TCOM

Texas College of Osteopathic Medicine second-year student Stephen Derdak of Elmont, N.Y. has been awarded a \$1,000 scholarship by the Auxiliary to District II of TOMA. The scholarship is awarded on the basis of academic achievement and represents proceeds from the Auxiliary's antique show and sale last November.

UT System

Cancer Center

A major center devoted to the study of environmental causes of cancer was dedicated June 8 at the Research Division of The University of Texas Science Park near Smithville.

The Research Division will serve as the site for a major effort aimed at determining what causes some cells to become cancerous and at identifying hazardous materials in the environment which may cause cancer.

We suspect that environmental factors may contribute to as much as 80 per cent of all human cancers," said Dr. R. Lee Clark, president of the UT System Cancer Center. "The long-range goal of the Research Division will be the reduction of cancers that are caused by environmental factors."

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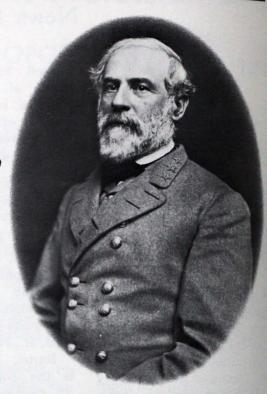
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-Gen. Robert E. Lee

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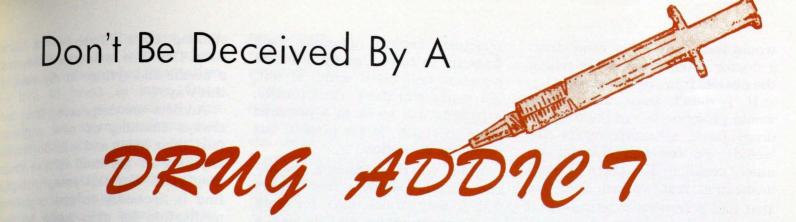
With Emetine-induced nausea experienced the moment the patient's senses perceive alcohol, nausea and all alcohol become linked in the patient's memory.

This program has been successful in more than 40 years of research and treatment at Shadel Clinic in Seattle, Washington. Both programs are staffed by trained physicians, including psychologists and psychiatrists. RNs trained in alcohol withdrawal are exclusively employed.

For patient referral information, call or write for the Schick Shadel Hospital brochure.



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by Larry Abbott: From material supplied by the U.S. Justice Department

Some doctors are unknowingly contributing to the growing problem of drug abuse in this country.

I say this because I myself was a drug addict, and for several years physicians were my main source of drugs. Like a lot of other addicts I know, I obtained drugs by defrauding doctors. (Addicts call it "making a doctor"— that is, obtaining a drug prescription by fraud.)

I am writing this with the hope

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that I can give doctors some tips on how to spot an addict from among patients who come in with symptoms calling for drugs that tend to be abused.

At present I am serving a 10-year sentence at the Kirkland Correctional Institution of the South Carolina Dept. of Corrections, in Columbia. I was sentenced in April of this year, and I will be eligible for parole after serving three years and four months. Drugs have caused my family and me plenty of heartaches. As a result, I have no desire ever to abuse drugs again.

Since I have been such a nuisance to doctors, it is only right that I should try to make up for it. I think the best way I can do this is to list the drugs that addicts try to get from physicians, suggest how to deal with a new patient who is asking for narcotics, and explain some of the approaches and excuses addicts use.

Of all the narcotics, Demerol seems to be one of the most popular and most widely used especially by the younger addicts. The older abusers tend to favor morphine, Dilaudid, Pantopon, and Percodan. Except for Percodan, these drugs are harder for the less-experienced, younger addicts to obtain.

Addicts also try to get hold of paregoric. One of the most widely used excuses is to complain of diarrhea. Another good one is to claim that your child is cutting teeth and is restless and in pain—"I've tried paregoric before with the child and it worked fine." It is simple to extract the opium from

paregoric. One ounce will yield about one-fourth grain of opium.

