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# Texas Osteopathic Physicians' Journal

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VOLUME 3

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NUMBER 1

# "The State of the Union"

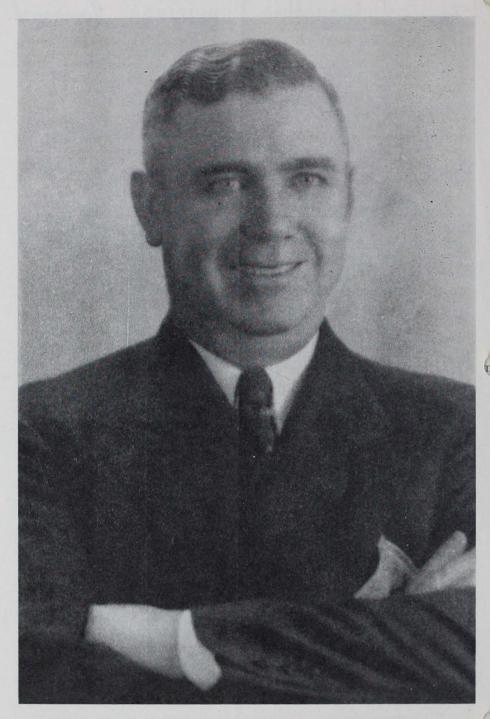
ROBERT ELLIS MORGAN, D.O., President
The Texas Association of Osteopathic Physicians and Surgeons

HAT do we, as Osteopathic Physicians, owe our profession, that is what we must decide. Some physicians think they have paid their debt to their profession merely by attending school and hanging out their shingle and practicing. Others think that by paying their dues to their associations they have balanced the books. Some assume the responsibilities of their profession by giving of their time and energy to the organized efforts of their associations as well as paying their dues. It we could only strike the happy medium where each doctor would assume an equal share of the finances and work of the associations, the burden would not be too great on anyone and each one would benefit by his contacts and knowledge of the problems and progress of their profession.

Let us think back to the pioneer days of our profession; had it not been for the unselfish effort of Dr. Andrew Taylor Still, you would not be practicing as an Osteopathic Physician today. For had he been selfish with his discovery our profession would never have been founded. Had it not been for the few men who taught in our schools, some without pay and others at a very nominal salary, it would have been impossible for our schools to have been started and to make the increasing progress they have made.

Our schools are now equipped and staffed in a manner to give our graduates the best possible education. These standards have been raised from year to year to meet the requirements set up by the physicians in practice, for they want their schools to turn out physicians unsurpassed by any.

What do we, the alumni, owe our schools? First, should we not be proud of the fact that we are graduates of an Osteopathic College and thus better



ROBERT ELLIS MORGAN, D. O.
President of the Texas Association of Osteopathic Physicians and Surgeons

equipped to care for the Public Health than any other school of therapy. Should we not support these schools financially and in every way possible. This we must do if we expect our schools to continue the high standards in education they have attained. Let us remember that it costs the school a considerable sum of money each year above the students tuition to operate, unless a volume of students can be maintained, and then it would be almost impossible for the school to grow and expand without endownments or other financial aid from the alumni. Almost without exception all other schools are endowed by the state or religious institutions and we must help finance our schools and be ever on the lookout for endownments for them. The life of our profession depends on our schools and our practice rights depend on the standards maintained by our schools. It is up to us to see that our schools survive by supporting them financially and aiding them in securing students.

There is much work to be done in building an association and perpetuauing your profession. There is work for all of us regardless of the amount we want to do, and no matter how much we do there will always be more to be done. At the present time we have about three hundred members in the Texas Association of Osteopathic Physicians and Surgeons, this is about three fourths of the doctors in the State. If one third of the members would take the time to call on a non-member friend and explain to him the importance of the

organization it would be a fine gesture.

If we would inform the public as to our educational requirements and the principles of our profession I believe we would progress much faster. We could do this by contacting prominent people in our locality and placing before them informative literature regarding our profession. No patient should leave the office without a complete understanding of the osteopathic concept.

At the present time everyone is interested in education and advanced schooling and we should not miss the opportunity to visit any individual who shows the slightest interest in osteopathy and give them all the information possible and secure the proper literature for them.

This is your profession and your organization and anything you do to help it progress and grow will reap for you a rich harvest in the years ahead. This is what we owe our profession.

# Encephalitis and Poliomyelitis

L. E. BRACY

Director of Public Health Education, Texas State Board of Health

S PORADIC outbreaks of encephalitis and poliomyelitis have occurred for years in Texas. The number of cases in the former has always been low, the greatest number occurring in 1944 when 80 cases were reported.

There is usually an acute onset in encephalitis with headache and dizziness. The headache is usually persistent and severe. There may also be pain in

the chest, back, groin and extremities. Elevation of temperature in an early symptom, the fever rising in many cases to 104 degrees or higher. With the rise of fever the general symptoms become more severe. Pulse and respiration are not influenced as much by the fever as would usually be excepted. Later, signs of mental confusion are likely to appear and may progress to marked drowsiness, with short alternating periods of restlessness. A deep lethargy may develop from which the patient is difficult to arouse. On the contrary, some cases may be highly emotional and require the use of sedatives. There appears to be very little relation between the fever and mental disturbance. The latter may vary from day to day showing signs of improvement one day and becoming worse the next. The lethargy may last from several days to a week or more and may progress to coma, particularly in the cases that terminate fatally. Death may occur in less than a week from the onset.

Infantile paralysis is probably more dreaded because of its after effects than because of the deaths it causes. It figures very little as a cause of death, but when its physical effects upon the victim are considered, the dread that the people of this nation have for it is quite justifiable. Except for death, what is more pitiable than an unfortunate child who has been left a partially or totally helpless cripple because of this disease. It has been estimated that about one third of the lame in the United States are victims of infantile paralysis.

Unfortunately methods of diagnosing infantile paralysis before onset of paralysis are still inadequate. The disease may vary considerably in its appearance, but usually the first symptoms are those which may be attributed to several other disturbances. Headache, fever, nausea, vomiting, restlessness, drowsiness and constipation are some of the most common early findings. At this stage infantile paralysis probably will not be immediately thought of unless an epidemic exists or the physician has had considerable experience with such cases. Diagnosis usually is not made until parlysis develops. There are many attacks which never develop to the paralysis stage. These cases present indefinite signs and symptoms, including the ones mentioned above, and recover within a few days. In the absence of an epidemic such cases are usually diagnosed as having some minor disturbance and infantile paralysis is never suspected. Such cases occur more frequently than is ordinarily believed. The effect of these mild cases, which usually are not correctly diagnosed, probably explains why recognized outbreaks are usually more prevalent in thinly settled areas. In the more thickly settled areas the people probably are less susceptible to infantile paralysis because so many of them already have had this mild unrecognized type which protects them from further attacks.

Some safety suggestions for the individual and the home are:

- 1. Avoid sudden chilling such as would result from a plunge into extremely cold water.
  - 2. Wash hands thoroughly before eating.
  - 3. If possible, avoid tonsil and adenoid operations during epidemics.

- 4. Observe scrupulous cleanliness of the person; frequent bathing is advocated.
  - 5. Immaculate clean clothes are important.
- 6. Oral hygiene and thorough brushing of the teeth and the use of a mild antiseptic mouth wash are recommended.
  - 7. The nasal passage should be kept clean.
  - 8. Dental defects should be corrected.
- 9. All raw foods and vegetables should be washed thoroughly with safe water before using.
  - 10. All foods should be protected from flies, filth and insects.
- 11. In the home dishes should be washed in hot soapy water and rinsed in very hot clear water.
- 12. Sinks, bath tubs, and other plumbing fixtures should be scoured clean and rinsed with an antiseptic solution.
  - 13. Bedding should be sunned and aired frequently.
- 14. Ridding the home of flies, rats, and roaches is important since poliomyelitis is believed to be a filth-borne disease.



The Rev. L. B. Haskins, well-beloved and veteran minister of the Christian Church, pronounced the Invocation at the opening of the 46th Annual Post Graduate Conference of the Texas Association of Osteopathic Physicians and Surgeons. By rather an extraordinary coincidence, Mrs. Doris Shelton Still, Tibetan born daughter of heroic missionary stock, finds in the Rev. Haskins an old and esteemed friend of her father. An early picture of the Rev. Shelton presented to Rev Haskins still occupies a place of honor on the walls of the Greenville Avenue Christian Church of Dallas, where it was proudly hung many years ago by Rev. Haskins.

## P&PW Patter

SAM L. SCOTHORN, D.O., Chairman, Texas P. & P. W. Committee

S YOU all know Districts are formed by their own members. District No 2, the North Texas Districts, with two live county associations, Dallas and Tarrant, have regularly scheduled semi-annual meetings—in the spring and fall.

Districts No. 1 and 6, the Pandhandle and the Southeast Texas Districts, respectively, we understand meet quarterly. We are informed that District No. 9, a lusty youngster, has frequent meetings, and have had numerous visitors from District No. 7. Austin and San Antonio had better look to their laurels, or this alert, up-and-a-coming District will take them over. Members of the profession in Athens, Mabank and that vicinity are rather on the fence as to their future allegiance so District No. 3, the East Texas District, and District No. 5, the Central Texas District should endeavor to influence them with tip-top P. & P. W. meetings. Several years ago the Marlin newspapers fea-



Dr. Chester D. Swope, Washington, D. C., Chairman of the Department of Public Relations of the American Osteopathic Association, was the spellbinder of the 46th Annual Post-Graduate Conference of the Texas Association of Osteopathic Physicians and Surgeons. Dr. Swope's addresses were vertiable masterpieces in each and every instance; and "Our Horizon" and "Capitol Hill" will be long remembered by all privileged to hear him.



Dr. Harold I. Magoun, the doughty Demosthenes from up Denver way, is depicted as he utters a few words of wit and wisdom to the August Assemblage. A speaker of unusual force and charm, Dr. Magoun is e'er a welcome guest.

tured a meeting of the Central Texas Osteopathic Association with eight pictures, front page, feature article.

In the Central District we have a mixed P. & P. W. team; Dr. Carolyn Hoch, Corsicana, member of the Texas P. & P. W. Committee, and Dr. Wiley Oaks Jones, Marlin, P. & P. W. Chairman of the 5th District.

It is reported that some of the youngsters and oldsters of Denison are holding meetings on their own; and they are to be congratulated.

Through the Texas Press Clipping Bureau we learn that President Morgan made the front page at Gonzales, Beaumont and Dublin. West Texas District activity is drifting westward and poor old El Paso, in self-defense will have to have meetings of its own. President Morgan and President-elect Brown are more than air-minded because they have cooperated with the P. & P. W., ever since they were in swaddling clothes. We are sorry that the name of Dr. Louis H. Logan was, through an error, left off the stationery of the P. & P. W. Committee. Dr. Logan has performed excellent service as Public Health coordinator on the Committee, and his efforts have been greatly appreciated. We are anxious to learn what publicity President Morgan received at Corpus Christi and Amarillo. We have not heard anything from the Rio Grande Valley Association of late . . . let's have a word from you, neighbors. Dr. A. Ross McKinney Jr., as P. & P. W. Chairman of the East Texas District will probably start activities in and around Texarkana.

# An Evaluation of the Literature Concerning Streptomycin

LOUIS M. RADETSKY, D.O., Nacona Clinic-Hospital, Nocona, Texas

FTER his discovery of Penicillin, Sir Alexander Fleming stated that: "It would be remarkable if the first useful antibiotic, Pencillin, should be the last, or even, the best." According, as a result of the successful application of pencillin, to many bacterial diseases, an intensive search is being made at the present time for new agents capable of inhibiting the growth of, or destroying other pathogens resistant to the action of pencillin.

Although Waksman of Rutgers Institute first described the organism responsible for Streptomycin some 25 years ago, it wasn't until 1944 that Waksman grew the microbe in the presence of complex growth producing substances. This organism, Actinimyces griseus, develops a water-soluble, basic organic substance, Streptomycin, characterized by selective bacteriostatic activity against gram-positive and gram-negative bacteria and its limited toxicity for animals.

#### PHARMACOLOGY AND TOXICITY

Streptomycin is a drug of rather low toxicity; it is very rapidly absorbed after subcutaneous and intramuscular administration, the maximum concentration in the blood occurring within 15 to 30 minutes. The concentration decreases in the next 5 to 6 hours to below accurately measurable levels. The absorption of Streptomycin from the gastro-intestinal tract is uncertain and, probably, very slight, causing no significant concentration in the blood. The substance is not destroyed by the fecal stream, however, suggesting usefulness of the drug in eradicating sensitive organisms from the intestine.

Certain toxic reactions of varying severity, though mostly transient, are produced by the drug. It is thought that these reactions, which may occur when very large doses, in high concentration, are given rapidly, intravenously or intramuscularly, are due to accompanying impurities, and not, intrinsically to Streptomycin. The signs and symptoms resemble those following histamine intoxication, therefore, have been attributed to the presence of blood pressure lowering factor in impure Streptomycin preparations. (1)

## ACTION OF STREPTOMYCIN ON CERTAIN PATHOGENIC BACTERIA

Streptomycin can rightly be called the gram-negative antibiotic, since it's action seems to be greater to pathogens of this category. Extensive investigation by workers in the Merck Institute proved this to be true not only in the test tube but in the experimental animals. The following is an outline of the various actions of Streptomycin: (2)

1. Complete protection was given to a mouse against infection by Salmonella Schottmuller.

- 2. By the use of chick embryos it was shown that Streptomycin offers full protection against fowl typhoid caused by Shigella gallinarum and against Brucella abortus.
- 3. Complete protection in experimental animals was obtained against Proteus vulgaris.
- 4. Against the caustive agent of tularemia (Pasturella tularensis). Heilman of the Mayo Clinic has recently shown that Streptomycin is 3 times more effective than it is against the Endamoeba coli. Foshay and Paternack report good results in the treatment of 7 cases of tularemia (human). They claim that bacteriostasis was produced in 12 hours with a remarkable relief from the distressing symptoms before the end of the first day of therapy.
- 5. Remarkable bacteriostatic and bacteriolytic action was shown on three different strains of the dreaded Friedlander group (Klebsiella) of organisms. (Heilman, Mayo Clinic)
- 6. Waksman had shown that Streptomycin has bacteriosatic effect and bacerterial activity against a human strain of Mycobacterium tuberculosis in the test tube, and, at this suggestion, Feldman, Hinshaw, and Heilman of the