A drug addict gets to be very good at fooling doctors. One of the oldest and most successful approaches is to pretend you have kidney stones.

If acted out right, this can be very convincing. For example, I would go into a doctor's office complaining of pains in my left side, the pain shooting down into my groin and originating from my back on the left side. I used my left side to avoid having my "ailment" mistaken for appendicitis, which would require hospitalization.

I would also tell the doctor that it burned when I passed water and that I'd had stones before and passed them while at home. If he suggested that I be put in the hospital, I would say that I had just gotten medical insurance in a group policy, but that the policy wouldn't be effective for about two weeks, and I wanted to try to hang on until then.

When asked for a urine specimen, I would pass just enough water in the cup or vessel. Then I'd stick my fingertip with a needle and drop in enough blood to barely darken the color of the urine. After the doctor had diagnosed my illness as probably due to kidney stones, I'd volunteer the information— if he didn't ask for it—that I am allergic to codeine and Talwin.

Both of these drugs will ease the pain of drug withdrawal, but more potent drugs produce a more desirable effect. Since I would say I was allergic to codeine and Talwin, that would leave only a few other drugs a doctor could prescribe to relieve the distress from kidney stones.

If I didn't think the doctor would prescribe one of the stronger drugs (such as morphine or Dilaudid), I'd tell him that on another occasion I'd taken a pain medication that worked fine, one that had a codeine substitute in it (I'd be angling for Percodan). I would either describe what the medication looked like or give him its name.

I rarely went back to the same doctor more than two or three times. I'd still make use of him, however, by getting other addicts or friends to go to him. Then we'd divide the dope. The others would pay all the expenses because I was furnishing them with a new source. Then they would do the same thing with their friends. So a doctor should watch out for a series of new patients, all complaining of similar illnesses, like kidney stones. Don't let age or appearance fool you. Addicts are of all races, ages and both sexes. I know of a man that has been abusing drugs since 1914. He is 79 years old and still "makes" doctors every day. He lives with a man and a woman who are also addicts. These two are in their 50s. The three of them have been in prison several times for drug-related offenses.

Sometimes you can spot an addict pretty easily. When you are examining a new patient who complains of pain, be on the lookout for the usual signs of drug use-the excessive yawning, sneezing, and nervousness of withdrawal, or the "pinpont" pupils, the nose that is red from scratching or rubbing, the unusual thirst and, sometimes, slurred speech of a person who is "high."

If you can, ask the patient to remove his or her shirt. Then examine the backs of the arms, the shoulders, the forearms, and the wrists for needle marks. Also, directly after taking a specimen of urine, examine the fingers for puncture marks, squeezing each fingertip in turn. Usually, a recent puncture will bleed again. If not, old marks will show. Occasionally, a patient will sneak in a prepared urine specimen, in his pocket, but this is the exception.

When you're examining the ankles for the swelling that occurs with kidney stones, look for more needle marks. Many addicts keep a needle-or whatever they use for sticking their finger - in their sock. One time, a doctor discovered a needle and syringe in my sock in this way.

Addicts are desperate. They are always thinking of new ways to feed their habit and will do almost anything to get hold of the drugs they need. For this reason, if you find it necessary to give a patient medication for pain, never let him see where you keep the drug. If an

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addict knows that there are drugs in an office, and has learned where they are, it will be a big temptation for him to break in later. Once that happens, a physician can expect a lot more break-ins, not only by the first person, but by others as well, for drug addicts have a kind of grapevine operating about good sources of supply.

When addicts are together, they

are always trading tips on what doctors they've "made," what a particular doctor prescribed, how "easy" he was, and what drugs they noticed in his office.

Doctors' cars, usually with special insignia, are easy to identify. Some physicians have a bad habit of leaving their bag in plain view on the seat or floorboard of their cars. This can result in loss of the bag,

and usually a broken window. An addict who steals a doctor's bag may be encouraged to break into his office. The addict will figure that if there is a small amount of drugs in the bag, there will be a larger quantity somewhere in the office.

(Reprinted from May 1978 issue of ACOS News.)

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