Said Dr. Kimberly, director of the clinics at the Des Moines Still College of Osteopathy and Surgery, discussing causes of stomach ulcer. "Individuals consumed with a driving ambition or worn out from chronic worry are almost certain to be rewarded with a peptic ulcer. And if you desire a pleasant disposition; ability, capacity to perform Life's noblest mission; don't accumulate a gastric ulcer or these results you will not attain. Slow up, and obtain sufficient rest; loaf and invite your soul; don't become agitated o'er the atomic bomb, the Murray-Wagner Bill or the overt occilations of the OPA, simply light an Old Gold and relax. Avaunt Dull Care and the peptic ulcer will fold it's tent like the Arab and as silently steal away."



Dr. Robert B. Bachman, who heads the Department of Gynecology and Obstetrics of the Kirksville College of Osteopathy and Surgery, proved to be a most pleasing lecturer; stimulating and informative; presenting all subjects in an extraordinarily clever and forceful manner. Come again, Dr. Bachman.

Mayo Clinic, studied the possibilities of Streptomycin on experimental tuberculosis. For their experiments, they concluded that there was a definite suppressive effect on infections in guinea pigs due to a human variety of M. tuberculosis. Obviously, the place of Streptomycin in the treatment of the human variety of tuberculosis cannot as yet be stated, though results of further investigations, made possible by the availability of Streptomycin in large quantities for extended clinical investigations, will be eagerly awaited.

- 7. Considerable protective effect against relapsing fever infection Leptosirosis icterohemorrhagiae (Weil's disease) was produced in experimental animals by the use of Streptomycin.
- 8. Streptomycin is very active against the Endamoeba coli organism, in fact, the Streptomycin Unit is defined as "that amount of material which will inhibit the growth of a particular strain of E. coli in 1 c. c. of medium." The Streptomycin Unit officially, however, is 1 microgram of pure Streptomycin base.
- 9. From the findings as to the utility of Streptomycin in the control of bacterial infections in experimental animals, together with the results of studies on bacteriostatic activity of Streptomycin against a wide variety of pathogenic organisms in culture media, it is possible to predict that the probable diseases in which clinical treatment might be of value will include urinary tract infections due to gram-negative common contaminants: typhoid

fever due to various strain of Eberthella typhosa; Salmonella infections, both enteric and systemic, and menigitis due to Hemophilius influenzae.

- 10. In a symposium on the in vitro action of Streptomycin on bacteria (4); 212 strains of bacteria, isolated from 38 patients, with miscellaneous infections while under treatment with Streptomycin were tested for their susceptibility to the antibiotic. The majority of the strains of staphlyococci and Streptococci were suspectible, in vitro, to a Streptomycin blood concentration of 8 units per c. c. of blood.
- 11. Eight patients with bacteremia due to gram-negative organisms all recovered with total parenteral doses ranging from 1,400,000 Units to 43,000,000 Units given in three courses. This work was done at the Mayo Clinic. (5)

#### DOSE AND ADMINISTRATION

Streptomycin may be given intravenously, subcutaneously, intramuscular, orally, or by nebulization. Given systemically it is readily absorbed and reaches the general circulation, passes through the placenta in the pregnant woman (to the fetus), but diffuses slowly into the cerebrospinal fluid. The substance is readily and rapidly excreted by the kidneys and is concentrated in and excreted through the bile.



Mr. Lawrence W. Mills, who assumed the duties of vocational guidance director of the Division of Public and Professional Welfare of the American Osteopathic Association in November 1945, a delightful gentleman and scholar made many friends for himself and Osteopathy in his recent pilgrimage to the Lone Star State. Right now he is after giving the stalwarts a bid of sound advice as to cherishing the broad principles of Osteopathy and how we can best support the powers that have made and preserved us the Greatest of All Professions.

Optimum doses by the various routes are as follows:

Intramuscular. Injections of 125,000 Units in 1 or 2 c. c.s of distilled water or normal saline, every three or four hours, or a total daily dosage of 1,000,000 to 2,000,000,000 Units by injection of divided doses every 6 hours.

Subcutaneous. Injections of 100,000 Units per 1 c. c. of normal saline

at the same intervals as for intramuscular medication.

Intravenous. Continuous drip is advocated, using a total daily dosage of 1,000,000 to 4,000,000 Units.

Intrathecal. 100,000 Units in 5 or 10 c. c. of normal saline injected directly into the spinal canal. The dose may be repeated at intervals of from 24 to 48 hours.

Nebulization. Up to 500,000 Units daily in concentration of 25,000 or 50,000 Units per c. c. of normal saline added to a nebulizer and inhaled.

Orally. 500,000 to several million Units daily in four divided doses. As little or no Streptomycin reaches the general circulation when given my mouth, oral administration is limited to conditions in which a reduction in the number of susceptible organism in the bowel is desirable. (Streptomycin is not destroyed by the fecal stream).

Approximate dosage, therefore, ranges between 1,000,000 to 4,000,000 Units daily, dependent upon the nature of the disease treated and the method of administration.

Of 45 cases treated at the Mayo Clinic results were excellent in 26, doubtful in 12; therapy was a failure in 7 cases. Results were good in 10 out of 13 patients with urinary tract infections, given from 1,000,000 to 2,000,000 Units daily, the length of treatment varying from four to seventeen days. Activity of Streptomycin is greater in alkaline than in acid urine. (5)

Parenteral doses of Streptomycin totaling up to 10,000,000 Units was ineffective in four cases of syphilis.

Against pencillin resistant strains of the Niesserian group of organisms—gonococci and meningococci—Streptomycin is effective. Streptomycin is not, however, as effective clinically as is penicillin against all strains of gonococci. (6)

Streptomycin by nebulization will frequently eradicate gram negative organisms from bronchial secretions, but, will not, of course, eliminate an associated pathological lesion, such as bronchietasis or fibrosis. Results were satisfactory with nebulization or intramuscular injection of 1,120,000 to 30,000,000 Units of Streptomycin in 4 out of 5 cases of pulmonary suppurative diseases. Symptoms were cleared up in 4 cases of ozena with such treatment.

The application of this new drug to therapy when sufficient evidence permits its release by the Food and Drug Administration, should prove effective in the treatment of many gram-negative infections hitherto resistant to chemotherapeutic agents.

Like penicillin, Streptomycin is not a panacea. It offers a new vista, however, on the hitherto hazy horizons of therapy concerning such clinical entities as Bacillus coli peritonitis; Tularemia, typhoid fever, Salmonellosis,

Friedlander (Klebsiella) pneumonia, influenza meningitis, bacteremia caused by gram-negative organisms; tuberculosis (?) and polyvalent kidney infections gram-negative in character.

This drug will probably be released this year for general use. The literature, as yet, however, is very limited and incomplete concerning the action of the same. As experimentation proceeds more human cases are being treated and statistics are being compiled. The purpose of this paper is to present a "camera's eye" view of Streptomycin through a review and evaluation of the current literature on the subject.

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Board of Trustees of the Texas Association of Osteopathic Physicians and Surgeons. From left to right:—Dr. Louis H. Logan; Dr. James J. Choate, Dr. Joseph L. Love, Immediate Past President; Dr. J. R. Alexander; Dr. J. W. McPherson, Secretary-Treasurer; Dr. Robert Ellis Morgan, President; Dr. Tom Hagan; Dr. William H. Van de Grift; Dr. R. H. Peterson; Dr. Boyd D. Henry; and Dr. George J. Luibel.

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# The 46th Annual Post-Graduate Conference

DR. LOUIS H. LOGAN

The 46th Annual Post Graduate Conference of the Texas Association of Osteopathic Physicians and Surgeons was one of the most successful and pleasurable in the history of the Association. With an authentic registration of well over 200 osteopathic the Conference established a new record for attendance and places Texas among the top-ranking post-graduate conference of the nation.

The Conference was formally opened Wednesday morning, April 24th, when the Board of Trustees of the Association met in regular session, heard reports of various committees, determined budgets for the coming year, and transacted the business affairs of the Association.

The President's reception and dinner dance at the Hotel Adolphus, the evening of April 25th, was a brilliant and colorful affair; with a plentiful supply of pink punch, tempting viands and an excellent floor show. This event will be long remembered and great credit is due Dr. H. L. Betzner in charge of the banquet and Dr. Robert H. Lorenz in charge of the entertainment features.

Dr. Chester D. Swope, Chairman of the Department of Public Relations of the American Osteopathic Association, was the keynoter of the Conference, and he proved a magnetic and militant orator in every sense of the word. Dr. Swope spoke on federal-state relations, and problems of national importance to the profession, and the three addresses that he delivered before the Conference were eloquent and convincing.

The lectures presented in the professional sessions were excellent throughout, and our guest speakers, Drs. Magoun, Bachman and Kimberly were truly splendid in the presentation of the subjects presented.

Mr. Lawrence W. Mills, vocational guidance director of the Division of Public and Professional Welfare of the American Osteopathic Association attended the Conference and made many valuable contributions to the program, as well as delivering the principal speech at the Vocational Guidance and Vetcrans' Rehabilitation Luncheon, Thursday, April 25th.



THE GENERAL ASSEMBLY

Most effectually discrediting the moth-eaten and threadbare adage "That a prophet is not without honor save in his own country," two Texas osteopathic physicians added zest and luster to the program. Dr. Reginald Platt and Dr. Robert B. Beyer conducted a symposium on cranial technique, with clinics, which was one of the high spots of the Conference; admirably and adequately conducted the symposium was appreciated by all.

Dr. Chester L. Farquharson, ably assisted by Drs. J. Ralph Cunningham and Bennett Garner, presented an elegant and finished exposition of osteopathic technique.

Dr. John M. Peterson, presented a trenchant and timely lecture on "Emergencies," Dr. John's recitals of the trials and tribulations of a frontier surgeon are priceless, drawn as these are from his long and varied experiences as a "border surgeon."

During the Post-Graduate Conference, two Texas groups were organized and officers elected: Officers of the Texas Osteopathic Association of Ophthalmology and Otolaryngology are Dr. Edward C. Brann, Dallas, President; Dr. R. H. Peterson, Wichita Falls, Vice President; and Dr. Harold W. Beckwith, San Antonio, Secretary-Treasurer. Charter members of the Association are Dr. Brann, Dr. Peterson, Dr. Beckwith, Dr. J. L. Porter, Dallas, Dr. George J. Luibel, Fort Worth, Dr. F. Fred Freeland, Dallas, and Dr. L. V. Cradit, Amarillo.

Officers of the Texas Osteopathic Hospital Association are Dr. Keith S. Lowell, Clarendon, President; Dr. L. C. Edwards, San Antonio, President-

Elect; Dr. J. Francis Brown, Amarillo, Secretary-Treasurer. Dr. Boyd D. Henry, Corpus Christi, and Dr. Russell L. Martin, Mount Pleasant, Trustees. Approximately thirty osteopathic institutions were represented in the organization.

The following officers were elected by the Association at the General Assembly, Friday afternoon, April 26th:

Dr. Robert E. Morgan, Dallas, President.

Dr. J. Francis Brown, Amarillo, President-Elect.

Dr. Catherine Kenney Carlton, Fort Worth, First Vice-President.

Dr. H. G. Grainger, Tyler, Second Vice-President.

Dr. J. W. McPherson, Dallas, Secretary-Treasurer.

Dr. Malcolm E. Snell, Assistant Secretary.

The following Trustees were elected:

Dr. J. T. Hagan, Longview.

Dr. J. R. Alexander, Houston.

Dr. William H. Van de Grift, Austin.

Dr. James J. Choate, Houston.

Dr. Louis H. Logan, Dallas.

Dr. Boyd D. Henry, Corpus Christi.

Dr. George J. Luibel, Fort Worth.

Delegates elected to the House of Delegates, 1946 Convention of the American Osteopathic Association, are:

Dr. J. Francis Brown, Amarillo, President-Elect of the Association.

Dr. Louis H. Logan, Dallas.

Dr. Phil. R. Russell, Fort Worth.

Dr. Robert Ellis Morgan, Dallas, President of the Association.

Alternate Delegates are:

Dr. Lester J. Vick, Amarillo

Dr. Reginald Platt, Houston

Dr. Sam F. Sparks, Dallas

Dr. William S. Gribble, Houston

Thanks are due the following exhibitors for their courtesy and cooperation in making the 46th Annual Post-Graduate Conference an outstanding success:

The J. Edwards Company, Waco, Texas.

H. G. Fischer & Company, Chicago, Illinois.

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# Congratulations

HE JOURNAL extends hearties congratulations to the following osteopathic physicians who successfully passed the March 1946 examination of the Texas State Board of Medical Examiners:

Dr. Merlin Farr, Achor, Kirksville College of Osteopathy & Surgery

- Dr. Charles Patrick Barbareec, Kirksville College of Osteopathy & Surgery.
- Dr. Clyde Bowen Beaty, Kirksville College of Osteopathy & Surgery.
- Dr. Rollin Edward Becker, Kirksville College of Osteopathy & Surgery.
- Dr. Charles Hassell Bragg, Kirksville College of Osteopathy & Surgery.
- Dr. Howard Gibbs Buxton, Kansas City College of Osteopathy & Surgery.
- Dr. Carlton Paul Christianson, Des Moines Still College of Osteopathy & Surgery.
- Dr. Horace Alfred Emery, Kirksville College of Osteopathy & Surgery.
- Dr. Ralph Eugene Farnsworth, Kirksville College of Osteopathy & Surgery.
- Dr. Audrey Le Roy Fountain, Kirksville College of Osteopathy & Surgery.
- Dr. Raymond Edgar Hubbard, Kirksville College of Osteopathy & Surgery.
- Dr. Bernard Mac Mackin Klase, Kirksville College of Osteopathy & Surgery.
- Dr. Roderick Eggart Lucas, Kirksville College of Osteopathy & Surgery.
- Dr. Richard McHale Mayer, Kansas City College of Osteopathy & Surgery.
- Dr. Kenneth Burton Riggle, Des Moines Still College of Osteopathy & Surgery.
- Dr. Gilbert Stanley Rogers, Kirksville College of Osteopathy & Surgery.
- Dr. Jack Wilhelm, Kirksville College of Osteopathy & Surgery.
- Dr. Ralph Henry Moore, Kirksville College of Osteopathy & Surgery.
- Dr. Glen Edwards Moots, Kirksville College of Osteopathy & Surgery.
- Dr. Billy Gail Schoch, Kirksville College of Osteopathy & Surgery.
- Dr. Benjamin Jasper Souders, Kirksville College of Osteopathy & Surgery.
- Dr. Robert Ernest Springall, Kirksville College of Osteopathy & Surgery.
- Dr. Earl George Small, Des Moines Still College of Osteopathy & Surgery.
- Dr. Ralph Maurice Soper, Kansas City College of Osteopathy & Surgery.

## Important

Be sure to file 42-A Special Revised form when deferment is up.

- 1. PROVISIONS OF LAW EXTENDING SELECTIVE TRAIN-ING AND SERVICE ACT. The effect of Public Law No. 379, approved May 14, 1946, which amended the Selective Training and Service Act of 1940. as amended, may be summarized as follows:
  - (a). The Selective Training and Service Act of 1940, as amended,

(which otherwise would have expired on May 15, 1946), was extended until July 1, 1946;

- (b) Only men between the ages of 20 and 30, at the time fixed for their registration, or who attain the age of 20 after having been required to register, are now liable for training and service under such Act;
- (c) No individual who has a child or children shall be inducted without his consent for training and service under such Act. (Previously, the same result was accomplished through regulations.)
- 2. PURPOSE OF THIS MEMORANDUM.—The purpose of this Local Board Memorandum is to prescribe the changes in policies and procedures necessary to conform to the provisions of such Public Law No. 379. Amended regulations will not be issued, since this brief extension of the Selective Training and Service Act is for a period of only 45 days, and the provisions of any future legislation extending such Act are not now known.



# Farquharson Sacro-Iliac Clinic OSTEOPATHIC PHYSICIANS

Chester L. Farquharson, D. O.
Lester M. Farquharson, D. O.

R. A. Smith, D. O. Esther Roehr, D. O.

J. Ralph Cunningham, D. O.

Helen Allen, Technician

Marguerite Burghard, Business Manager

HOUSTON, TEXAS

1016 Louisiana St.



# Vocational Guidance

THE osteopathic profession made a big step forward this year when a vocational counsellor, Mr. Lawrence W. Mills, was employed by the national association. Under his leadership, our profession is now embarked on a campaign to educate the educators about osteopathy.

Mr. Mills called on several North Texas colleges this spring just before our state convention. He found in Texas, as in other states he has visited, that far too little is known among college professors about the osteopathic colleges. Many of these people have known of benefits derived from osteopathic treatment in their own families or among their friends, but were all to little informed of the kind of preparation required to become an osteopathiy physician.

Many of us have not kept ourselves informed of the technical advances made by our colleges in recent years. We are shirking our duty if we longer delay getting this information, so that we can embrace every opportunity to talk intelligently to our friends and patients about our colleges.

In Texas, the vocational guidance committee has been greatly enlarged. There are now twenty doctors scattered over the state who are serving on this committee. We have room for others because there is work for all of us. So if you are interested, please let us know and we will assign you some work on this valuable committee.

If you want vocational material for your own information or to use in any constructive way, a request to Dr. Mary Lou Logan, 716 Wilson Bldg., Dallas 1, Texas or the Texas State Office, 1234 Irwin-Keasler Bldg., Dallas 1, Texas will bring a prompt response.

Texas Vocational Guidance Committee Dr. Mary Lou Logan, Chairman

## VICTORY

"With malice toward none; with charity for all; with firmness in the right as God gives us to see the right—let us strive on to finish the work we are in; to bind up the Nation's wounds; to care for him who shall have borne the battle, and for his widow and orphans; to do all which may achieve and cherish a just and lasting peace among ourselves, and with all nations."

March 4, 1865

ABRAHAM LINCOLN

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# Over the Top

JOSEPH L. LOVE, D.O., Chairman American Osteopathic Association Building Fund for Texas



YIPPEEEEE KIIYIII KIYEEEE!

"Old Man" Texas goes over the high hurdles in record time to win the AOA Permanent Home Fund Handicap. The Old Man, at last accounts, turned in a total of over \$12,000.00 of the moolah, to say nuthin' of a right smart sprinklin' of Confederate currency, Injun wampum, bottle tops, marbles and chalk.

"O, shuxins, warn't nuttin" smiled the Old Man: "Fightin' Phil" Russell, the overseer of this heah rodeo and round up he up and sez to me "Pop" we gotter go over the top, in a hurry and in a big way, "so I jes' hitched up my levis and skee daddled down that ol' cinder path and o'er them thar hurdles to victory. Really, warn't nuthin'!"

S CHAIRMAN of the building fund drive for the new A. O. A. home, it is with great pleasure that I report that Texas not only has gone over the top, but now stands nearly 40% above the quota. Texas was given a quota of \$8250.00, but raised over \$12,000.00. This meant that Texas was the first



Under the capable leadership of Dr. Joseph L. Love (right) Immediate Past President and Dr. Robert Ellis Morgan (left) President, the militant hosts of Texas rallied round the colors to put Texas over the top in the American Osteopathic Association Permanent Building Fund Campaign in a big way. Texas the first of the Big Fifteen to reach its goal (over 40 per cent over the quota) now leads all the states in pledged contributions aggregating well over \$12,000.00.

When things look dark; and cares perplex us. And Fate gives us a jolt in the solar plexus. 'Tis really a shame to permit these to vex us, Just smile and say "Thank God for Texas."

of the large State Associations to go over the top, which is a matter of pride for us because our own Phil Russell is not only the Zone Chairman, but the idea originated with him. Dr. Phil pushed the project through the Board of Trustees of the A. O. A. and brought it before the mid-year conference where it was approved by the representative State officials. It was primarily his baby, and so far as Texas is concerned, it certainly is a lusty one. There is no doubt in my mind now that the drive will go over nationally, but we should be especially proud of Texas because of our outstanding record in beating the quota.

I wish to think especially Dr. Robert E. Morgan, who as Assistant Chairman, did most of the work in carrying on the campaign, and I wish to thank those advance givers and local chairmen who participated. The Trustees of the State Association also deserve thanks for their own contributions and for their canvass of others.

Last of all I should like to compliment the membership of the Texas Association for their splendid response. The group I should like most to compliment

are those who are newest in practice. They showed their appreciation of what the Texas Association, A. O. A. and our own Dr. Phil Russell did for them in helping them to get established in Texas. Dr. McPherson and Miss Kelley are also to be commended for their assistance in this work. We certainly showed the rest of the country that when a project needed to be put over, Texas could do it.

### Appreciation

We desire of express our appreciation of the splendid news service rendered by the Texas State Board of Health. The Board has been most generous in furnishing articles of interest to the public health and these articles have been most timely and of the highest degree of excellence. Elsewhere in this issue is a most able article on "Encephalitis and Poliomyelitis" by Mr. L. E. Bracy, Director of Public Health Education of the Texas Board of Health. Don't fail to read this article; it is splendid.

## Women's Auxiliary Meeting Held

Mrs. Louis H. Logan 222 So. Waverly Dr., Dallas, Texas

The Dallas Osteopathic Women's Auxiliary held its final meeting on May 13th at "Little Bit of Sweden" with Mrs. Charles Still, Mrs. Vernon Bassett and Mrs. Jack Crawford as hostesses.

Following the luncheon the group went to Mrs. L. K. Wilson's for a business meeting. Plans for a summer picnic were made, to be held at the Plattner Farm on Thursday, June 13th. Basket lunches will be prepared by each family and drinks will be furnished by the auxiliary.

Officers for the incoming year were installed, as follows: Mrs. H. L. Betzner, President; Mrs. N. W. Alexander, Vice-President; Mrs. L. K. Wilson, Secretary-Treasurer.

During the state convention in April officers for the Texas Women's Osteopathic Auxiliary were elected and installed, as follows: Mrs. Jack Crawford, Dallas, President; Mrs. M. F. Miller, Ft. Worth, President-elect; Mrs. L. K. Wilson, Dallas, Vice-President, and Mrs. W. H. Badger, Houston, Secretary-Treasurer. Mrs. M. P. Ollom of New Braunsfel was appointed parliamentarian.

The following delegates will go to the Auxiliary of the National Convention in New York from Texas: Mrs. H. J. Ranelle, Ft. Worth, Mrs. L. J. Vick, Amarillo, Mrs. Robt. E. Morgan, Dallas, and Mrs. Louis H. Logan, Dallas.

Dr. Joseph L. Love, Immediate Past-President of the Texas Association of Osteopathic Physicians and Surgeons has announced his candidacy for the State Legislature. We could panegyrize Dr. Love without reservation or equivocation a long hour by a Shrewsbury clock, but, for the nonce, we will only say that we think the Sovereign State of Texas would be exceedingly fortunate to have more legislators of the caliber of Dr. Love.

Announcing the arrival of Bryce Daniel Beyer, a native Texan, by choice, February 26th, 1946. At the present Bryce Daniel is staying with his parents Dr. and Mrs. D. D. Beyer of Fort Worth; everybody is happy and this arrangement seems to be excellent, and Bryce says he is quite confident that it will be permanent.

## New Osteopathic Clinic Approved

Dr. E. W. Cain and associates have accepted plans of Mr. J. C. Berry, architect, and a \$50,000 osteopathic clinic building is now under construction at 1608 Washington Street, Amarillo.

When the clinic building is completed Dr. Homer M. Thompson of Plainview will become associated with Dr. Cain in the clinic. About 20,000 of the total cost of the clinic will be spent on furnishing and equipment.

The building is 95x45 of brick and tile and will front 95 feet on Washington. It will contain two minor surgery rooms, four treatment rooms, laboratory, X-Ray laboratory and reception room. Parking space will be provided in the rear of the clinic; and there is also adequate space on the lot for two additional wings which are planned in the future.

Dr. Dorothy Connet, Kirksville, Mo., nationally known in the field of osteopathy as a child specialist, headed the staff of the annual childrens' clinic sponsored by the Amarillo Osteopathic Hospital Auxiliary, May 10 and 11, 1946. Dr. Connet served as clinic coordinator, with examinations by physicians of the hospital staff. The clinic was held in the Crystal Ballroom of the Herring Hotel, from 9 to 5 o'clock each day and was exceedingly well attended.

Dr. Robert Ellis Morgan, president of the Texas Osteopathic Physicians and Surgeons, was the guest speaker at a meeting of the Southeast Texas Oosteopathic Association, in the Mirror Room of the Hotel Beaumont, Saturday, June 1.

Dr. Morgan discussed affairs, and a symposium on the interverterbral disk was conducted by Drs. Chester L. Farquharson and William S. Gribble of Houston.

The following officers were elected for the ensuing year.

Dr. A. L. Garrison, Port Arthur, Presi-

Dr. W. V. Durden, Port Neches, Vice-President.

Dr. C. Homer Wilson, Houston, Secretary. Treasurer.

Drs. I. K. Moorhouse, D. W. Davis and Claude J. Hammond were the local osteopathic physicians in charge of arrangements.

The next quarterly meeting of the Southeast Texas Osteopathic Association will be held in Port Arthur, in Septem-

Dr. John R. Riggs of Groesbeck was recently elected a Commissioner of that thriving little city.

The newly elected officers of the Seventh Divisional Society of the Texas Association of Osteopathic Physicians are as follows:

Dr. John B. Donovan, Austin, Presi-

Dr. Gordon S. Beckwith, San Antonio, Vice President.

Dr. William H. Van de Grift, Austin, Secretary.

Dr. Gordon S. Beckwith, San Antonio, District Chairman P. & P. W.

Dr. Reginald Platt, prominent Houston osteopathic physician has been invited to serve on the faculty of the post-graduate school at the Des Moines Still College of Osteopathy as an instructor in cranial technique. The invitation was extended by Dr. W. G. Sutherland of St. Peter, Minn., dean of the post-graduate school.

At a business meeting of the Texas Osteopathic Womens' National Association, held at the Baker Hotel, Friday, April 25th, 1946, the following officers were elected for the ensuing year.

Dr. Laura A. Lowell, Clarendon, President.

Dr. Esther M. Roehr, Houston, Vice-President.

Dr. Mary Lou Logan, Dallas, Secretary-Treasurer.

The Jocund Grape, when gently pres't; Can soothe, forsooth, the savage breast. Old Fashioneds have been known to make Grim anchorites do the patty-cake. Sad Sacks have found the Whisky Sour Imparts a splendid Sense of Power. Manhattans readily erase A Minus I. Q. from the face. Shy spinsters yearn to meander On just a single Alexander, And often, after two Bacardis, Octogenarians turn to Andy Hardys. While timid souls have been known to do A miracle after a Bronx or two. Oh, what a blessing for the masses That courage lurks in cocktail glasses.

# MAJORITY OF OSTEOPATHIC PHYSICIANS BELONG TO A. O. A.

Of the 11,180 osteopathic physicians, surgeons and specialists in practice throughout the world almost 70 per cent are now members of the American Osteopathic Association, according to the 1946 directory of the association, which is just off the press.

Members of the association are licensed in every state and in most of Canada. They practice in the British Isles, the European continent, South America, India, Australia and other parts of the world.

In the United States, the directory shows California leading all other states with 1,795 practicing osteopathic physicians, surgeons, and specialists. Next are Missouri with 1,023; Pennsylvania with 914; Michigan with 854, and Ohio with 541.



Luncheon, Auxiliary to the Texas Association of Osteopathic Physicians and Surgeons, Parlor D, Hotel Adolphus, Friday, April 26th, 1946, Mrs. Jack Crawford presiding.

## Kirksville Alumni Meet In New York

The annual meeting of the Alumni Association will be held at the Waldorf-Astoria Hotel at 2:30 p. m., Sunday, July 14, 1946.

The Annual Banquet of the Kirksville Osteopathic Alumni Association will be held at the Waldorf-Astoria Hotel, Thursday evening, July 18, 1946, in the form of a dinner dance.

#### TENTATIVE PROGRAM

6:00 to 6:30—Assembly and Fellowship.

6:00 to 7:45 —Dinner (Music if we can afford it and if Petrillo permits.)

7:45 to 8:00—Introduction of Guests—No speeches.

8:00 to 8:30—Presentation of 1921 Silver Jubilee Class and Stunts.

8:30 to 9:00—Report of Kirksville College by Dr. Harold Magoun, Secretary Board of Trustees.

9:00 to 9:15-Questions and Answers.

## 12th Raton Osteopathic Convention

A wartime casualty was revived in the convening of the 12th Raton, (New Mexico) Osteopathic convention, May 30, 31 and June 1, 1946.

Dr. and Mrs. H. E. Donovan were hosts to several hundred osteopathic physicians from nearly every western state, as they have been every year since the convention was inaugurated in 1932, with the exception of the War Years.

# In The Treatment of HEMORRHOIDS

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Contains procaine base, propylamino benzoate and benzyl alcohol for prolonged and effective anesthesia in puritus ani and general surgery. ANETIC No. 2

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SAMPLES AND LITERATURE ON REQUEST

# Chicago Pharmacal Co.

CHIMEDIC 5547 Ravenswood Ave. ESTABLISHED 1900 Chicago 40, Ill. Headliners for this year's meeting were Dr. C. Robert Starks of Denver, president of the American Osteopathic Association; Dr. Edwin F. Peters, president of the Des Moines Still College of Osteopathy and Surgery, Des Moines, Iowa, and Mr. Morris Thompson executive vice president of the Kirksville College of Osteopathy and Surgery, Kirksville, Mo.

Among prominent Texas osteopathic physicians in attendance, and upon the program were, Dr. Lester J. Vick, Dr. L. V. Cradit, Dr. Earle H. Mann, Dr. J. Francis Brown, Amarillo; Dr. Norman Harris, Hereford; and Dr. John L. Witt, Groom.

### Skin

Larry von Smell, our renowed radio announcer; issues a few mixed and muddled metaphors on a pertinent subject.

Skin, skin, soft and lovely, or wrinkled and dry; a treat to the touch, a delight to the eye. Skin is the priceless possession of the beautiful; the bane of the unattractive; the magical mirror of youth; the sad reflector of old age; the protector of the body against the slings and arrows of outrageous fortune; the regulator of body temperature; the organ of touch; the container of the sweat glands; the marvelous, though sometimes merciless, maker of blondes and brunettes without the aid or consent of beauticians or pragmatic sanction; a proven provider of means of identification; a color index of the state of health; and, ay, what tales these colors tell; for mottled or florid, pale or tan: the complexion oft' proclaims the man.

Do not despair; whilst there's life there's hope; for a lovely skin use our beauty soap. Composed of roots, herbs, berries, and a bit of chaff; for the kitchen; the laundry, and baby's bath. Now our fifteen day Plump Olive Plan; surely one of God's Greatest Gift to Man; will rout ringbone, spavin, unslightly scars; and make us as radiant as Hollywood Stars.

### Dr. Morgan's Marvelous Marathon

Dr. Robert Ellis Morgan, president of the Texas Association of Osteopathic Physicians and Surgeons, has eclipsed all existing records, and has hung up a record for future presidents to shoot at.

Here is the Odyssey of Dr. Morgan to date: May 25th, District Society No. 1, Amarillo; June 1st, District Association No. 6, Beaumont; June 2nd, District Association No. 2, Fort Worth; June 7th, District Association No. 4, Dublin; June 14th, District Association No. 9, at Gonzales; June 15th, District Association No. 8, at Corpus Christi; June 23rd, District Association No. 3, Tyler; July 7th, District No. 7, at New Braunfels; and a return engagement to District Association No. 2, July 8th, at Mineral Wells. This in-

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cludes all of the Districts with the exception of District Association No. 5, which has not held a meeting during the Morgan Administration.

Dr. Sam L. Scothorn, recently sent a check of \$10.00 to the Kirksville College of Osteopathy and Surgery a contribution to the Osteopathic College Educational Progress Fund as a memorial to his long time friend and patient, Mr. George C. Gibbons, Dallas, vice-president and general manager of the Mid-Continent Oil and Gas Association.

Dr. B. B. Jaggers KCOS '45 and Dr. Edwin T. Gettins, KCOS '45, announce the opening of the Jaggers-Gettins Clinic, 820 North Grant Street, Odessa, Texas. Dr. Jaggers has recently completed an in-

ternship at the Amarillo Osteopathic Hospital, Amarillo; and Dr. Gettins, likewise, recently completed his internship with the Coats-Gafney Clinic and Hospital, Tyler. Congratulations.

# Houston Hospital Plans Enlargement

The members of the staff of the Houston Osteopathic Hospital have initiated a drive to raise \$250.00 for a one story to the present edifice at 5115 Montrose Boulevard. Details of the Drive will be in the hands of the fund-raising committee.

Several promotion activities designed to raise the funds are being planned by the committee. Negoiations are under way now to bring Billy Rose's Acaquade to the Coliseum later in the season. Also,

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being considered is an outdoor fireworks display in the High School Stadium in July. The display will feature the battle of San Jacinto and the atomic bombing of Hiroshima.

The Hospital is a nonprofit corporation. Dr. William S. Gribble is president, Dr. J. R. Alexander, vice president, Mr. O. C. Castle, treasurer and Dr. William H. Badger, secretary, all of Houston.

Texan Receives Navy Cross, Silver Star for Heroism on Iwo Jima

Merlin F. Achor, pharmacist mate, second class, has been awarded the Navy Cross for herorism in action with the Fourth Marine Division on Iwo Iima.

Dr. Achor previously had been awarded the Purple Heart for wounds suffered on Iwo Iima and one Presidential Unit Citation. Dr. Achor is at present engaged in practice in Brownwood, with his mother Dr. Clara Farr Achor.

Both the Silver Star and Navy Cross were awarded for acts of heroism while serving as an aid man with Company G., 2nd Battalion, 24th Regiment, in the action of February 24, 1946.

Dr. Achor is a graduate of the Brown. wood High School and received his premedical courses at Howard Payne College and Daniel Baker College, Brownwood. He graduated from the Kirksville College of Osteopathy and Surgery, March 15, 1943, and immediately volunteered for naval service. After induction he became an assistant at the San Diego Naval Hospital, and before going over seas last



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November, served as an instructor at Oceanside.

### Panhandle Society

The Panhandle Society of Osteopathic Physicians and Surgeons held its second meeting of the year, at the Herring Hotel, Amarillo, Sunday, May 10, 1946.

Dr. E. D. Thompson, of Lubbock, President of the Society, called the meeting to order and introduced Dr. Laura A. Lowell of Clarendon who continued a series of lectures on Osteopathic Medicine. On this occasion Dr. Lowell lectured on low back lesions, diagnosis, physical and x-ray.

Dr. Thompson lectured on the types of sacro-iliac lesions and procedure, supplemented by diagrams.

Dr. R. L. Vick of Tulia introduced the guest speaker, Dr. Dorothy Conett of the Kirksville College of Osteopathy and Surgery, instructor and specialist in pediatrics. Dr. Conett lectured on diagnostic signs and symptoms of value in handling children. Dr. Conett who is a member of the Advisory Board of Specialists and the Pediatric Board of Specialists, was requests to explain what these Boards are planning and formulating.

At 4:45 p. m. the Society convened for the regular business session; reports of the various committees were heard; and plans were discussed relative to the Mid-Year Conference to be held in Amarillo this October.

A banquet was held at the Herring Hotel in the evening at which forty-seven were present.

Mrs. Eldon Marvin Bailey of Houston announces the marriage of her daughter Mildred to Mr. Nathaniel Bernard Suave, Tuesday June 25th, 1946, at Houston.

Mrs. Suave, the daughter of Mrs. Bailey and the late Dr. E. Marvin Bailey, served with distinction as a Major in the WAACs during the war.

#### Politics and Posture

"You do not have to enter politics to be just a little bit crooked," mused Dr. Harold I. Magoon, as he enjoyed the pause that refreshes during the recent Post-Graduate Conference at Dallas. "I am speaking from the physical standpoint, only," Dr. Magoon hastened to reassure his auditors, "purely from the physical standpoint." Incorrect posture makes crooks of us all . . . or a great majority of us. We flop and we loll and we sag and we lag . . . which ain't proper at all . . . and we're left holding the bag. We have pains in the ache and our feet they sound flat; we have five o'clock shadow and talk through our hat. Many clerical and secretarial workers complain of physical discomforts after long working hours. This is caused, by incorrect posture. Due to either structural inbalance by development or habitual or vocation reasons, many people suffer aches and pains attributed to organic troubles when the real source is mechanical. Business schools are taking these factors into consideration in their training programs in order to correct the students' postures at typewriters or other mechanical devices."

### If Your Feet Hurt, Have Them Rebuilt

Have you ever wished you could trade your feet in for new ones when they start to hurt from giving out in the wrong places? Well, you can't, but you can have them reconditioned or rebuilt.

"Feet can be rebuilt, bunions can be removed and to all intents and purposes you will, indeed, have new feet, writes Dr. John C. Button, Jr., osteopathic physician of Newark, N. J., in a recent issue of Osteopathic Magazine.

"Fully developed bunions, which are one of the most painful foot disorders, are removable only through surgery," Dr. Button says, "but beginning bunions are amenable to osteopathic manipulative treatment."

Osteopathic manipulation of the feet restores normal relations of the bones of the foot, Dr. Button explains, and thus prevents abnormal strain on any one portion of the foot.

The causes of bunions, in addition to mechanical malrelations of the bones, are mainly pressure from shoes that are too narrow or too short. Dr. Button advocates the fitting of new shoes under the doctor's direction. The physician, he explains, will see that the shoes are made to preserve the remolded contours of the feet.

"Such shoes need not be 'canal boats' or 'hollow barges' or any other commonly-prescribed eyesores for the footsore. Feet that have been rebuilt can be fitted properly and still conform to current shoe fashion," he says.

## Alcoholism Is Undermining The National Health

"Alcoholism, a disease or the symptom of disease, has become a national health problem," the Dayton Corridor Gossip, official publication of the Dayton Osteopathic hospital, reports editorially in a recent issue.

The report states that leading authorities have divided pathlogical drinkers into four distinct classes or groups. These are:

- 1. Those whose addition is symptomatic of an underlying physical or mental pathological condition, that is, who drink to relieve mental or physical pain.
- 2. Those maladjusted, emotionally immature individuals who use alcohol to "ease friction between the neurotic personality and the world."
- 3. Those whose heavy social or occupational drinking developed into alcoholism apparently without any other major contributing factor.
  - 4. Those who are mentally deficent.

The editorial further states that leading doctors recommend three types of treatment for alcoholics that may be used alone or in combination. Phychotherapy,

which denotes the help given by a psychiatrist; conversion group therapy, which means the socialization of such afflicted people into clubs that provide group incentive for abstinence; and conditioned reflex treatment or "aversion therapy" which involves the use of an emetic at the exact time the patient is given a drink. This creates nausea in the patient and revulsion to the liquor which he associates with this unpleasant feeling.

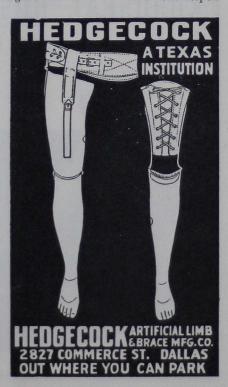
All of these methods are steps forward in the battle against alcoholism, the editorial declares.

## COMMUNITIES MUST ORGANIZE EARLY DIAGNOSIS CAMPAIGNS IF

IF T. B. IS TO BE ROUTED

"If tuberculosis is to ever be completely routed, all communities will have to join in a day-in and day-out campaign for its destruction," Dr. J. R. Forbes, osteopathic physician of Swea City, Iowa, writes in the current issue of Osteopathic Magazine.

Dr. Forbes points out that since early diagnosis of the disease has been respon-





sible for the great strides made in reducing the death rate of tuberculosis in the last 25 or 30 years, communities should first concentrate on methods of making early diagnosis available to everyone.

"Mass skin testing of all school children at regular intervals throughout their entire school years from kindergarten to college graduation, with x-ray studies of all reactors in suspicious cases is a program which should be adopted in all communities,' Dr. Forbes says.

He then explains that if such a method was adopted for combating tuberculosis, all incipient cases could be diagnosed and further development of the infection could be controlled.

"Since the majority of pulmonary tu-berculosis cases occure in the late teens or early twenties, if such a program as this became universal, many persons could be saved from years of invalidism, or perhaps from death, and enabled to live normal lives of usefulness," Dr. Forbes advises.

During the year 1945.46, Dr. Laura A. Lowell of Clarendon delivered a number of timely and instructive talks to various clubs in her community. The talks were on subjects of public interest and we append a list of the same.

Social Diseases and the Post War Era."—Pathfinder Club, November, 1945. Book Review. "Yeoman's Hospital" by Helen Ashton-Book Club, February,

1946.

"Phychosomatic Medicine and the Child."—Mothers' Club, February, 1946.
"Sex Education."—Parent-Teachers Association, March, 1946.

With jet black hair and a widow's peak, a dainty bundle so to speak; defi-nitely a member of the Young Set; her weight 'tis alleged was eight pounds net: arrived, July 10, 1946, one, Miss Jan Shepperd Campbell at the home of the S. D. Campbells of Longview. Mrs. Campbell the mother of juvenile Jan is the former Delight Scothorn, daughter of Dr. and Mrs. Sam L. Scothorn. A salvo of applause!

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